

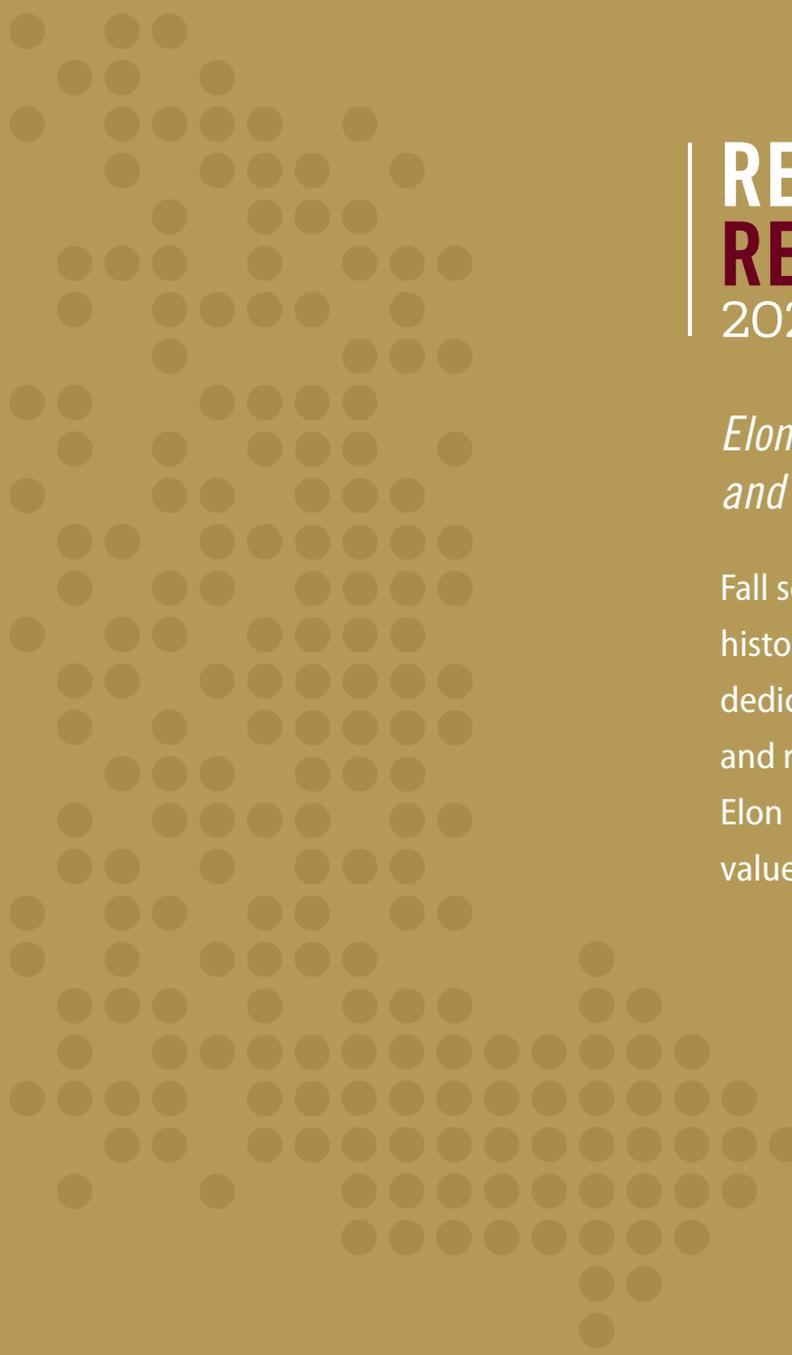
**PROTECT  
YOURSELF**

**PROTECT  
OTHERS**

**PROTECT  
THE ELON COMMUNITY**



**READY &  
RESILIENT**  
2020-2021



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RESILIENT**  
2020-2021

*Elon University's plans for a healthy, on-campus  
and rewarding academic year*

Fall semester 2020 will be unlike any other in Elon University history. We are called to come together and act as one community, dedicated to protecting our shared health and safety. Our resolve and resilience will be tested, but we are up for the challenge. Elon is ready to show the world what we are made of, what we value and what we can accomplish.

