



2020 - 2022 Biennial Review of Alcohol and Other Drug (AOD) Programs

 **ELON** UNIVERSITY

Drug-Free Schools and Campuses Regulations [EDGAR Part 86] Biennial Review of AOD Programs 2020-2022

In accordance with The Drug-Free Schools and Campuses Regulations (EDGAR Part 86), Elon University continues to conduct a biennial review of alcohol and other drug programs and services. Pursuant to EDGAR Part 86, all institutions of higher education receiving federal funds or financial assistance must develop and implement a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees. Each institution must conduct a biennial review of the program's effectiveness and the consistency of the enforcement of sanctions.

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The following documents were considered when compiling the biennial review:

Campus Recreation and Wellness EOY Reports (2020-2021 and 2021-2022)
Elon University Annual Fire and Safety Report (2020 and 2021)
Faculty Fellow for Substance Education End-of-Year Report (2021)
Division of Student Life Departmental EOY Reports (2020-2021 and 2021-2022)
Division of Student Life Annual Priorities EOY Update (2020-2021 and 2021 - 2022)
Alcohol eCheckUp To Go Student Life Assessment (2021)
Student-Athlete Handbook (2022)

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Biennial Report Overview

The Drug-Free Schools and Campuses Regulations (EDGAR Part 86), requires an institution of higher education (IHE) to certify it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit substances and alcohol by students and employees. EDGAR Part 86 establishes a set of minimum requirements for college substance use programs. In accordance with current statutory requirements, Elon University is required to distribute the following in writing to all its students and employees:

- Conduct standards clearly prohibiting the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- Detailed descriptions of the sanctions imposed pursuant to local, state and/or federal law for unlawfully possessing or distributing illicit drugs and alcohol;
- A description of the health risks associated with alcohol and other drug use;
- A list of drug or alcohol counseling, treatment or rehabilitation, or re-entry programs available to employees or students; and
- A clear statement indicating that sanctions will be imposed by the institution on any students and employees, along with a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution for violations of the conduct standards.

The law further requires IHE's to conduct a biennial review of their alcohol and other drug policies and prevention programs with the following objectives:

- Determine the effectiveness of the policy and implement changes to the alcohol and other drug prevention program needed; and
- Ensure that the sanctions developed are enforced consistently.

The biennial review must also include a determination as to:

- The number of drug- and alcohol-related violations and fatalities occurring on the campus or as part of any activities that are reported to campus officials; and
- The number and types of sanctions the IHE imposes on students or employees as a result of such violations or fatalities.

Elon University reviews and revises its policies on a regular basis, reflecting changes in federal, state, and local laws to ensure that policies are reasonable, comprehensive, and enforceable. The University acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act (DFSCA). The intention of this document is to discuss campus prevention, and education programs and strategies related to Elon University's Alcohol and Other Drug Prevention (AOD) Programs during the 2020-2022 review period.

Students, faculty, and staff may request information about the Drug Free Schools and Communities Act by contacting the Office of the Dean of Students at 336-278-7200 and view document electronically at <https://www.elon.edu/u/campus-recreation-wellness/student-wellness-programs/substance-education/annual/>.

Description of Alcohol and Other Drug (AOD) Program Elements

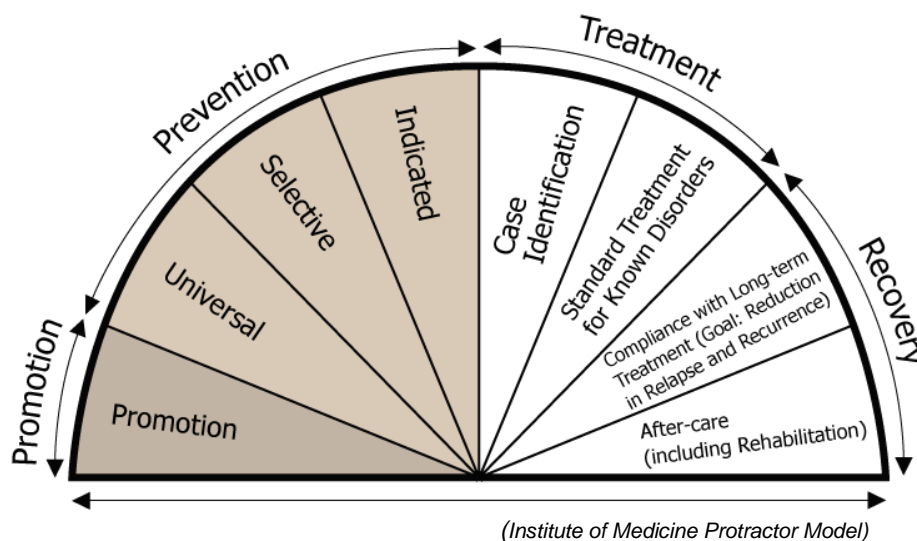
Elon University is committed to the intellectual and personal development of students. Elon recognizes that alcohol and other drug misuse creates harm for the individual, for persons impacted by the actions of the individual, as well as for the larger community. Prevention and early intervention strategies promote informed decision-making and healthy behaviors. These strategies include education and awareness, evidence-based interventions, motivational/feedback-based approaches, risk-reduction, environmental management, late night/alcohol-free events, clear policies that are consistently enforced, and resources for effective intervention and treatment.

Defining the Scope of Prevention

Substance use prevention is a public health approach that seeks to reduce individual, interpersonal, and community harms associated with alcohol and other drug use. Prevention efforts can reduce the impact of mental and substance use disorders, including harms associated with AOD misuse such as legal, academic, social, or physical consequences. As part of a continuum of care, Elon utilizes a comprehensive system of individual-level and environmental-level strategies to prevent AOD-related harms.

The Institute of Medicine (IOM) model, often referred to as a continuum of services, care, or prevention, classifies prevention interventions according to their target population. Classification by groups or individuals provides clarity to differing objectives of various interventions and matches the objectives to the needs of the target population. The IOM identifies the following three categories based on level of risk and identified prevention needs, and aligns these needs with appropriate policies, programs and practices.

- **Universal prevention** includes strategies that are delivered to the general population without consideration of individual differences or directed at a specific risk group.
- **Selective prevention** includes programs and practices that are delivered to sub-groups of individuals identified on the basis of their membership in a group that has an elevated risk for developing substance use problems.
- **Indicated prevention** includes interventions designed to minimize future harm among students who have presented with specific risk conditions or already engaged in other high-risk behaviors.



Statement of AOD Prevention Goals

Prevention approaches focus on helping individuals develop the knowledge, attitudes, and skills they need to make good choices or change harmful behaviors. Elon offers extensive programs and resources to new and continuing students aimed at substance prevention and intervention. Elon's prevention goals include:

- Creating a university environment supportive of student social, physical, and mental health
- Communicating and enforcing clear policies that promote and support healthy lifestyle choices
- Implementing evidence-based wellness programs that reinforce and support healthy lifestyle choices and low risk behaviors
- Reducing the harms associated with excessive drinking and other substance misuse
- Providing support for students who choose to abstain or reduce use of alcohol and other drugs
- Building campus-community partnerships in AOD prevention efforts

The Council on Alcohol and Other Drugs (*former Committee on Alcohol and Drugs*) partners with several campus departments to conduct ongoing assessment of programs and strategies and inform changes and improvements. Assessment of AOD Prevention Programs includes the AlcoholEdu pre- and post-matriculation survey, Healthy Minds Survey, Core Survey, National College Health Assessment (NCHA), focus groups, and various program participant assessments (workshops, trainings, etc.).

Wellness Mission and Model

Elon University is committed to fostering an institutional culture of holistic wellness where every individual has an opportunity to transform their mind, body, and spirit. In August 2017, university administrators convened the "Student Wellness and Well-Being Workgroup" to investigate an integrated approach to student wellness and well-being. A final report was released in May 2018 that outlined several recommendations for action, including adoption of a "Wellness Mission and Model". Elon defines holistic wellness as a process of striving for one's potential across six dimensions of well-being. By providing access to resources, educational tools, and support, Elon will empower students to cultivate personal wellness values that will last throughout and beyond their time at Elon.

Act-Belong-Commit Framework

The 'Act-Belong-Commit' framework is aimed to both build and inspire a culture of holistic health on Elon's campus through positive behaviors and habits. It is the intentional engagement in the three pillars (Act-Belong-Commit) that lead to an active, resilient, and mentally healthy community. The Act-Belong-Commit campaign is evidence-based incorporating extensive research that engaging in activities within each of these behavioral domains provides positive mental health benefits, builds resilience, and enhances well-being (Donovan & Anwar-McHenry, 2014).

- **ACT** (do something): Keep active in as many ways as you can – physically, socially, mentally, culturally and spiritually.
- **BELONG** (do something with someone): Keep connected to friends and family; get involved in groups; join in local community activities.
- **COMMIT** (do something meaningful): Commit to a cause; become a volunteer; learn a new skill; take up a challenge.

Website: <https://www.elon.edu/u/wellness-initiative/>

The University Council on Alcohol and Other Drugs

Effective October 2019, the former Committee on Alcohol and Other Drugs was changed to the *Council on Alcohol and Other Drugs*. The charge to the Council is to make recommendations to the Vice President for Student Life each year on ways to further a healthy social and intellectual climate by reducing the role of alcohol and other drugs in the student culture. The goal is to create a campus culture where students make wise choices that support their own success and that of others and uphold their responsibilities as academic citizens of the Elon community. Toward these ends, the Council on Alcohol and Other Drugs will:

- Develop and contribute to the Federal Drug-Free Schools and Campus Regulations biennial review.
- Identify existing prevention, intervention, treatment and recovery programs for students; support ongoing assessment of these efforts; and make recommendations to improve outcomes.
- Coordinate resources and communication among those responsible for alcohol and other drug programs.
- Enhance community awareness of pertinent topics, trends, and resources; and engage faculty, staff, and students in ongoing efforts to support student health and wellbeing.

2020 - 2021 Council Representatives

Faculty Fellow for Substance Education, co-chair – **Julie Lellis**
Assistant Dean of Students, co-chair – **Whitney Gregory**
Representative from Campus Recreation and Wellness – **Callie Kelly**
Representative from Residence Life – **MarQuita Barker**
Representative from Student Involvement – **Jordan King**
Representative from Office of Student Conduct – **Jenni Spangenberg**
Representative from Counseling Services – **Allison Agresti**
Faculty Expert in Substance Use/Misuse – **Jennifer Carroll**
Faculty Expert in Health and Wellness – **Erica Thomas**
Faculty Expert in Health Promotion/Communication – **Jen Kimbrough**

Administrative Liaisons

Associate Vice President for Student Life/Dean of Students – **Jana Lynn Patterson**
Assistant Provost for Academic Operations and Communications – **Paul Miller**

Next Steps

The Council on Alcohol and Other Drugs will review AOD policies, notification procedures, enforcement, and compliance, including develop a set of goals and objectives for the next biennial review (2023 – 2025).

IMPORTANT UPDATE

**Beginning Fall 2021, the University Council on Alcohol and Other Drugs was temporarily suspended during the pandemic and will resume once new appointments are made by the VP of Student Life.*

AOD Prevention Education and Awareness Strategies

Online Alcohol Education Programs

AlcoholEdu® for College

Since 2007, all first-year students and transfer students are required to complete an online alcohol education program. From 2007 through 2011, new students completed College Alc, which is an online alcohol education program that consists of four lessons. The four lessons focused on alcohol-related harm to both drinkers and non-drinkers; effects on brain, body, and behavior; impaired driving, unsafe sex, and violence; and alcohol misuse and dependency.

Elon University transitioned to using AlcoholEdu for College in 2012. AlcoholEdu for College is a 2- to 3-hour online alcohol education program produced by EverFi (former Outside the Classroom). This evidence-based course provides basic information about alcohol use and is designed to encourage students to make healthful, lower risk choices about alcohol. The course consists of five modules, which include a pre-test, program content, an exam, and three surveys assessing alcohol-related attitudes and behavior.

Part 1 (Modules 1-4) is required to be completed by all incoming undergraduate students prior to arrival on campus (by August 15th).

Module 1: Where do you stand? This module includes an introduction to the course as well as a video on standard drink sizes. The pre-test and survey 1 are administered during this module.

Module 2: Getting the Facts. This module includes information about alcohol expectancies and influences, information on the effects of alcohol on the mind and body, and information on Elon's policies related to alcohol use.

Module 3: Deciding for Yourself. This module includes a tool for setting goals, an exercise for building a personal plan with protective behaviors, and information on how to help friends in various situations involving alcohol.