# WE ARE ALL IN THIS TOGETHER

The health and safety of our community is our paramount priority as we adapt to the COVID-19 threat. The Elon Honor Code calls each of us to make a solemn, personal commitment to act every day to protect our own health and the health of others.

## WHAT WE EXPECT OF YOU

A commitment to a Healthy Elon:  
Protect yourself. Protect others. Protect the Elon community.

## WHAT YOU CAN EXPECT FROM US

Personal protection equipment, a daily health screening app and frequent information updates to keep you safe and informed.

## STAY INFORMED

Check the Ready and Resilient website daily for the latest information and important announcements:

..... [www.elon.edu/RR](http://www.elon.edu/RR)





## To protect our community from COVID-19

As a member of the Elon University community, I have a personal responsibility to protect my own health and the health and well-being of others. This responsibility is based on the core values of the Elon University Honor Code — honesty, integrity, responsibility and respect.

A healthy community requires my steadfast commitment to specific daily habits and behaviors.

### I COMMIT TO:

#### PROTECT MYSELF

- Perform daily health checks and seek medical advice immediately if I have a fever, dry cough, loss of taste or smell, or other symptoms of COVID-19
- Wash my hands regularly and use hand sanitizer
- Keep my personal and shared common spaces clean

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#### PROTECT OTHERS

- Wear a face covering properly indoors, in classrooms and offices, and in any space where I cannot maintain a six-foot physical distance from others
- Maintain appropriate physical distancing
- Cover my mouth when I cough or sneeze
- Stay home when I don't feel well

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#### PROTECT THE ELON COMMUNITY

- Abide by current gathering limitations on and off campus
- Participate in testing and contact tracing as directed by health officials
- Stay informed and monitor university news and announcements about COVID-19
- Follow any guidance or directives from university or health authorities

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I understand that not abiding by these behaviors may result in disciplinary action, including potential removal from the Elon community.

# YOUR DAILY HEALTH CHECKUP

ANSWER THESE  
QUESTIONS  
ON THE HEALTH  
SCREENING APP



All students, faculty and staff are expected to complete their own daily self-checkup to help monitor their own health. Answer the following questions each day using this guide or our health screening app ([elon.edu/rrhealthscreen](http://elon.edu/rrhealthscreen)):

## SYMPTOMS (answer yes or no to each every day)

YES

NO

In the past 24 hours, have you felt sick, feverish or unwell?

Please consider if you have had any of the following *new* symptoms?

- Cough
- Sore throat
- Short of breath or trouble breathing
- Headache
- Body aches or muscle pain
- Loss of taste or smell
- Runny nose, stuffy nose, sneezing unrelated to allergies

## EXPOSURES (answer yes or no to each every day)

YES

NO

If you have had a runny nose, stuffy nose or sneezing in the past 24 hours, is it getting worse?

Have you been in close contact with someone with a confirmed case or suspected case of COVID-19 in the past 14 days?

Have you been diagnosed with COVID-19?