Module 4: Review and Exam. The exam and survey 2 are administered during this module. We mandate a minimum score of 80% on the exam to pass the course; students who fail the exam can review course material then take another exam.

Part 2 (Module 5) consists of a review of course material and a follow-up survey. Prior to fall 2014, Part 2 was completed by students 45 days following completion of Part 1. Currently, students complete Part 2 between October 1 and November 1.

Module 5: Mastering the College Environment. This module includes a review of the course thus far as well as guidance on further developing their personal plan, strategies around dealing with stress in college, and information on how to help a friend who may have an alcohol addiction. Survey 3 is administered during this module.

The surveys built into AlcoholEdu for College are designed to assess students' attitudes and behaviors before, during, and after the course. All individual responses on surveys and exams are anonymous; survey results will only be available only in an aggregate format. The AlcoholEdu program administrator is the Assistant Dean of Students. The administrator is able to view individual student course progress and exam scores but is not able to access specific responses to any exam or survey questions.

Alcohol eCheckUp To Go®

In response to COVID-19, Student Wellness Programs implemented Alcohol eCheckUp during Spring 2020 to provide students with continued access to evidence-based alcohol interventions. Alcohol eCheckUp is an interactive online program that provides personalized feedback on current drinking patterns and is a highly effective strategy for reducing alcohol-related risks among college students. Alcohol eCheckUp can be assigned as a stand-alone intervention and/or as part of the Alcohol Discussion Workshop. Alcohol eCheckUp is also used to supplement the BASICS brief intervention program for alcohol policy violations and other referrals. The primary goals of the course are to 1) reduce levels of dangerous and destructive drinking on college campuses and 2) strengthen a culture of safety and health by reducing alcohol-related harms.

Course Length:

- *Approximately 25 minutes*

Prescription Drug Abuse Prevention®

Developed by Everfi, this online course is designed to equip students with the knowledge and skills to prevent the misuse of prescription medications. This course teaches students how to make healthy and informed decisions when it comes to prescription medications using an evidence-based, population-level approach to prevention. Using a variety of methods, interactive scenarios, and self-guided activities, students learn about a range of topics, including the science of addiction, how to properly use and dispose of prescription medications, and how to intervene when faced with a situation involving substance misuse.

Course Length:

- *Approximately 30-40 minutes*

Marijuana 101

First developed in 2004, Marijuana 101 is an online marijuana education course. Lessons cover a variety of key issues such as marijuana dependence, marijuana's effects, mental health issues, synthetic marijuana, local laws and legalization issues, and legal penalties associated with use. Marijuana 101 is consistently updated with the latest and strongest research available. Tailored to the individual, students receive a confidential personalized-feedback report that summarizes use and negative consequences, compares individual use with social norms, challenges personal expectations, and provides a range of strategies to quit.

Alcohol Education and Brief Intervention Programs

Alcohol Discussion Workshop (ADW)

The Alcohol Discussion Workshop (ADW) is a two-hour group intervention that combines motivational interviewing and group discussions to guide students through activities that support appropriate norms and challenge unhealthy behaviors. ADW increases student knowledge and awareness of the physiological effects of alcohol, alcohol-related harms to self/others, personal harm-reduction strategies, and bystander intervention skills. The Alcohol Discussion Workshop is open to all students, but is ideal for those in violation of alcohol-related policies. Alcohol eCheckUp To Go® may be assigned as a prerequisite.

Brief Alcohol Screening and Intervention for College Students (BASICS)

Following the success of the Brief Alcohol Screening and Intervention of College Students (BASICS) pilot project (2009 and 2019) at Elon and numerous successful studies elsewhere, the administration elected to continue the BASICS program. BASICS is offered as a tiered substance use intervention program for alcohol policy violations or students who have had negative experiences related to alcohol use. Any Elon student that

is concerned about their alcohol or other substance use and wants to explore their personal drinking behaviors can voluntarily attend BASICS.

BASICS is an evidence-based, brief motivational intervention program that uses alcohol screening and feedback to reduce problem drinking by enhancing motivation to change, promoting healthier choices, and teaching coping skills to moderate drinking. BASICS relies primarily on a motivational interviewing approach to provide students with the skills, knowledge, and insight into the personal consequences of drinking. The program is designed to help students make better alcohol use decisions and to reduce their overall risks for alcohol-related harm. Elon utilizes trained faculty and staff to serve as facilitators and provides technical support to assist with program implementation.

Campus Partnerships and Collaborations

A Parent Handbook – Talking with College Students About Alcohol

In Fall 2020, Elon partnered with Dr. Rob Turrisi, program developer of the *Parent Handbook: Talking with College Students About Alcohol* an evidence-based tool to provide parents with strategies for talking with their student about the risks associated with alcohol. Research suggests that students who talk with their parents about alcohol before they begin their first year of college are more likely to avoid alcohol, limit its use, spend less time with heavy drinking peers, and experience significantly less alcohol-related outcomes. The parent handbook can help parents initiate conversations and unpack uncomfortable topics with their student.

New Student Orientation

New Student Orientation supports the successful transition of incoming students to Elon University through a collective effort of the campus community. HealthEU is a 90-minute session presented by SPARKS peer educators to all new students to encourage conversations about mental health, risk reduction, campus resources and diversity & inclusion. HealthEU is a partnership between Campus Recreation and Wellness and New Student & Transition Programs (NSTP) and incorporates examples of bystander intervention strategies for substance misuse and related harms to self and others. During New Student Orientation, students observe peer theatre skits, video vignettes, and participate in small group discussions following each performance. HealthEU presentations raise awareness of various college health topics, including mental health, recognizing signs of alcohol poisoning, alcohol harm reduction strategies, university policies and resources. SPARKS peer educators represent students from diverse groups and student organizations.

SPARKS Peer Education

Student Wellness (*formerly Department of Health Promotion*), a program area within Campus Recreation and Wellness, provides integrated and holistic health and wellness programming for the Elon student body, including leadership and development for our nationally recognized peer health educator organization, SPARKS (*Students Promoting Awareness, Responsibility, Knowledge, and Success*). SPARKS peer educators are essential to AOD programming and deliver peer-to-peer health information to advocate and facilitate healthy lifestyle choices among students. Through education and awareness, SPARKS peer educators connect students to campus and community resources, enabling academic and social success. SPARKS peer educators go through a detailed application and interview process as well as rigorous training and continuing education. SPARKS peer education staff are required to complete NASPA's twelve-hour Certified Peer Educator (CPE) Training consisting of eight skill building modules. Students are trained to give presentations on various college health topics, including substance education, mental and sexual health. Professional staff provide oversight of program content and implementation.

Social Event Manager Training (SEM)

Beginning Fall 2021, the Social Event Manager Training was revamped to provide a comprehensive overview of substance use, including prescription misuse. Originally developed in 2016 in partnership with Fraternity and Sorority Life, the Social Event Manager (SEM) training is facilitated by trained SPARKS peer educators and provided to leaders and members of student organizations hosting events with alcohol. The SEM training

program focuses on responsible hosting strategies, founded upon principles of bystander intervention and risk-management principles. Key components of the program include recognizing potential signs of danger related to alcohol misuse, university laws and policies, and guidance for identifying and responding to individuals exhibiting high-risk behaviors.

Elon 1010

Elon 1010 (*formerly Choices for Elon 101*) is a peer-led workshop facilitated by SPARKS peer health educators, available to Elon 1010 course instructors. Elon 1010 is a one credit-hour seminar course that integrates academic advising with other academic orientation elements such as the honor code. Choices for Elon 1010 explores values, consent, risk reduction, bystander intervention, and campus resources. The workshop utilizes group discussions and activities to help students reflect upon how their values are demonstrated through their choices, and expectations of the Honor Code. Students are also introduced to campus health and wellness resources and learn how to become more involved in well-being efforts on campus. Over 98% of incoming students complete Elon 1010 as part of their first-semester coursework.

Messages from the President

Each year, the University President sends a letter to families of new students during the summer months introducing the online education programs and outlining community expectations regarding choices about alcohol use and consequences associated with misuse. In addition, messages about alcohol-related harms and other drug misuse are addressed to new students and families during New Student Convocation.

Distribution of Part 86 of the Drug Free Schools and Communities Act (DFSCA)

The [DFSCA](#) document is distributed electronically to all members of the university community, including students, faculty, and staff at the beginning of each school year. The DFSCA may be updated periodically, and changes will be posted to the electronic form. Printed copies of this document are available for review at the reserve desk in Belk Library and in the Office of Human Resources. Printed copies are also available by request through the Office of the Dean of Students during normal business hours. For more information about the Drug Free Schools and Communities Act, students, faculty, and staff may contact the Office of the Dean of Students at (336) 278-7200.

AOD Environmental Management Strategies and Policies

ASHES, LLC (Alcohol and Substance Free Housing for Elon Students)

The ASHES Living and Learning Community is a residential space for students interested in living in an environment free of alcohol, tobacco, or other substance use. Located on the first floor in the Global Neighborhood, this option offers an environment to support a substance-free lifestyle. Students who choose to abstain from alcohol and/or drugs for personal, religious, or health reasons are invited to participate. A variety of social opportunities are offered to make this a fun and involved community. Community programs and activities are geared toward this commitment to having a substance-free college experience and include opportunities for students to interact with faculty outside the classroom, participate in floor service projects, and do lots of fun activities on weekends. Students must complete an application and be accepted into this theme community.

Collegiate Recovery Program (CRP)

Phoenix Free became Elon's first CRP and a registered student organization in Fall 2020. The CRP is open to all undergraduate and graduate students who have a desire to stop using alcohol and/or other substance use and live a healthier, substance-free lifestyle. Phoenix Free is a nurturing and affirming community where students in recovery provide peer support and network with other students. No knowledge of recovery is required and students at any point in a recovery journey are welcome.



Fall 2021, the CRC Leadership Team created a new position description that was unanimously approved by university administrators. This position was made possible due to existing funds awarded by the Thomas D. Shaffner Charitable Foundation. Hiring a dedicated part-time Collegiate Recovery Specialist (CRS) is essential to increasing campus-wide recovery education, outreach, and recruiting students in recovery. The CRS will work alongside the current leadership team to strengthen Elon’s existing program.

A collegiate recovery program (CRP) is a supportive environment within the campus culture that reinforces a student’s decision to engage in a substance-free college experience. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other.

Phoenix Free 2021 – 2022 report - <https://express.adobe.com/page/RwB7YginYi36j>

Community Coalition to Prevent Underage Drinking

Student Wellness of Campus Recreation and Wellness maintains ongoing membership and attendance at the monthly *Alamance Citizens for a Drug Free Community (ACDFC)* coalition meetings. Comprised of representatives from local government, education, public health, public safety, and community members—the ACDFC collaborates to develop community education, interventions, advocacy and assessment. The ACDFC coalition works closely with Alcohol Law Enforcement (ALE) to coordinate training and implementation of BARS (Be a Responsible Seller), a training for bartenders and retailers to ensure compliance with NC laws and regulations regarding alcohol sales to minors. Coalition members provide information to families at Elon athletic events and coordinate with Elon students for underage identification training. Elon students that meet the minimum drinking age requirement, also participate in conducting Alcohol Purchase Surveys, an effective strategy in helping to prevent alcohol sales to minors.

Council on Alcohol and Other Drugs

The charge to the University Council on Alcohol and Other Drugs (*former Committee on Alcohol and Other Drugs*) is to make recommendations to the Vice President for Student Life each year on ways to further a healthy social and intellectual climate by reducing the role of alcohol and other drugs in the student culture. The goal is to create a campus culture where students make wise choices that support their own success and that of others and uphold their responsibilities as academic citizens of the Elon community. In Fall 2021, the University Council on Alcohol and Other Drugs was temporarily suspended due to the impact of COVID-19 and reprioritizing fac/staff commitments and responsibilities of the Council on Wellness and Well-being.

Council on Wellness and Well-Being

In late 2019, as part of its ongoing efforts to support mental health and wellness, Elon University formed a new university-wide Council on Wellness and Well-Being that merges the existing efforts of two university groups. The new council will include 35 faculty and staff members and will invite students to join in the effort as projects are developed. The council is chaired by the Dean of the School of Health Sciences, and the Associate Vice President for Student Life and Dean of Students. The charge of the Council on Wellness and Well-Being is 1) to collaboratively advance wellness and well-being as a strategic priority for Elon University and assess the effectiveness of those efforts; and 2) to lead the implementation of recommendations from the Student Wellness and Well-Being Working Group and the JED Campus process.