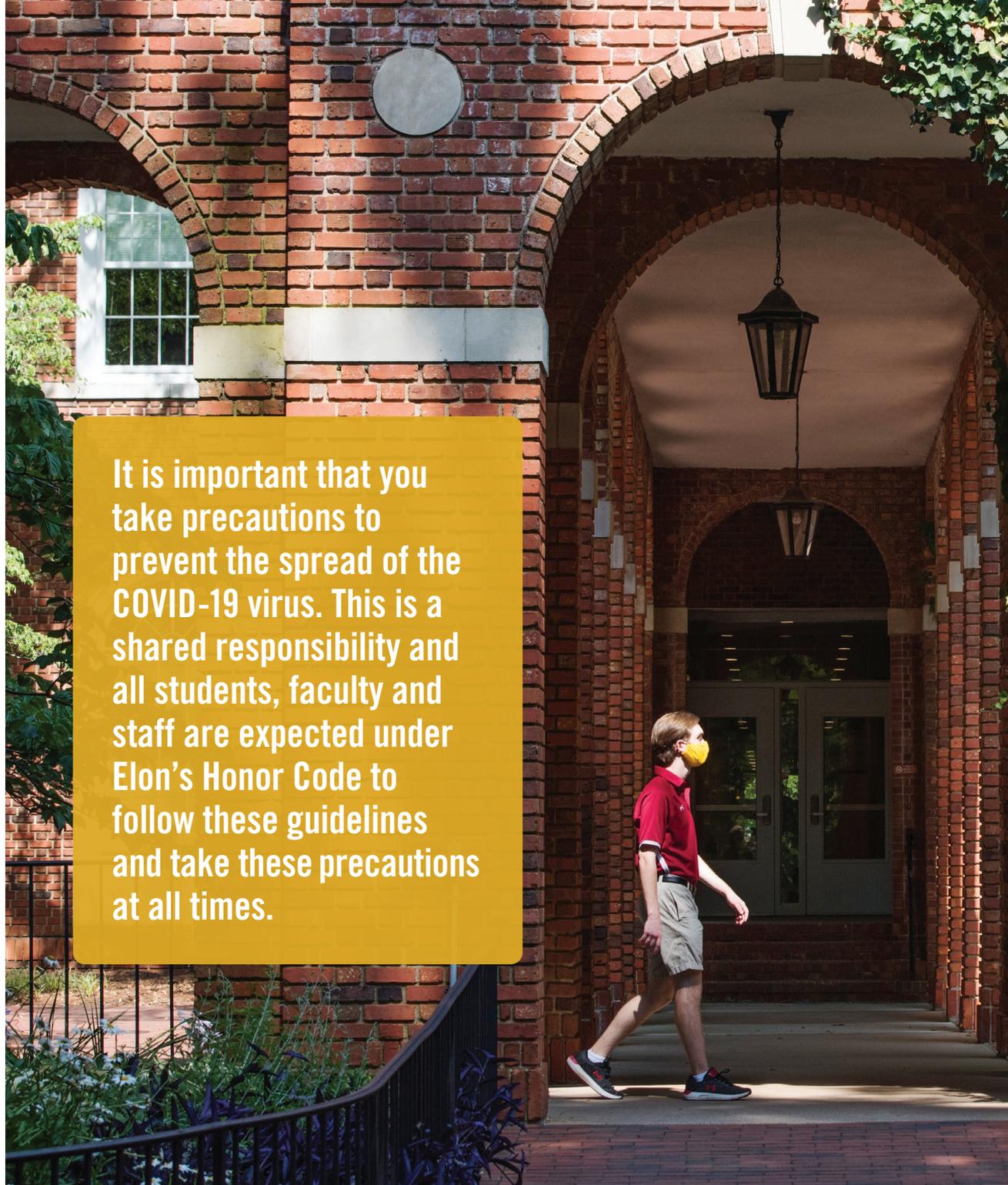
## WHAT TO DO NEXT

- ✘ If you answered **NO** to all, report to class or work.
- ✔ If you answered **YES** to anything, contact Student Health Services, your healthcare provider or Faculty/Staff Wellness Clinic.
- ⚠ If you have traveled outside of your state in the 14 days prior to coming to Elon, contact Health Services or your healthcare provider, as travel is a risk factor.

The web app serves as a tool for self-screening purposes only and is not a diagnostic tool or substitute for medical advice.

**YOUR  
HEALTHY  
HABITS**

It is important that you take precautions to prevent the spread of the COVID-19 virus. This is a shared responsibility and all students, faculty and staff are expected under Elon's Honor Code to follow these guidelines and take these precautions at all times.





### LIMIT

close personal contact and maintain a minimum physical distance of at least six feet.



### WEAR

cloth face coverings while indoors (classrooms, labs, elevators, common areas, etc.) & outdoors when social distancing is not possible.



### WASH

your hands with soap and water for at least 20 seconds as frequently as feasible.



### USE

hand sanitizer after interactions with people or objects if soap and water are not readily available.



### COUGH or SNEEZE

into a tissue, sleeve or elbow, not your hands.



### DO NOT SHARE

drinks, bottles, phones, desks, eating utensils, hygiene products or other personal use items.



### STAY IN PLACE

if you feel ill.



### AVOID

touching your face.