First Six Weeks

Arriving to campus marks a significant life transition for first year students as they prepare to join our vibrant Elon Community. While first year students will certainly navigate many transitions throughout their first semester on campus, it is important that during their first six weeks they become “Well Connected” by forming relationships with new people and taking advantage of the various resources and positive activities at Elon that are vital to their college experience. Our goal during the first six weeks is that students:

- Become involved in positive activities and social connections
- Make healthy choices about how they spend their time, in particular their social activities
- Explore their passions and be curious about new experiences and opportunities

The **Well-Connected Challenge** was designed to assist students to think about their engagement (social connections, involvement, events, learning the Elon community) within the first six weeks of school. Participating in the Well-Connected Challenge will help students meet others, get to know Elon and all it has to offer. Throughout their first six weeks on campus, students are encouraged to utilize PhoenixConnect to learn about campus events. Campus events are grouped into the following three categories:



Community – Events within the Community category celebrate opportunities for students to connect with each other through social, cultural and residential neighborhood events that can include but are not limited to Elon, residential neighborhood or cultural traditions such as College Coffee, Numen Lumen, cultural center events, tailgating, and various neighborhood events.



Late Night and Weekend – Events every Thursday, Friday and Saturday Night between the hours of 10:00 p.m. and 2:00 a.m. various events are hosted on campus as an opportunity for students to meet others and engage in exciting free activities, such as trivia, bingo, movies, or live entertainment.



Wellness – There are many opportunities to fulfill this category, which includes programs and initiatives that focus on your health, physical ability, exercise, sleep, nutrition, fulfillment, and personal identity to both thrive and contribute to one’s personal growth.

History of the Presidential Task Force on Alcohol

Fall 2006, President Emeritus Leo M. Lambert appointed a task force to research issues surrounding alcohol. The idea of a task force to look at alcohol came from an Academic Summit that decided Elon needed to look into alcohol’s impact on academics. Already in existence was a Low-Risk Drinking Committee. Some of the members from this committee were grandfathered into the Presidential Task Force along with newly appointed members. The task force consisted of faculty, staff, and students. It was co-chaired by Vice President for Student Life and Dean of Students, Dr. Smith Jackson, and Professor of Math, Dr. Jeff Clark. The 2007 Presidential Task Force on Alcohol disseminated a report with nine recommendations for campus-wide improvements and new initiatives, including the implementation of a University Committee on Alcohol and Other Drugs.

Late-Night Elon

During Fall 2020, the vast majority of Late Night Elon programs were transitioned to a hybrid model with satellite locations. Student Involvement hosted over 40+ late night events with nearly 2,000 attendees, including SUB’s

Late Skate event and drive-in movies. Late-night programming gives Elon students the opportunity to engage in activities they may not have access to otherwise on or off campus, interact with a wide array of organizations and departments, and meet new people and build relationships with other students. Student Involvement provides funding opportunities for late-night, alcohol-free programs and events. The Student Union Board (SUB) sponsors weekly events every Thursday, Friday, and Saturday night. SUB offers a variety of events to Elon students and programs ranging from movies and comedians to major speakers and concerts. SUB programs and events are completely free of charge to students. SUB-Cinema films are scheduled each weekend throughout the fall and spring semesters at Turner Theatre, a 220-seat theater located in Schar Hall. SUB-Cinema showing times are Friday at 8:00pm and Saturday at 8:00pm and 10:30pm.

Neighborhood Coalition

The successful relationship between a community/town that hosts a college or university reflects the dynamics between permanent residents of the town, businesses, the institution, and the students/ faculty/staff associated with the school. These relationships are often referred to “town-gown” relationships. In fall 2018, Elon University administrators and the Town of Elon Mayor authorized the Elon University/Town of Elon Neighborhood Coalition. The Neighborhood Coalition’s goals are to:

- Engage student leaders and influencers to enhance campus-neighborhood relations;
- Develop strategies to develop cordial and respectful relationships between all Elon students and the permanent residents of Elon; and
- Reduce disruptive and destructive behaviors by students in the Town of Elon.

Examples of these behaviors include destruction of private property, illegal parking, accumulation of trash, public defecation/urination, and confrontations with our neighbors. These behaviors often lead to legal/student conduct ramifications for Elon students or negative publicity for either students or the university.

The JED Campus Program

The JED Campus Program is a nationwide initiative of The Jed Foundation (JED) designed to guide schools through a collaborative process of comprehensive systems, program and policy development with customized support to build on existing student mental health, substance abuse and suicide prevention efforts. In fall 2018, Elon University launched a four-year partnership with the JED Foundation. The Dean of the School of Health Sciences and the Associate Vice President for Student Life assembled a 28-member campus review team and conducted an initial campus assessment. Elon administered the Healthy Minds Survey in early November to a random sample of 4,000 undergraduate, graduate, and law students. The comprehensive report from JED’s clinical team identified successes and opportunities for enhancement. ***See JED Campus Recommendations.***

Ready & Resilient

In late April 2020, Elon University released the “Ready & Resilient” action plan to guide resumption of on-campus classes and operations for the 2020-2021 academic year. To support a healthy campus, all members of the Elon community were called upon to do their part to minimize the risk of infection by adhering to applicable national, state, and local health guidelines and requirements.

Ready & Resilient encouraged students to demonstrate a steadfast commitment to the core values of the Elon University Honor Code - honesty, integrity, responsibility, and respect. Engaging in social behaviors that have long been part of the college experience (e.g., large parties) could potentially threaten campus efforts to mitigate a virus outbreak. Alcohol lowers inhibitions making it less likely for students to wear masks and properly physical distance as needed. In addition, science suggests that alcohol use is linked to suppressed immune function and increased susceptibility to respiratory viral infections. Adjustments to campus social activities and operations were designed to limit in-person meetings, reduce the size of gatherings, and promote physical distancing.

University Position Statement on Alcohol

Elon University first developed a position statement on alcohol in 2001 with input from constituents across campus. The adopted position statement was widely disseminated through focus groups with students, parents, faculty and staff. The statement has been revised twice (2001, 2006), and most recently in 2016. The University Committee on Alcohol and Other Drugs (CAOD) was charged with the most recent revision, which was approved by Senior Staff in spring of 2016.

The University Committee on Alcohol and Other Drugs continues to review and revise Elon University's position statement on alcohol every third year to ensure it is consistent with current policy and university values. The University's Position Statement on Alcohol serves as a guide for programs and policies regarding alcohol. The most current revision to the alcohol position statement was made in 2016.

“Elon University recognizes alcohol misuse negatively impacts the community, personal well-being, and academic achievement. Therefore, our position on alcohol is one of education and accountability. We expect students to uphold the Honor Code and make wise and healthy decisions about alcohol use, including the choice not to drink. Students whose behaviors diminish the success or safety of themselves, or others will be held accountable.”

The vitality of the academic community relies on each member taking personal responsibility for his or her actions regarding alcohol use and safeguarding the well-being of others.

- The University welcomes and supports the decision of students not to drink.
- Elon emphasizes education about risks, choices and personal responsibility regarding the use of alcohol. Students are expected to make conscious choices that do not diminish the academic or social success, or personal safety, of themselves or others.
- The University observes laws regarding alcohol use, particularly those that address underage drinking, and holds students accountable for their choices.
- Students whose drinking creates a risk of danger to the health and safety of themselves or others are subject to suspension and/or loss of other University privileges.

Alcoholic beverages may be possessed and/or consumed only by individuals 21 years of age or older in their residence or an approved location.

Risk Management

University social functions that include alcohol require insurance, control for underage drinking, and paid security. Campus Safety and Police must be hired if there are 100+ guests and if alcohol is served. Only canned beer and wine may be served. If alcohol is served, the organization sponsoring the event is responsible for seeing that all laws of the State of North Carolina are followed with respect to age and over consumption. The sponsoring organization could be held liable, along with the university, for any problems that arise from the dispensing of alcohol.



Student Tailgating Guidelines and Expectations

Tailgating is a favorite Elon tradition. Nothing could be better than gathering with friends before home football games. A group of Elon students or a student organization can sign-up to tailgate on Bank of America Drive. Tailgating on Bank of America Drive costs \$25 and includes a tent and 1 table. Tailgating starts 4 hours prior to kick-off.

Respectful Environment

- Tailgating is a vibrant and family friendly environment. Please be respectful of those surrounding you, being mindful of your choice of language and volume of music. We want the tailgating experience to be enjoyed by all. Groups are personally responsible for making sure their guests act appropriately.

Opening/Closing

- Student groups may enter the parking area 4 hours before game time. All events and activities must end by the end of the 1st quarter.

Clean-Up

- All groups are responsible for making sure their tailgating area is cleaned prior to departing for the game.
- All trash/recyclable items must be picked up and sorted into proper receptacles. This includes trash around your area. Trash should be closed in bags or trash containers. All cigarette butts must be picked up. All leftover food/beverages must be placed in proper containers and stored.
- All clean up procedures must be completed before entering the stadium.

Alcohol Policy

- Alcohol (beer and wine only) will be permitted in the tailgating area. No common containers (kegs, party balls, etc.) will be allowed. Individuals over 21 years of age must provide their own alcoholic beverages. Groups are responsible for making sure only those who are 21 years of age or older consume alcohol. All beverages, including alcohol, must be in opaque cups. All alcoholic beverages must remain in coolers or closed containers and not out in the open. Inappropriate behavior by a guest may result in that person being removed from the tailgate area.

Food/Grilling

- What is a tailgate without great food? Groups may bring their own picnic items and food to the tailgate parking area. Grilling is permitted in the tailgate area. All grills must be elevated. All catered events must go through Elon Dining.

Community Standards

- Groups who tailgate must uphold these community standards:
 - Do not transport individuals in the back of pickup trucks. *(Nor should they be allowed to stand in or on the vehicles)*
 - Provide food for their group.
 - Provide plenty of non-alcoholic beverages, but do NOT provide alcoholic beverages.
 - Clean up tailgate area.
 - No group or individual is permitted to participate in “drinking games” *(i.e., beer pong, flip cup)*

Tents/Tables

- Student groups may sign-up for (1) 10×10 tent and 1 table for \$25 per game. Because the cost of the tents is heavily subsidized by student activity fees, students must be the primary audience for the tailgates in the Student Tailgate area on Bank of America Drive.

Parking Spaces

- A parking space is provided for all student groups who reserve a tent in the Student Tailgate area.

Student Tailgating Signup

- Elon is a beautiful setting for college football and we welcome groups of students to sign-up for tailgating in the reserved Student Zone on Bank of America Drive. All requests will be considered on a first come, first served basis at: studentinvolvement@elon.edu.

Summary of AOD Program Strengths and Weaknesses

Elon's AOD prevention programs employ evidence-based programs and practices at the individual-level and environmental-level. **Individual-level strategies** aim to produce changes in attitudes or behaviors related to substance use rather than the environments in which substance use occurs. Expected outcomes may decrease an individual's alcohol use (*e.g., frequency, quantity, or blood alcohol concentration*) and/or alcohol-related risk-taking behaviors, thereby reducing harmful consequences. **Environmental-level strategies** aim to reduce behaviors at the population level by changing the environment or context (*i.e., places, settings, occasions, and circumstances*) in which substance use/misuse occurs, thereby reducing consequences.