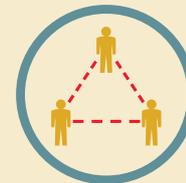
### REFRAIN

from shaking hands or other close bodily contact (including "selfies") with others.



### DISINFECT

any public equipment (fitness equipment, computers, water filling stations, etc.) before and after each use.



### LIMIT

the size of gatherings and follow six-foot distancing guidelines.



### MONITOR

your health daily to identify cases early and to be mindful of contagion. If you begin to have symptoms of COVID-19, self-isolate immediately and contact your healthcare provider.

**WEAR  
YOUR  
MASK**



Everyone on campus is required to wear a face covering over the nose and mouth when indoors. This includes classrooms, public restrooms, open office and common spaces, hallways, meeting rooms, libraries, theaters and other indoor spaces. Face coverings are also required outdoors when six-foot physical distancing cannot be maintained, or during a class or event that might be held outdoors or in a tent.

**The Centers for Disease Control and Prevention (CDC) recommends wearing cloth face coverings to slow the spread of COVID-19 and to help people who may have the virus and do not know it from transmitting it to others. The university is providing appropriate masks to all students, faculty and staff and has adopted a detailed policy on wearing protective face coverings. All members of the community should have multiple washable masks on hand.**

- Students, faculty and staff may use face coverings provided by the university or supply their own.
- Face coverings may be cloth or disposable. They may not have vents or exhalation valves (other than approved NIOSH rated N95 masks).
- Employees may remove face coverings when alone in their own offices or enclosed workspaces.
- Students may remove face coverings in their own residence hall rooms or apartments.
- Students, faculty and staff should have a face covering with them whenever they are on campus.
- Students, faculty and staff who enter facilities without a face covering will be asked to leave.
- Students, faculty and staff may remove face coverings when actively eating or drinking or strenuously exercising.
- Guests, visitors, vendors and contractors will be expected to honor these guidelines and provide their own face covering to keep the Elon community safe.

## Exceptions

- Individuals who are unable to wear cloth face coverings due to a medical or behavioral condition or disability may wear an alternate face covering, such as a shield, and maintain a minimum six-foot physical distance at all times.
- Deans may grant a waiver to this policy for students and faculty in a specific class, if requested by the faculty member and necessary to meet the curricular requirements of the course (e.g., theater, voice, language instruction, etc.). In those classes, a minimum six-foot physical distance must be maintained at all times, in addition to other protocols that may be established by the university.

Students who require accommodations must be registered with Disabilities Resources and contact Disabilities Resources ([disabilities@elon.edu](mailto:disabilities@elon.edu)) for next steps. Employees or campus visitors who require accommodations should contact the Office of Human Resources at [hr@elon.edu](mailto:hr@elon.edu).



# MASK

# 101



# FACT SHEET



## HOW TO WEAR YOUR MASK

- Wash your hands before putting on your mask.
- Handle only by the ear loops or ties.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Don't put the mask around your neck or up on your forehead.
- Don't touch the mask while wearing it, and, if you do, wash your hands or use hand sanitizer to disinfect.
- Be careful not to touch your eyes, nose, and mouth when taking off your mask and wash hands immediately after removing.

*Source: Centers for Disease Control and Prevention*

## HOW TO CLEAN YOUR MASK

- Cloth face coverings should be washed after each use.
- You can include your cloth mask with your regular laundry.
  - > Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering.
  - > Use the highest heat setting and leave in the dryer until completely dry.
- You can also wash your cloth mask by hand.
  - > Use hot, soapy water and scrub the mask for at least 20 seconds.
  - > Lay flat and allow to completely dry.
- Disposable masks cannot be laundered or cleaned and should be thrown away when it is visibly soiled or damaged.

*Source: CDC and Johns Hopkins Medicine*



## LEARNING & LIVING ON CAMPUS

Wearing a face covering is not a substitute for practicing good hygiene and physical distancing and monitoring your own health. Stay at least six feet (or about two arms' length) from other people.

Approved gatherings that are mission-driven will utilize guidelines around face coverings, hygiene, significantly reduced attendance and capacity counts, and physical distancing to keep the community safe.

Elon will reinvent student experiences, gatherings, operations and events to ensure a vibrant and healthy student experience on campus.