Program Strengths

Prevention/Intervention Efforts

- AlcoholEdu for College
- Alcohol Discussion Workshop
- Alcohol eCheckUp To Go
- A Parent Handbook for Talking with College Students About Alcohol
- BASICS (Brief Alcohol Screening and Intervention for College Students)
- Marijuana 101
- Phoenix Free Collegiate Recovery
- SPARKS Peer Education
- Social Event Manager Training
- HealthEU - New Student Orientation
- Alcohol-free events

Institutional Support

- Faculty Fellow for Substance Education (*term ended May 2021*)
- University Council on Alcohol and Other Drugs (*temporarily suspended August 2021*)
- University Position Statement on Alcohol
- President Letter to Parents and community message regarding alcohol at New Student Convocation.
- Key alcohol policy messages delivered by Student Life Deans during New Student Orientation
- Messages about responsible behaviors/choices related to alcohol during Call to Honor
- ASHES (Alcohol and Substance-free Housing for Elon Students)
- Assessment and Counseling services available through off-campus provider
- Community Coalition to Prevent Underage Drinking (ACDFC)

Risk Management Efforts

- Student organizations hosting parties where alcohol is present must complete risk management training
- Organization events that include alcohol require paid security officers
- ACDFC Coalition coordinates ongoing alcohol compliance checks at retail establishments

Academic/Curriculum Infusion Efforts

- Winter Term mini-grants (*funding ended January 2020*)
- Curriculum Infusion stipends (*funding ended May 2021*)
- Early identification and intervention for student concerns (including potential substance use/misuse concerns) delivered during faculty planning week and study abroad faculty training

Opportunities for Growth

- Utilize survey data to strengthen AOD programs and disseminate results during campus-wide conversations
- Administer ongoing campus-wide assessments
- Strengthen support and advocacy for collegiate recovery initiatives
- Increase communication channels among departments regarding AOD-related programs and initiative

AOD Prevention Program Inventory | Current Strategies

Strategy Name	IND	ENV	NAM	Description	Effectiveness from NIAAA's CollegeAIM
A Parent Handbook for Talking with College Students About Alcohol®	✓		U	Parent-based alcohol communication guide for parents of incoming first-year students, to assist parents with effective communication about alcohol use.	Moderate Effectiveness ★★★
AlcoholEdu® (Multi-component education-focused)	✓		U	Evidence-based, pre-matriculation online education program for all new and first year students. Provides personalized feedback about alcohol use, designed to encourage students to make lower risk choices.	Higher Effectiveness ★★★★
Alcohol eCheckUp To Go	✓		S, I	Evidence-based, online course teaches students to make safer/healthier choices and avoid negative alcohol-related outcomes. Provides personalized feedback about alcohol use. Used alone or in conjunction with other interventions.	Higher Effectiveness ★★★★
Alcohol Discussion Workshop (ADW)	✓		U, S	Group intervention aimed to help students evaluate current choices and reduce alcohol-related harms to self and others.	Not Effective Alone * Low effectiveness X
Alcohol-free Programming		✓	U	Late night/weekend campus events to provide students with social alternatives to parties w//alcohol served.	Too few studies – mixed results
Alcohol & Substance Free Housing for Elon Students (ASHES)		✓	U	Living-learning community for students choosing to live in a substance-free environment.	Too few studies – mixed results
Brief Alcohol Screening and Intervention for College Students (BASICS)	✓		S, I	Evidence-based, brief motivational intervention using alcohol screening and personalized feedback to reduce problem drinking. Brief motivational intervention (BMI)	Higher Effectiveness ★★★★
Code of Conduct Outcomes		✓	U	Outcomes for conduct violations typically consist of a disciplinary status, educational/restorative activities, a university fine or fee, and may include additional aspects such as restrictions, an assessment with a licensed treatment provider, and other active/passive outcomes.	Strategy not reported In CollegeAIM
New Student Orientation – What Would You Do?	✓	✓	U	Peer-led program that communicates key alcohol and safety messages to incoming first-year students during new student orientation program.	Strategy not reported In CollegeAIM
Choices@Elon 1010	✓		U	Peer educator-led workshop that explores values, consent, low-risk drinking, bystander strategies and campus resources.	Strategy not reported In CollegeAIM
Marijuana 101	✓		S, I	Online lessons cover key issues such a dependence, marijuana's effects, mental health impacts, synthetic marijuana, local laws and legalization issues, and legal penalties associated with use.	Strategy not reported In CollegeAIM
Medical Safety Policy		✓	U	Intended to encourage early identification and intervention for potential medical emergencies. Student receiving or seeking medical attention are not charged with violating university alcohol and drug policy.	Too few studies – mixed results
Phoenix Free Collegiate Recovery Community (CRC)	✓	✓	I	Peer-led, campus organization that provides students in recovery with peer support and social opportunities to engage in a substance-free college experience.	Strategy not reported In CollegeAIM
(SEM) Social Event Manager Training	✓		U, S	Skills-based workshop facilitated by SPARKS peer educators teaches risk reduction/responsible hosting strategies for organizations or personal social event.	Strategy not reported In CollegeAIM
SPARKS Peer Education Program		✓	U	Trained in active listening and motivational interviewing to deliver peer-to-peer health education and wellness programming to students, organizations, residence halls, and classrooms.	Strategy not reported In CollegeAIM
University Council on Alcohol and Other Drugs		✓	U	Present annual recommendations to the VP of Student Life/Dean of Students on ways to reduce the role of AOD in campus culture.	Not reported in CollegeAIM

Prevention Strategies: IND=Individual level | ENV=Environmental level | NAM Categories: U=Universal | S=Selective | I=Indicated

Available Counseling and Treatment Services

Counseling Services—R.N. Ellington Center for Health & Wellness

Counseling Services advances the educational mission of Elon University by providing quality psychological interventions, outreach, and consultation services to address the emotional, social, and academic needs of Elon University students.

Counseling Services provides a range of free mental health services to help improve and maintain student emotional health. Services include group therapy, individual therapy (in person and virtual), support groups, and educational workshops. Care coordination support is also available to help students connect with off-campus providers or resources when needed. Students may request a first appointment using the online scheduling tool or by calling, 336-278-7280. To schedule an appointment, call 336-278-7280. **For urgent mental health needs, crisis assistance is available 24/7 by calling (336) 278-2222 to reach the Counselor-on-Call. For life-threatening emergencies, call 911 for immediate assistance.**



Scan the QR Code
to access care.



TimelyCare Virtual Services

Elon offers virtual health and well-being services and programs for all Elon University students through [TimelyCare](#). TimelyCare provides 24/7, on demand mental and medical virtual health care, including enhanced access to Scheduled Counseling, Psychiatry (by referral) and Health Coaching services. Students can access ongoing emotional health support with licensed counselors from anywhere in the United States. Services are available at no cost to students and accessible from any web-enabled device (smartphone, laptop, or desktop). To create an account students can register their name and school email address at timelycare.com/elon or download the TimelyCare app.

Groups and Workshops

Counseling Services offers a variety of services, including individual counseling, group counseling, support groups, and educational workshops.

MindWise Mental Health Screening

MindWise is an online resource of behavioral health screenings designed to explore symptoms of depression and anxiety, alcohol use, disordered eating, and general well-being. Students can take screenings on their phone, laptop, or tablet – anonymously and from the privacy of their residence.



Kognito is an online simulation that allows you to practice real-life conversations with a virtual student. This program is available to the entire Elon community to help create a safer and more supportive campus. To access this free resource, visit <https://elon.kognito.com/> and log on with your Elon email and password to get started.

Office of the Dean of Students—Janice Ratliff Building

Student Care and Outreach is part of the comprehensive wellness services offered through the Office of the Dean of Students. Students, faculty, parents, and others are strongly encouraged to share when they have a significant concern about a student's well-being (academic, social, financial, family, mental health, substance use). Professional staff members provide outreach and support for students with significant and complex concerns affecting their academic and personal success. Available campus resources for student concerns or students in distress can be found [here](#).

University Code of Conduct Policies, Alcohol and Drug Laws, and Enforcement

Office of Student Conduct

The Office of Student Conduct uses a three-tier student conduct process that includes a disciplinary status, parental notification, and varying levels of alcohol education and intervention. The severity of the incident determines the level of appropriate sanction. A student found responsible for any alcohol policy violation receives probationary status. Each status carries with it certain expectations for student behavior. An official warning is typically sanctioned only once per student for first time underage possession/ consumption of alcohol violations. Official Warning, Disciplinary Probation, and Disciplinary Suspension are all types of probationary statuses. Sanctions are assigned to encourage the growth and development of students and support the practice of responsible behavior in the community.

Parent/Guardian Notifications

Elon University appreciates the involvement of parents and guardians in the educational process. Due to federal privacy laws, Elon is prohibited from sharing information regarding student conduct cases and outcomes except for cases involving students under 21 who are found responsible for violating alcohol or other drug policies. Upon request, Elon will release information regarding responsible findings, outcomes, and rationale for any case in which there is a signed release from the student or documentation of tax dependent status.

In cases in which a student is less than 21 years of age at the time of the incident and there is a responsible finding for an alcohol or other drug violation the university will typically send a written notice to the home address on record for the parent/guardian of the student. This notice is intended to encourage and inform conversation with the student regarding choices, goals, and strategies for success at Elon University. The director of student conduct or designee will consider any requests for exceptions to the notification policy.

University Student Policies and Sanctions

Elon University Position Statement on Alcohol Use (revised spring 2016):

Elon University recognizes alcohol misuse negatively impacts the community, personal well-being, and academic achievement. Therefore, our position on alcohol is one of education and accountability. We expect students to uphold the Honor Code and make wise and healthy decisions about alcohol use, including the choice not to drink. Students whose behaviors diminish the success or safety of themselves or others will be held accountable.

The vitality of the academic community relies on each member taking personal responsibility for his or her actions regarding alcohol use and safeguarding the well-being of others.

- The University welcomes and supports the decision of students not to drink.
- Elon emphasizes education about risks, choices and personal responsibility regarding the use of alcohol. Students are expected to make conscious choices that do not diminish the academic or social success, or personal safety, of themselves or others.
- The University observes laws regarding alcohol use, particularly those that address underage drinking, and holds students accountable for their choices.
- Students whose drinking creates a risk of danger to the health and safety of themselves or others are subject to suspension and/or loss of other University privileges.

Elon University is committed to the intellectual and personal development of students. Substance misuse inhibits students' development and is negatively correlated with academic success and personal safety. Elon University observes and strictly enforces all local, state and federal laws related to possession, use, sale, manufacturing or distribution of controlled or illegal substances. Sale, manufacturing, or distribution of illegal or

controlled substances or for uses other than as intended creates a significant danger for the Elon University community. Individuals who are involved in any drug-related violation are subject to criminal action, as the University may report these individuals to the legal authorities. Students convicted of any offense involving the possession or sale of a controlled substance may also be deemed ineligible to receive financial aid.

Students are accountable for upholding Elon University's drug policies even when in states or countries in which certain drugs have been decriminalized or consumption is legal. Though some impairing substances may be legal to purchase in North Carolina or other states, Elon University prohibits possession and/or use of these substances by Elon students. Students are responsible for knowing, understanding, and following the University's drug policies state, and federal laws. Find more information and read Elon's Drug-Free Schools and Campuses Report at: <https://www.elon.edu/u/campus-recreation-wellness/student-wellness-programs/substance-education/annual/>.

Possession: Students are responsible for items located on their person, within their property (e.g. a backpack, car, etc.), and in their residence (bedroom and any shared areas such as living rooms and bathrooms). Students will be held accountable for any alcohol, drugs, paraphernalia, or other prohibited items found to be in their possession.

Innocent Bystander Policy

Elon understands and supports students being social and wanting to spend time with each other. This may lead to situations where underage students are in the presence of alcohol possession and/or use that violates University policy. In order to hold the responsible students accountable, while supporting those who are not violating policies, the [Innocent Bystander](#) policy may be enacted at the time alcohol policy violations are identified. In order to enact the Innocent Bystander policy, information must be included in the incident report that the student was not consuming and was not in possession of alcohol. Information that a student was not consuming may include a statement by the reporting authority that the student stated they were not drinking and had no physical indication of intoxication, or via a breathalyzer/alco-sensor administered by a police officer.

Medical Safety Policy

Elon embraces students helping each other and holds student safety as a primary value. The [Medical Safety Policy](#) may be enacted for the following situations:

For a student receiving medical attention related to consumption of alcohol and other drugs, when either 1) the student has called for medical attention for self; or 2) another person actively assisting the student calls for medical attention. This policy is intended to encourage early identification and intervention for potential medical emergencies.

1. A student receiving emergency medical attention/treatment related to alcohol or other drug use will not be charged with violating the University alcohol or drug policies.

- Students are not exempt from charges for Fighting or Acts of Physical Aggression, Sexual Misconduct and Gender-Based Violence, and certain other egregious violations as determined in the University's discretion.
- Subsequent incidents involving medical treatment/hospitalization related to substance use will likely result in additional university actions, including charges under the Student Code of Conduct.
- When an individual receives emergency medical attention related to their consumption of alcohol or drugs, the student will be required to meet with the Assistant Dean of Students (or designee). The student will be required to immediately complete a substance use assessment within a reasonable amount of time as determined by the Office of the Dean of Students (typically 24-72 hours) and participate in any recommended treatment and participate in additional educational requirements.

2. For students who seek medical assistance for another person whose health or safety appears to be in jeopardy due to the consumption of alcohol or other drugs.

- The assisting student(s) will not be charged with violating the University alcohol or drug use policies. Students seeking medical assistance for others are not exempt from charges for Fighting or Acts of Physical Aggression, Sexual Misconduct and Gender-Based Violence, Hazing, and certain other egregious violations as determined in the University's discretion.
- Students should call 911 or Campus Safety & Police **(336-278-5555)** for help and **NOT** drive anyone in need of medical attention. Students with or observing a student "in danger" are expected to seek medical attention. If a student is with another student who may be in danger due to use of alcohol or other drugs and does not call for assistance, they may be charged with "Behavior that Endangers the Health or Safety of Self and/or Others."
- If the consumption of alcohol or other drugs occurs at an event hosted by, sponsored by, or otherwise involving a student organization and a representative or member of the organization seeks medical attention for a student whose health or safety appears to be in jeopardy, neither the reporting student nor the student organization will be charged with violating the University alcohol or drug policies. The student organization may be charged with other applicable Code of Conduct violations. The organization members may be required to engage in educational activities to reduce future health/safety risks.

3. For students who voluntarily disclose prohibited personal use of alcohol or other drugs as they seek appropriate assistance or guidance related to assessment and treatment for substance misuse will not face Code of Conduct charges.

- The university will respond to such disclosures as a health condition and not a disciplinary matter. In some cases, students may be required to complete a substance use assessment and treatment or education recommendation in order to address health and safety risks. However, such disclosure will also not exonerate a student from responsibility associated with a reported incident.
- This policy does not apply for situations where medical attention is sought following the arrival of a police officer, university security authority (including student staff serving in an authority role), or any university faculty or staff.
- Failure to complete the elements of the Medical Safety Policy will limit the student's continued eligibility. If there is a subsequent hospitalization, the University will review the incident on a case-by-case basis and reserves the right to handle each situation as deemed necessary.

ALCOHOL POLICY

Alcohol-related conduct prohibited by the university Code of Conduct includes:

- **Possession and/or Consumption of Alcoholic Beverages by Students Under 21 Years of Age:** Possession and/or consumption of alcoholic beverages by any student on or off-campus or returning to campus after consuming by a student less than 21 years of age. *(At this level there may not be visible signs of intoxication)* Note: Possession of empty beverage containers or packaging may be considered evidence of possession.
- **Being Under the Influence of Alcoholic Beverages:** Exhibiting signs of intoxication and/or experiencing any loss of the normal use of mental and/or physical faculties. Examples include but are not limited to: slurred speech, vomiting, stumbling or needing assistance walking, loss of motor coordination, aggression, brief loss of memory, or abusive behavior.
- **Extreme Intoxication:** Exhibiting signs of significant and/or dangerous intoxication. Examples include but are not limited to: blacked out, loss of consciousness or limited responsiveness, no withdrawal from painful stimuli, loss of bladder/bowel functions, excessive vomiting, or severe physical depression (slow or shallow breathing, pale or blue-tinged skin, or reduced heart rate).
- **Rapid Consumption of Alcohol or Actions that May Endanger the Well-being of Self or Others:** Any form of rapid consumption of alcohol or participation in drinking games that may create a risk of danger to self, others or the university community. Examples include but are not limited to: bongos, shots, keg stands, beer pong, flip cup, and the like.

- **Public Consumption and/or Possession of Alcohol:** Possession or consumption of alcoholic beverages on public or university property, except for events/locations formally approved. Note: Possession/consumption of alcoholic beverages is allowed by students who are 21 years of age or older only in their housing assignment (room, suite or apartment) and other locations formally approved by the University. Alcohol is not allowed in the common areas of residential buildings, in non-residential buildings, or outdoors except for events where alcohol use has been formally approved.
- **Provision and/or Distribution of Alcohol to Students Under 21 Years of Age:** Purchasing, providing or distributing alcohol to any individual below the age of 21 years.
- **Sponsorship of an Activity Involving the Unauthorized use of Alcoholic Beverages by Individuals or Organizations:** Sponsoring of any activity or event involving the use of alcoholic beverages without specific university approval to do so, said sponsorship being carried out by an individual or organizations. Sponsorship may include, but is not limited to, organizing, promoting, providing a location, acquiring resources, or otherwise endorsing an activity or event.
- **Possession of a Keg, Common Alcohol Beverage Container or Excessive Amounts of Alcohol on University-Owned Property or by a Student Organization on or off the Campus:** Possession of a keg or any common container of alcohol, including buckets, pony kegs and other bulk containers. This includes kegs and multi-serving containers that are empty. Students may not have more than the equivalent of 12 drinks per number of legal age residents in campus housing. (Example: one drink is a 12-ounce beer, 4-ounce glass of wine or 2 ounces of liquor.) NOTE: As with all other alcohol violations, kegs and multi-serving containers that are confiscated will not be returned to the student and all claims to deposit refunds are forfeited.
- **Alcohol-related vehicular violations:** Operating a motor vehicle during or following consumption of alcohol that creates a risk of danger to self, others or the university community.

DRUG POLICY

Drug-related conduct prohibited by the university Code of Conduct includes:

- **Use or Possession of Controlled, Illegal or Prohibited Substances:** Any possession or use of controlled, prohibited, or illegal substances or use of (or intent to use) substances for purposes or in manners not as directed. Examples include but are not limited to: possession or use of illegal substances; possession or use of prescription drugs without a valid/current medical prescription; use of prescribed medication not as directed (over-use, snorting prescribed medication, and the like); huffing, snorting, smoking or otherwise possessing or using legal substances not as intended. Substances such as JWH-018 (K2, "Spice"), salvia and pyrovalerone derivatives (found in substances marketed as "bath salts") are not intended for human consumption and are prohibited for possession or use by any Elon student.
- **Manufacturing, Distribution or Sale of Prohibited, Controlled or Illegal Substances:** Any manufacturing, distribution, or sale of controlled or illegal substances or any substances prohibited by the Elon University Drug Policy (including sharing of prescription medication). This policy applies regardless of financial gain.
- **Possession of Drug Paraphernalia:** Possession and/or use of drug paraphernalia, including, but not limited to, roach clips, bongs, hookahs, blow tubes, papers, scales or any material or apparatus containing drug residue.
- **Being in the Presence of Drug Use, Possession or Sale:** Being in the presence of the use, possession, or sale of prohibited, controlled or illegal substances.

Behavior that Endangers the Health & Safety of Self and/or Others

Any behavior that creates a risk of danger to self, others or the university community. Behaviors include but are not limited to creating a disturbance that may lead to a dangerous situation; propping doors to residence halls; not calling for medical assistance when a fellow student is at risk due to alcohol or drugs; throwing objects from windows or balconies; disclosure and/or use of residence hall or fraternity/sorority house combinations or door access cards by an individual other than a resident of the community; intentionally obstructing egress or exit of a room or building, failure to evacuate a building during a fire alarm; and being on the roof or unapproved balcony of any buildings.

Source: <http://elon.smartcatalogiq.com/2019-2020/Student-handbook>

Standards of Conduct

The Elon University honor system presents the expectations of the university that individuals will act in a manner that is respectful of the rights and privileges of others. Every member of Elon University has the right to live and learn in an atmosphere of respect and support. Responsibility for maintaining the integrity of the community rests with each individual member. Only if every member assumes responsibility for personal and group integrity and civility will the community best meet the developmental needs of its members. Each person must examine, evaluate and regulate their own behavior to be consistent with the expectations of the Elon community.

Code of Conduct Outcomes

When a student is found responsible for a violation, the hearing officer or body will assign an outcome. These outcomes are intended to facilitate growth and learning, to uphold Elon's expectations for accountability based on our honor code values, to begin to repair harms that may have resulted from the behavior, and to support the health and safety of all members of our community. The hearing officer/board will consider the following factors for developing the outcome:

- Standard outcomes for each violation as part of the current incident
- The choices, risks, harms, mitigating, and aggravating factors in the current incident
- Previous disciplinary history: including any prior violations, dates of violations, and any patterns of behaviors
- Any current warning/probation status level

Outcomes typically consist of a disciplinary status, educational/restorative activities, a university fine or fee, and may include additional aspects such as restrictions, an assessment with a licensed healthcare provider, and other active/passive outcomes.

Outcomes for alcohol and other drug violations are listed below. See the *Alcohol and Other Drugs Outcomes Framework* in the section on [Code of Conduct Outcomes](#).

Alcohol and Other Drugs Outcomes Framework

Alcohol and Other Drug Framework provides guidelines for a consistent and practical approach to assigning conduct outcomes. Guidelines are designed to be flexible and should not be interpreted as prescriptive policy. Hearing officers/boards may modify outcomes as deemed appropriate. If a single incident involves multiple distinct violations, outcomes will typically be cumulative.

Example: An incident involving both use of marijuana and covering a smoke detector will typically have an increased disciplinary status and educational requirement.



Sanctions for Individuals

Policy	First Violation	Second Violation	Third Violation
<ul style="list-style-type: none"> • Possession and/or Consumption of Alcoholic Beverages by Students Under 21 Years of Age • Public Consumption and/or Possession of Alcohol 	<ul style="list-style-type: none"> • Official Warning • Educational Program • \$50 educational program fee 	<ul style="list-style-type: none"> • Disciplinary Probation (if within one year of first violation) • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee 	<ul style="list-style-type: none"> • Disciplinary Suspension (if within one year of previous violation) • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee
<ul style="list-style-type: none"> • Being Under the Influence of Alcoholic Beverages • Extreme Intoxication • Rapid Consumption of Alcohol or Actions that May Endanger the Wellbeing of Self or Others • Possession of a Keg, Common Alcohol Beverage Container, or Excessive Amounts of Alcohol on University Property • Possession of Drug Paraphernalia • Being in the Presence of Drug Use, Possession, or Sale • Use or Possession of Controlled, Illegal, or Prohibited Substances (Schedule VI and unscheduled substances) 	<ul style="list-style-type: none"> • Official Warning • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee <p><i>Possible university housing probation / relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p>	<ul style="list-style-type: none"> • Disciplinary Probation (if within one year of first violation) • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee <p><i>Possible university housing probation / relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p>	<ul style="list-style-type: none"> • Disciplinary Suspension (if within one year of previous violation) • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee <p><i>Possible university housing probation/relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p>
<ul style="list-style-type: none"> • Provision and/or Distribution of Alcohol to Students Under 21 Years of Age • Sponsorship of an Activity Involving the Unauthorized use of Alcoholic Beverages • Alcohol-related Vehicular Violations 	<ul style="list-style-type: none"> • Disciplinary Probation • Educational Program • Substance Use Assessment (compliance with recommendations) • \$50 educational program fee <p><i>Possible university housing probation / relocation or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p>	<ul style="list-style-type: none"> • Disciplinary Suspension • Educational Program • Substance Use Assessment (compliance with recommendations) 	
<ul style="list-style-type: none"> • Use or Possession of Controlled, Illegal, or Prohibited Substances (Schedule I-III) • Manufacturing, Distribution, or Sale of Prohibited, Controlled, or Illegal Substances 	<ul style="list-style-type: none"> • Disciplinary Suspension • Educational Program • Substance Use Assessment (compliance with recommendations) 	<ul style="list-style-type: none"> • Permanent Separation 	

Sanctions for Organizations			
Policy	First Violation	Second Violation	Third Violation
<ul style="list-style-type: none"> All alcohol and other drug violations 	<ul style="list-style-type: none"> Official Warning or Disciplinary Probation Educational program for members Leadership training/enhancement plan Loss of specific social privileges Fine 	<ul style="list-style-type: none"> Disciplinary Probation or Loss of University Recognition (if within one year of first incident) Restriction of privileges Educational program Fine 	<ul style="list-style-type: none"> Permanent Loss of University Recognition (if within three years of first incident) Loss of university housing

Elon University Annual Security Report Statistics

The Higher Education Opportunity Act mandates that institutions report in their *DFSCA Biennial Review* the number of drug and alcohol-related violations and fatalities that occur on campus or as part of the institution's activities including sanctions that are imposed as a result of those violations.

Annual Statistics for Alcohol- and Drug-Law Disciplinary Referrals for violations occurring on university owned- or operated property or property immediately adjacent to Elon University property:

2019

Disciplinary Referrals for Liquor Law Violations: 282

Disciplinary Referrals for Drug Law Violations: 87

2020

Disciplinary Referrals for Liquor Law Violations: 259

Disciplinary Referrals for Drug Law Violations: 64

2021

Disciplinary Referrals for Liquor Law Violations: 274

Disciplinary Referrals for Drug Law Violations: 63

Liquor Law Violations

The violation of laws or ordinance prohibiting: the manufacture, sale, transporting, furnishing, possessing of intoxicating liquor, maintaining unlawful drinking places; bootlegging, operating a still furnishing liquor to minor or intemperate person, using a vehicle for illegal transportation of liquor, drinking on a train or public conveyance; all attempts to commit any of the aforementioned. Intoxication and driving under the influence are also included in Elon statistics.

Drug Law Violations

Violations of state and local laws relating to the unlawful possession, use, manufacturing, distribution, or sale of illegal or controlled substances. Examples of prohibited substances include but are not limited to the following substances and/or any derivatives: cocaine (*i.e., Dimethocaine, Crack*); amphetamines (*i.e., Adderall, Benzedrine, Methamphetamine*); opioids (*i.e., Morphine, Heroin, OxyContin, Codeine, Methadone, Fentanyl*); and marijuana, including synthetic cannabinoids (*i.e., K2, Spice*).

Source: [2021 Annual Security and Fire Safety Report](#) (Elon University)

Elon University Code of Conduct Charges and Findings (AOD violations)

Elon's honor code and code of conduct apply to both individual student and organizational behavior:

- Occurring from the time of admission until the actual awarding of a degree (applying to behavior that occurs before classes begin or after classes end, as well as during periods between terms of enrollment unless a student has completed the process of withdrawal from the university);
- In the classroom and at all locations and events on Elon University owned or leased property;
- In locations and at events not occurring on campus, including those involving non-campus individuals and organizations;
- In locations abroad, including involvement with all individuals and organizations; and via email, via text, online or through any other electronic medium.

The Code of Conduct applies to guests of community members and hosts may be held accountable for the misconduct of their guests. The code may also be applied to special admission or high school dual enrollment students. The University retains conduct jurisdiction for any misconduct that occurs while someone is a student.

Code of Conduct Charges and Findings	2019-2020	2020-2021	2021-2022
Number of Respondents Charged	361	573	453
Number of Respondents Found Responsible (for one or more charge)	251	430	316
Number of Respondents Charged (per type of violation):	2019-2020	2020-2021	2021-2022
Possession and/or Consumption of Alcoholic Beverages by Students <i>Under 21 Years of Age</i>	269	456	352
Being Under the Influence of Alcoholic Beverages	26	26	32
Extreme Intoxication	7	5	13
Rapid Consumption of Alcohol or Actions that May Endanger the Well-being of Self or Others	17	7	1
Public Consumption and/or Possession of Alcohol	5	4	12
Provision and/or Distribution of Alcohol to Students <i>Under 21 Years of Age</i>	6	9	4
Sponsorship of an Activity Involving the Unauthorized use of Alcoholic Beverages by Individuals, Residential communities, or University-Recognized Organizations	8	11	3
Possession of a Keg, Common Alcohol Beverage Container or Excessive Amounts of Alcohol on University-Owned Property or by a Student Organization on/off the Campus	0	4	0
Alcohol-related vehicular violations *(Driving Under the Influence - DUI)	4	11 (DUI)	2 (DUI)
Use or Possession of Controlled, Illegal or Prohibited Substances	70	83	92
Distribution or Sale of Prohibited, Controlled or Illegal Substances	4	4	5
Possession of Drug Paraphernalia	50	63	73

Source: Office of Student Conduct (Elon University)

University Faculty and Staff Drug Policy

Statement of Standards

Each individual employee contributes to the total success of the University. As an employee of Elon University, each staff member should accept and promote the aims and objectives of the University and show an overall concern for its welfare.

All employees are expected to uphold and comply with the university's alcohol and substance use policies. The unauthorized use of alcohol or being intoxicated or under the influence of controlled substances while at work or on University business is prohibited.

For a complete listing of employee standards, see [Statement of Standards](#). Additional standards of conduct relevant to substance use can also be found under [Standards of Conduct and Corrective Action](#).

Drug-Free Workplace Statement (updated 10/20)

This information is presented in compliance with Part 86 of the Drug Free Schools and Campuses Act regulations and is presented to provide Elon University students and employees with the following: **(1)** standards of conduct, **(2)** applicable federal, state, and legal sanctions, **(3)** a description of the health risks associated with the use of alcohol and other drugs, **(4)** a description of campus resources available to students including prevention and treatment resources, and **(5)** University disciplinary sanctions as outlined in the Student Handbook. In addition, this document serves as an opportunity to solicit your compliance with these policies and encourage your active participation in fostering a responsible, safe, and caring community.

Alcohol and Drugs

The University recognizes that alcohol and substance use in the workplace is a major concern. It is believed that, by reducing drug and alcohol use, the University will improve the safety, health, and productivity of employees. The object of the University's alcohol and drug policy is to provide a safe and healthy workplace for all employees, to comply with federal and state health and safety regulations, and to prevent accidents.

The use, possession, sale, transfer, purchase, being under the influence of intoxicating liquor, illegal drugs, or other intoxicants by employees at any time on University premises or while on University business is prohibited.* The illegal use of any drug, narcotic or controlled substance is prohibited. Employees must not report for duty or be on University property while under the influence of, or have in their possession while on University property, any intoxicating liquor, marijuana or illegally obtained drug, narcotic, or other illegal substance. Possible sanctions for violations of this policy will include termination of employment with the University.

**Alcohol may occasionally be served at University-sponsored events. Employees who attend these events are expected to exercise sound judgment and use discretion in consumption.*

Smoking Policy and Tobacco Use

Elon University is a **smoke free campus** with respect to all facilities, except outdoor facilities. Smoking is not permitted within 30 feet of University Buildings or in Rhodes Stadium. For purposes of this policy, smoking is defined as the act of lighting, smoking, or carrying a lighted or smoldering cigar, cigarette, or pipe of any kind, including vapes and electronic cigarettes. This policy applies to:

- Students
- Faculty and Staff
- Persons using vehicles owned or leased by the University
- Campus visitors include contractors, consultants, and temporary employees. Contractors are expected to designate smoking areas on their work sites, to be approved by the University

- Employees of companies contracted to work at University such as dining services, the bookstore, etc.

It is expected that individuals who smoke will show concern for the neatness of the area and put smoking-related waste in proper receptacles provided for that purpose. Personal safety measures should be followed at all times.

The success of this policy depends upon the consideration and cooperation of both smokers and non-smokers. All members of the Elon University community share the responsibility of adhering to and enforcing this policy.

There is no safe level of exposure from secondhand smoke and all forms of tobacco use carry health risks. For more information about these risks visit the [Centers for Disease Control and Prevention \(CDC\) website](#).

Source: [Staff Manual](#) (Elon University)

University Athletics AOD Policies

Alcohol Policy

The laws of the state of North Carolina set the minimum age for drinking and purchasing alcohol to 21 years. Those older than 21 are prohibited from purchasing and selling alcohol to those under the minimum age. All students of Elon University are expected to follow all local, state and university regulations regarding alcohol possession.

The Department of Athletics does not tolerate illegal use or possession of alcohol. In addition, those of legal age are expected to use good critical thinking skills in making decisions regarding alcohol consumption. Upperclassmen and those of legal age are expected to serve as role models and citizens who abide by all local, state and university laws and regulations.

All student-athletes are prohibited from the consumption of or being under the influence of alcoholic beverages in connection with any team function. A team function for purposes of this policy includes the following:

1. When traveling to or from a site or at that site with a team, as a representative of the team or coaching staff, and/or serving in an official capacity for the Department of Athletics.
2. At any intercollegiate athletic event and/or practice session(s), including sanctioned team parties, on or off campus; and
3. At any time while representing the team or the University (ex. summer camps, clinics, recruiting activities, community service, speaking engagements, etc.)

Any student-athlete violating these policies may be subject to disciplinary action by his/her coach, the Department of Athletics, Elon University, the state of North Carolina, and local government law enforcement agencies.

Additionally, events involving alcohol or other drugs in your residence hall room are your responsibility, and you will be held accountable to residence life, Elon, and NCAA regulations.

Tobacco Policy

The use of tobacco is generally discouraged even where not prohibited by law. Teams may have individual policies regarding tobacco use. The NCAA has certain rules governing the use of tobacco. According to the section 11.1.5 of the NCAA rules:

The use of all tobacco products is prohibited by players, coaches and all game personnel (e.g., athletic trainers, managers, and game officials) in all sports during practice and competition. Uniform penalties (as determined by the applicable rule-making committees and sports committees with rule-making responsibilities) shall be established for such use.

Further, the use of tobacco products by student-athletes in any university athletics facilities (locker rooms, meeting rooms, offices, etc.) or mode of transportation is prohibited.

Sanctions are administered at the discretion of the Head Coach and the appropriate sport supervisor.

Drug Testing Policy

Drug Testing and Education/Rehabilitation Program Objectives:

- A. To serve as a means of deterrence for our student-athletes regarding illegal drug use.
- B. To identify those student-athletes who participate in illegal drug use, as defined by the NCAA.
- C. To provide a program of education/rehabilitation for those student-athletes who test positive.
- D. To revoke the privilege of participation in intercollegiate athletics at Elon University for those student athletes, who despite the education/rehabilitation program, continue to abuse illegal drugs.

Administration

Any student-athlete who has a drug abuse problem is encouraged to seek help before punitive action is taken by the Department of Intercollegiate Athletics. Student-athletes may receive on campus counseling through Elon University Counseling Services (in conjunction with the Office of Student Life). A number of off-campus, private facilities are also available in the Burlington/Elon University/Alamance County area. At various times throughout the academic year, student-athletes will be selected through random selection and reasonable suspicion to participate in the drug-testing program. Upon notification the student-athlete will be directed to report to the designated location where they will be asked to provide a sample for drug screening purposes. All student-athletes are subject to drug testing. The urine samples will be collected in accordance with chain of custody procedures established by the Department of Health and Human Services and the Department of Transportation. Each sample will be tested to determine if drugs are present using I-screen quick test. In the event that a positive test indicates the presence of one or more substances, the sample will be sent to an independent laboratory for re-testing to validate the initial test reliability. All positive results will be communicated to the athletic department's Director of Athletic Training Services who will inform the athletics director, the sport administrator the sport athletic trainer and the coach for that athlete's particular sport. Little or no notice may be given for a forthcoming drug test. However, all athletes are expected to provide a urine sample of sufficient quantity to be properly tested. In the event the sample is still of insufficient quantity the participant may be suspended from any team activity, practice, or game. Re-test will be administered at the discretion of the Department of Athletics.

The drug screening process includes, but is not limited to the following substances:

- Amphetamines
- Marijuana (Cannabinoid)
- Cocaine (Benzoyllecgonine)
- Opiates
- PCP (Phencyclidine)

Sanctions

A. First Offense

1. Following the first positive drug test, the following athletic personnel will be informed by the Director of Athletic Training Services.
 - a. Athletics Director
 - b. Sport Administrator
 - c. Sport Athletic Trainer
 - d. Head Coach of the Athlete's Sport
 - e. Student-Athlete
2. The parents will be informed by the student-athlete in the presence of the Head Coach and Director of Athletics Training Services and/or sport athletic trainer.

3. Mandatory participation and completion of a drug education/rehabilitation program.
4. The student-athlete is suspended for ten percent of his or her championship season participation. (Not to be less than one contest and any fraction of a game will be rounded to the nearest whole number.)
5. The student-athlete will be tested during all scheduled drug tests for one year subsequent to first positive drug test.

B. Second Offense

1. Following a second positive drug test, the following athletic personnel will be informed by the Director of Athletic Training Services:
 - a. Athletics Director
 - b. Sport Administrator
 - c. Sport Athletic Trainer
 - d. Head Coach of the Athlete's Sport
 - e. Student-Athlete
2. The parents will be informed by the student-athlete in the presence of the head coach, the Director of Athletic Training Services and/or the sport athletic trainer.

Cocaine/Heroin/Hallucinogens

Due to the well-documented dangers of cocaine, heroin, and hallucinogens, the Department of Athletics has chosen to put these substances in a special class of substance use. Anyone testing positive for cocaine, heroin, or hallucinogens will automatically be dealt with in the same manner as a second-time offender—**Immediate dismissal and termination of athletic grant-in-aid.**

It should be noted that any athlete who fails to willingly participate in the drug testing program and/or fails to comply with the program is treated the same as an athlete with a first or initial positive drug test. Also, any student-athlete that does not complete and/or participate in the education/rehabilitation program is considered to have sustained a second positive drug test and the student-athlete is subjected to the sanctions of that offense. All positive drug tests for drugs are cumulative throughout an athlete's career at Elon University.

Education/Rehabilitation Program

Within 72 hours after the initial positive drug test and notification by the athletic department a student-athlete will be referred to the Elon University Team Physician and/or counseling services. Following the initial assessment the Team Physician and/or counseling service staff will make a recommendation as to follow-up based on the outcome of the assessment and the individual needs of the student-athlete referred.

Any cost occurred as result of an off-campus referral will be the responsibility of the parents/guardian, and/or student-athlete. The secondary/excess athletic insurance offered by the athletic department would not cover such costs.

If the length of time for the education/rehabilitation program exceeds the length of time that the student-athlete serves his or her game(s) suspension, it is recommended that the student-athlete be allowed to resume athletic competition as long as the student-athlete continues the education/ rehabilitation program to completion. If at any time the student-athlete violates any provision of the education/rehabilitation program, that would constitute a second positive offense and student-athlete would be dismissed from the program **(See Section III SANCTIONS)**.

If you have any questions regarding this program, please contact the Director of Athletic Training Services at Elon University.

Source: [2022 Student-Athlete Handbook](#)

HEALTH RISKS ASSOCIATED WITH ALCOHOL AND OTHER DRUGS

The use or misuse of alcohol and other substances increases the risk for several health-related and other medical, behavioral, and social problems. Below is a general description of the health risks associated with substance use/misuse. For a more complete list of substance-related health risks, visit the [National Institute on Drug Abuse](#) (NIDA).

Name and Common Forms	Possible Health Effects
<p><u>Alcohol</u> <i>Spirits, wine, beer, malt beverages, hard seltzers</i></p>	<p>Even in low doses, alcohol can significantly impair judgment and coordination. Small amounts can also lower inhibitions and compromise decision making. Moderate to high doses can cause impairments to brain function and the inability to retain information. High doses (alcohol poisoning) may result in respiratory depression and even death. Symptoms of overdose include cold, clammy, or blue-tinged skin; slow, shallow breathing; vomiting; and/or loss of consciousness/unresponsive. Repeated and long-term use of alcohol can lead to alcohol use disorder and permanent neurological and liver damage. Combining alcohol with other substance use is unsafe and can have unpredictable consequences.</p>
<p><u>Cannabis (Marijuana/Pot/Weed)</u> <i>Greenish mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil)</i></p>	<p>The active psychoactive ingredient in marijuana is delta-9-tetrahydrocannabinol or THC. Users of marijuana experience enhanced sensory perception and euphoria followed by drowsiness, relaxation, slowed reaction time, impaired memory and coordination, increased heart rate, appetite, and anxiety. Cannabis may alter sense of time, reduce ability to perform tasks requiring concentration and coordination, and impair driving ability. For some individuals cannabis may produce paranoia, psychosis, and worsen symptoms of anxiety.</p>
<p><u>Synthetic Cannabinoids</u> <i>K2, Spice</i></p>	<p>Synthetic cannabinoids are human-made, mind-altering chemicals typically sprayed on dried, shredded plant material and smoked or sold as liquids to be inhaled in e-cigarettes and other electronic devices. Cannabinoids are similar to chemicals found in the natural marijuana plant. Some studies indicate that synthetic cannabinoids are from three to over 100 times more potent. Physiological effects may be similar and/or stronger than high potency marijuana, such as increased heart rate, impaired short-term memory, and comprehension, altered perception, reduced ability to perform tasks requiring concentration and coordination, and impaired driving ability.</p>
<p><u>Cocaine</u> <i>Freebase, Crack, Hydrochloride</i></p>	<p>Cocaine is a powerfully addictive substance that stimulates the central nervous system and causes a variety of adverse effects on the body. Immediate effects include dilated pupils and elevated blood pressure, heart rate, respiratory rate, and body temperature. Occasional use can cause nasal irritation, while chronic use can ulcerate the mucous membrane of the nose. Physiologically, the cardiovascular system is most affected by long-term use and can lead to death by cardiac arrest or respiratory failure.</p>
<p><u>Depressants</u> <i>Barbiturates and Tranquilizers</i></p>	<p>Depressants affect the central nervous system by slowing down the messages between the brain and body. Small amounts can produce calmness, drowsiness, and relaxed muscles, but larger doses can cause slurred speech, unsteady gait, and altered perception. Large doses can cause respiratory depression, coma, and death. Combining depressants and alcohol increases the risk of life-threatening symptoms. Depressants slow brain activity and are useful in treating mental health disorders. Prolonged use can lead to physical dependence even at doses recommended for medical treatment.</p>
<p><u>Hallucinogens</u> <i>PCP, LSD, Mescaline, Peyote, Psilocybin, Ketamine</i></p>	<p>Hallucinogens (or psychedelics) are substances that distort perceptions, sensations, self-awareness, and emotions. The physical effects of hallucinogens include dilated pupils, elevated body temperature, increased heart rate and blood pressure, loss of appetite, sleeplessness, and tremors. Phencyclidine (PCP) interrupts the functions of the brain that controls intellect and instinct. PCP blocks pain receptors and users may have violent PCP episodes resulting in self-inflicted injuries. Hallucinogens such as Lysergic Acid Diethylamide (LSD), Mescaline, and Psilocybin can cause users to experience sounds, images, and sensations that appear real but do not exist.</p>

<p><u>Opiates</u> <i>Heroin, Methadone, Fentanyl, Codeine, Morphine, Meperidine</i></p>	<p>Opiates are substances which relieve pain and initially produce brief feelings of euphoria that is often followed by drowsiness, nausea, and vomiting. Other effects may include shallow breathing, reduced appetite, thirst, and libido. Opiates produces symptoms of lethargy, heavy limbs, inability to concentrate, and loss of judgment and self-control. Overdoses may produce respiratory depression, clammy skin, convulsions, coma, and death. Use of opiates can lead to physical and psychological dependence. Withdrawal from opiates is a very painful and difficult process. For information on Fentanyl click here.</p>
<p><u>Prescription Stimulants</u> <i>Amphetamine, Dextroamphetamine, Methylphenidate</i></p>	<p>Prescription stimulants are medicines generally used to treat attention-deficit hyperactivity disorder (ADHD) and narcolepsy by increasing activity of the brain chemicals dopamine and norepinephrine. They increase alertness, attention, and energy. Stimulants also raise heart and respiratory rates, elevate blood pressure, dilate pupils, and decreases appetite. At high doses, prescription stimulants can lead to a dangerously high body temperature, an irregular heartbeat, heart failure, and seizures. When combined with alcohol stimulants mask the depressant action of alcohol increasing the risk of alcohol overdose.</p>
<p><u>Tobacco and Nicotine</u> <i>Cigarettes, e-cigarettes, vaping devices, cigars, bidis, hookahs, kreteks, smokeless tobacco, snuff, spit tobacco, chew</i></p>	<p>Tobacco use is the number one cause of preventable death in the United States. Smokers are more likely than nonsmokers to contract heart disease and lung cancer. Tobacco users are also at an increased risk of larynx, esophageal, bladder, pancreatic, and kidney cancer. Chronic obstructive lung diseases, such as emphysema and chronic bronchitis, are 10 times more likely to occur among smokers than among nonsmokers. Smoking during pregnancy poses significant risks, such as miscarriage, premature birth, and low birth weight. Nicotine is the primary cause for the psychological and physical addictive forming properties of tobacco, including vaping.</p>
<p><u>Vaping</u> <i>Electronic Cigarettes</i></p>	<p>Vaping is the act of inhaling and exhaling an aerosol produced by heating liquid nicotine. Electronic cigarettes (e-cigarettes) often contain nicotine, flavorings, and other additives. Nicotine is readily absorbed from the lungs into the bloodstream when vaping. Used in any form, nicotine is a highly addictive substance that activates the brain's reward system, increases dopamine levels, and reinforces reward-seeking behaviors. While e-cigarettes may have the potential to benefit adult smokers who are not pregnant if used as a complete substitute for tobacco cigarettes, current research suggests that e-cigarettes are not safe for youth, young adults, pregnant women, and adults who do not currently use tobacco products.</p>

2020 – 2021 End-of-Year Highlights and Accomplishments

- Launched Phoenix Free, a collegiate recovery community, which includes a student ambassador, recovery ally training, website, and other resources for students in or seeking a substance-free lifestyle.
- Collegiate Recovery initiative featured in Today at Elon: [Elon expands student support services to include collegiate recovery](#) highlighting the Phoenix Free and National Recovery Month.
- Student Wellness Programs disseminated a customized parent resource guide and hosted webinar (A Parent Handbook: Talking with Your College Student About Alcohol) on August 10, 2020 in partnership with Office of Dean of Students and Office of Parent Engagement.) Guest presenter, Dr. Rob Turrisi of Penn State.
- In partnership with Red Oak Recovery, hosted **Join the Voices of Recovery** webinar in support of National Collegiate Recovery Month in September.
- Throughout department facilities and programs, staff and participant feedback indicated a positive influence of Campus Recreation & Wellness participation on physical and mental health, social connectedness, and belonging.
- Worked collaboratively with Video Technology and Residence Life to develop and produce **HealthEU** educational video on key alcohol policy messages, community standards, and personal responsibility presented during NSO sessions. YouTube: <https://youtu.be/tyw9lhV1DOK>
- Reopened indoor facilities on September 7 with several health and safety modifications, including an online workout reservation system, after nearly six months being closed and gradually increased capacity from 20-50 throughout the year as campus, local, state, and national restrictions eased.
- Presented the 6th annual Love Your Body Week with in-person and virtual opportunities for students to engage; the program was highlighted by a keynote by Mike Marjama, former professional baseball player who shared his story about overcoming disordered eating and perfectionism, and featured several fitness, nutrition, mental fitness, and general well-being programs throughout the week
- Strengthened education, programming, and enrollment in the ASHES, LLC residential learning community through improved and integrated initiatives that support holistic wellness.
- 11 peer educators received the NASPA Certified Peer Educator certification in September and new peer educators received the certification through WHE 175, a two-credit academic course offered this spring through the School of Education and taught by Charlotte Williams, Associate Director for Student Wellness.
- Developed a position description and position justification for securing a part-time collegiate recovery specialist position.
- Attended ARHE Mid-Atlantic Collegiate Recovery Conference in VA with Phoenix Free Program Assistant. (Eleanor survey collegiate recovery programs across mid-Atlantic to identify best practices for building capacity and sustainability).
- Annual “Letter to Parents” from President Lambert sent to parents introducing the online education programs and outlining community expectations regarding choices about alcohol use and consequences associated with misuse.
- Increased alcohol awareness and knowledge of risk reduction strategies through activities and tabling events in support of National Collegiate Alcohol Awareness Week (NCAAW) October 16-20.

2021 – 2022 End-of-Year Highlights and Accomplishments

- Partnered with Video Technology to create script for Phoenix Free Video production featuring two Elon students. YouTube: https://youtu.be/8KH3_dbUABs?feature=shared
- In August 2021, Dr. Rob Turrisi of Penn State and Student Wellness Programs hosted a webinar (**A Parent Handbook: Talking with Your College Student About Alcohol**) in partnership with Office of Dean of Students and Office of Parent Engagement, including implementation of a customized parent resource guide with a letter from the Dean of Students.
- A part-time Collegiate Recovery Specialist was hired to provide dedicated support and coordinate Phoenix Free and recovery-specific events.
- The ASHES LLC was nominated as **2022 Program of the Year** by the Residence Life Living & Learning Community for strengthening community engagement and fostering a vibrant community.
- Education and outreach initiatives are designed to foster learning, promote awareness and acceptance of recovery, eradicate stigma, and change campus perception of mental health and substance use disorders. Elon's strategic vision is to cultivate a recovery-minded campus. Listed below are a few of our key events during 2021 – 2022:
 - *I Support Collegiate Recovery Because ...* A week-long, creative art display featured in the Moseley Student Center illustrating student testimonials from 75 students, faculty, and staff supporting why recovery is important.
 - April 2022, co-sponsored fac/staff professional development webinar: **Risk, Response, and Recovery: Supporting Students Through End of Semester Struggles** in partnership with sponsored the University Council on Alcohol and Other Drugs.
 - CRC Leadership Team facilitated multiple Facebook Live Student and Parent Engagement Sessions on Prevention, Collegiate Recovery, and Campus Resources at Elon.
 - Sponsored #WearPurple Wednesdays in September 2021, a month-long campaign to celebrate National Recovery Month. The campus community was encouraged to wear purple in solidarity and support of collegiate recovery.
 - April 15th is National Collegiate Recovery Day. Sponsored an information dissemination event to raise awareness of collegiate recovery and promote Phoenix Free. Approximately 150 attendees. Elon President Connie Book posted support #CollegiateRecoveryDay via Instagram/Twitter.
 - CRC Leadership Team facilitated multiple on-going recovery ally trainings throughout the year: "Recovery is Spoken Here" to educate students, faculty, and staff on inclusive language and how to best support students in recovery.
 - CRC Leadership team advised and provided mentorship to undergraduate intern in independent study (**An Exploration of Collegiate Recovery Communities Growth and Best Practices**) researching collegiate recovery campuses across mid-Atlantic region and identifying best practices for building program capacity and sustainability.

Peer Support

- Hosted two Phoenix Free inaugural “Sober Tailgate” events at Rhodes Stadium during the 2021 football season. Elon President, Connie Book participated in Phoenix Free’s Homecoming Sober Tailgate event. Sober tailgates are signature collegiate recovery events that promote risk reduction and raise awareness. (*Note: Due to COVID-19, the CAA suspended the fall 2020 football season, thus Elon University suspended fall sports in 2020*).
- Phoenix Free students and staff attended ARHE Mid-Atlantic Collegiate Recovery Conference in VA. (Student Assistant surveyed multiple collegiate recovery programs representing mid-Atlantic region to identify best practices for building capacity and sustainability).
- Presented to Elon’s Student Government Association (SGA) Meeting providing information on Phoenix Free and opportunities to support students in recovery.

Professional Development

- In June 2022, the Coordinator of Student Wellness/CRP Coordinator was awarded a full scholarship to pursue a Master of Public Health degree at the Johns Hopkins Bloomberg School of Public Health with a concentration in Addiction and Overdose.
- CRC Leadership Team invited to serve as a new member institution of the Collegiate and University Policy Advisory Council (a state-wide collegiate recovery coalition for NC Colleges and Universities).

Public Health Practicum Experience (Winter Terms 2020, 2021)

- **Department of Public Health Studies (Elon University)**
Supervising Department: Campus Recreation and Wellness
 - Facilitated 100+ hours of direct supervision, guidance, and support to undergraduate public health interns gaining practical experience and leadership skills within areas of substance use prevention, health promotion, and health education.

Research Participation and Assessment (March 2020 – March 2021)

- **Alcohol eCheckUp and AOD Educational Outcomes**
Report Author: Callie Kelly
Contributors: Detric Robinson-Miller and Jenni Spangenberg
 - Conducted data analysis on student drinking behaviors and campus trends during COVID-19 and efficacy of online alcohol education program. Worked collaboratively with assessment team to ensure confidentiality of data.

Ongoing Substance Use Prevention and Recovery Presentations

- Collaboration with Undergraduate Admission. **Student Wellness Prevention and Recovery Programs**. New Student Programs Session. (Facebook Live).
- **Recovery is Spoken Here: Collegiate Ally Training**. Student Life Retreat Breakout Session. Division of Student Life.
- **Substance Education and Collegiate Recovery**. Elon Bound Parent Engagement Session. (Facebook Live). Undergraduate Admissions.

- ***Wellness Passport: Taking Care of Your Well-Being Your First Year of College.*** ACTIVATE Residential Experience. Campus Recreation and Wellness.
- ***Substance Education and Collegiate Recovery Community Programs at Elon.*** New Student Programs Session. (Facebook Live).
- ***Risk, Response, and Recovery: Supporting Students Through End of Semester Struggles.*** Panelist. University Council on Alcohol and Other Drugs.
- ***Cultivating an Inclusive Community.*** Team Leader Retreat. Breakout Session. Campus Recreation and Wellness.
- ***Prevention, Intervention, and Recovery Services.*** (Webinar). SPARKS Peer Education Training. Student Wellness Programs. Elon University.
- ***Let's Talk About Difficult Conversations.*** Team Leader In-Training Series. Campus Recreation and Wellness.
- ***Breaking the Stigma: It's All About the Language.*** (Webinar). Moderator and Panelist. Red Oak Recovery Services and Student Wellness Programs. Elon University.
- ***Recovery is Spoken Here: Collegiate Ally Training.*** (Webinar). Panelist. University Council on Alcohol and Other Drugs.

Division of Student Life Priorities
AOD-Related Recommendations

2020 - 2021

WELLNESS and WELL-BEING: *Foster holistic wellness by inspiring and educating students who are active, resilient, and mentally healthy and engage in meaningful and purposeful commitments within their communities*

Goal: Implement plans to assist students integrating back to campus following remote learning.

- For higher education institutions, including Elon University, the pivot to online education in spring 2020 due to the COVID-19 pandemic uprooted the highly valued in-person experience of a residential university. Although the university stayed committed to bringing students back in-person for the year, some students opted to take classes online due to safety concerns. For Elon University, approximately 100 students chose to move out of campus housing in fall 2020 and take classes fully online while another 40 students decided to take classes remotely while staying in their on-campus assignment. As Elon prepared for in-person classes in winter and spring 2021, we developed a plan to integrate all students back to campus in a healthy and safe way, while understanding that social connections and sense of belonging are important for student well-being.
- A committee of approximately 16 people from across the university began to meet in fall 2020 to plan for student engagement opportunities in winter and spring 2021. An emphasis was placed on marketing in-person and virtual events so the campus community was informed about the many student events planned to start as soon as students returned from the winter break.

Goal: Establish or expand recovery community and/or support programs on campus. Implement screening/wellness days focused on substance use and common mental health issues on a regular basis.

- Updated annual Drug Free Campuses document to include information about expanded recovery community support programs on campus and for assessment and treatment of substance use disorders. Elon students seeking peer support and an opportunity to engage in a substance-free college experience are encouraged to connect with the Collegiate Recovery Community (CRC). The CRC is a student-led program and provides students with opportunities to network, make new friends, and participate in social events. Resources for assessment and treatment are available through the Counseling Services website.

Goal: Provide and publicize screening tools for depression, anxiety, and substance use disorders on counseling and or health education websites.

- Mind Wise is an online tool with various screenings available for depression and anxiety, alcohol use, disordered eating, and general well-being. This fall, the alcohol screening from Mind Wise was included in the regular mental health screening event that takes place each semester with 78 students completing the online screening and a total of 410 students completing the screening since August 2020.

Goal: Complete recommendations from the Council on Wellness and Well-being designated for implementation in the 2020-2021 academic year.

- In response to feedback from students, Counseling Services staff worked to provide additional resources to manage after-hours care/emergency situations and more streamlined access to the counselor on call. Starting in Winter 2021 students can call directly to the Crisis Counselor on Call. The new campus number (336) 278-2222 was widely publicized to students and will allow student direct access without having to call Campus Safety and Police to be connected. The number of calls to

the Counselor on Call (August-April) was 222. This compares to 148 calls the same time in AY 19/20, and 124 in AY 18/19.

- The Office of the Dean of Students also revised messaging to new students to promote the Counselor on Call system as a means of rapid response to students in acute distress.
- The Assistant Dean of Students worked with Resident Assistants to facilitate more timely and appropriate referrals to the Counselor on Call when students may be in distress.

Goal: Implement campus wide educational campaigns that promote shared responsibility for student emotional well-being.

- Counseling Services transitioned from the former online suicide prevention training, QPR, to a new program, called Kognito At-Risk. Kognito At-Risk is available to the entire Elon community, with a module specific to faculty and staff and another to students, to help create a safer and more supportive campus. As a community committed to wellbeing, Counseling Services is reaching out to and encouraging all faculty, staff, and students to complete this training to help notice signs of distress, use techniques to discuss concerns, and, if necessary, refer students to appropriate resources.

Goal: Develop, expand, or strengthen gatekeeper-training program for relevant campus faculty and staff in identifying, reaching out to, and referring students who may be struggling.

- Counseling Services has also launched a new online mental wellness tool, called WellTrack. WellTrack allows students to track their moods, feelings and thoughts while providing coping mechanisms to mitigate intense stress levels. Students may register for their free account by downloading the WellTrack app and using their Elon email to register.

2021 - 2022

WELLNESS and WELL-BEING: Foster holistic wellness by inspiring and educating students who are active, resilient, and mentally healthy and engage in meaningful and purposeful commitments within their communities

Goal: Complete the JED Campus four-year process for enhancing systems, programs, and policies to address student mental health, substance use, and suicide prevention, and implement the post-program campus survey.

- The Council on Wellness and Wellbeing mapped strategies to complete the JED strategic Initiatives through Spring 2022. Progress on these initiatives included:
 - Implemented campus-wide educational campaigns that promote shared responsibility for emotional well-being through faculty/planning week programming and departmental training on Kognito and outreach.
 - Student Care and Outreach collaborated with a team of faculty and staff in the Center for Teaching and Learning to develop faculty resources and a workshop for working with students who are in distress and experiencing health concerns.
 - Counseling Services led and co-facilitated a variety of student-centered groups and skill-based workshops this year. Most were offered in person; some were offered virtually for enhanced access. Newly offered groups were designed specifically to extend outreach support to those marginalized student communities on Elon's campus (e.g., ALANAM and/or LGBTQIA identifying students) as well as to those who may not typically access mental health services on campus (e.g., graduate students). Many new groups/workshops were reactivated or initiated in the Spring 2022 semester.

- Several strategies were implemented to increase access and utilization of physical and mental health services, including piloting a new virtual telehealth service for medical and mental health concerns.
- The Council on Wellness and Wellbeing also petitioned the JED Foundation to postpone implementation of the Healthy Minds student survey to fall 2022. This will provide better support through the Institutional Research Office.

JED Campus Recommendations

Elon University will continue to effectively establish future goals for AOD prevention efforts through review of data for prevention and education programming for the upcoming 2019-2022 years. The University will develop, evaluate, assess, and pursue best practices to create a safe and healthy environment for our students, faculty, and staff. To this end, the following AOD program recommendations have been identified by the JED Campus and progress on these recommendations will be reported within the 2022 Biennial Review:

2019 - 2020

- Direct message new incoming students who self-identify with mental health and/or substance use history about services and resources on campus prior to arrival.
- Educate families of incoming students regarding mental health and substance use resources and services on campus.
- Implement screening/wellness days focused on substance use and common mental health issues on a regular basis.
- Provide and publicize screening tools for depression, anxiety, and substance use disorders on the counseling and/or health education websites.
- Implement (publicize) drug collection/drug return programs for prescription medications on campus.
- Establish or expand recovery community and/or support programs on campus.

2021 – 2022

- Train students to identify, reach out to, and refer their friends/peers who may be struggling with mental health or substance issues.
- Implement standardized screenings for substance use/misuse and common mental health problems by health service clinicians at primary care visits.
- Implement campaigns/programs to encourage help-seeking by de-stigmatizing mental health and substance abuse problems on campus.
- Develop or enhance clinical services for mental health and substance abuse.
- Avail emergency Naloxone to first responders and doses to those at risk for overdose (*as permitted by local law*).

1. Does the institution maintain a copy of its drug prevention program? Yes No

If yes, where is it located? Printed copies of this document are available for review at the reserve desk in Belk Library and in the Office of Human Resources. Additionally, copies are available by request through the Office of The Dean of Students at (336) 278-7200 during normal business hours.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?

a. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities

Students: Yes No Staff and Faculty: Yes No

b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol

Students: Yes No Staff and Faculty: Yes No

c. A description of applicable legal sanctions under local, state, or federal law

Students: Yes No Staff and Faculty: Yes No

d. A description of applicable counseling, treatment, or rehabilitation or re-entry programs

Students: Yes No Staff and Faculty: Yes No

e. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions

Students: Yes No Staff and Faculty: Yes No

3. Are the above materials distributed to students in one of the following ways?

a. Mailed to each student (separately or included in another mailing) Yes (*via email*) No

b. Through campus post offices boxes Yes No

c. Class schedules which are mailed to each student Yes No

d. During freshman orientation Yes No

e. During new student orientation Yes No

4. Does the means of distribution provide reasonable assurance that each student receives the materials annually? Yes No

5. Does the institution's distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution? Yes No

6. Are the above materials distributed to staff and faculty in one of the following ways?

a. Mailed Students: Yes (*via email*) No Staff and Faculty: Yes (*via email*) No

- b. Through campus post office boxes Students: Yes No Staff and Faculty: Yes No
- c. During new employee orientation Students: Yes No Staff and Faculty: Yes No
- d. In another manner (describe): Materials are distributed to students and employees through electronic email and occurs annually at the start of the fall semester.

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?

Students: Yes No Staff and Faculty: Yes No

8. Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?

Students: Yes No Staff and Faculty: Yes No

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?

- a. Conduct student alcohol and drug use survey Yes No
- b. Conduct opinion survey of its students, staff, and faculty
 Students: Yes No Staff and Faculty: Yes No
- c. Evaluate comments obtained from a suggestion box
 Students: Yes No Staff and Faculty: Yes No
- d. Conduct focus groups
 Students: Yes No Staff and Faculty: Yes No
- e. Conduct intercept interviews
 Students: Yes No Staff and Faculty: Yes No
- f. Assess effectiveness of documented mandatory drug treatment referrals for students and employees
 Students: Yes No Staff and Faculty: Yes No
- g. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees
 Students: Yes No Staff and Faculty: Yes No
- h. Other (please list): _____

10. Who is responsible for conducting these biennial reviews? Members of the Council on Alcohol and Other Drugs (faculty/staff); Office of the Dean of Students; and Campus Recreation and Wellness

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review? N/A

12. Where is the biennial review documentation located? The Dean of Students Office and through the Campus Recreation and Wellness website: [Substance Education](#).



For more information, contact:

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