### Classroom Policies and Setup

Cloth face coverings **must be worn** by all faculty and students in classrooms, labs and studios. Instructional spaces are configured to promote physical distancing. These include classrooms, labs, studios and rehearsal spaces. Each classroom is equipped with a sanitation station, providing supplies so students and faculty can clean surfaces and shared computers and equipment when they enter and leave the space. Specific class guidelines will be communicated by faculty at the beginning of courses and included in course syllabi.

The campus class schedule has been adjusted to provide an additional five minutes between class periods to reduce congestion. See the full schedule at [www.elon.edu/RR](http://www.elon.edu/RR).

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# RESIDENCE LIFE

Residence Life has created new social norms for living on campus. Here are policies in effect this year:



## Residential Visitation Policy

No overnight guests are allowed.



## Room Change Process

In order to decrease changes in social circles, room changes will not be processed during fall 2020.



## Roommate Agreements

Roommates and suitemates will hold intentional conversations about hygiene, food-sharing and visitation.



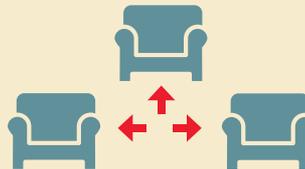
## Healthy Habits

Education and awareness programs will increase regarding hand-washing and personal hygiene.



## Face Coverings

Residents are required to wear a mask in all common areas.



## Social Distancing

Furniture in common areas has been rearranged and space capacity is adjusted to promote physical distancing.



## Cleaning Standards

Supplies and guidance are being provided for additional cleaning measures.



## Isolation Plan

Staff will support students diagnosed with or exposed to COVID-19 to relocate, and coordinate meals, classwork, etc.

## Student Care and Outreach

The Office of Student Care and Outreach is assisting students in navigating resources related to COVID-19. This includes working with students whose arrival on campus is delayed due to quarantine, and supporting students who are in quarantine on campus. The staff will work with students who need help

in accessing health care, arranging meal delivery, getting access to essential supplies, receiving mail deliveries and participating in classes remotely. If you need assistance or want to share your concern about the well-being of a student, visit [elon.edu/shareyoucare](http://elon.edu/shareyoucare) or call 336-278-7200.

# DINING SERVICES

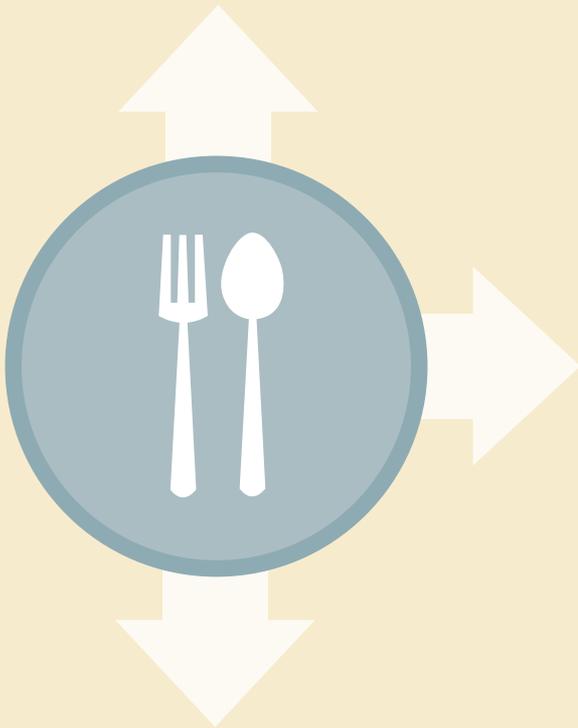
**Residential dining** has adopted many new protocols, following physical distancing guidelines, decreasing seating capacity, reconfiguring food service stations and removing self-service items.

**Retail dining** is also observing physical distancing guidelines, decreasing capacity in locations, adding mobile ordering at several locations, adding to-go options and redesigning the exits at some locations.

## New Service Styles & Features

- **Served stations:** All stations in on-campus restaurants will be served by an Elon Dining associate, including salad bars and drink stations.
- **Compostable containers:** All meals will be served in compostable containers, with compostable silverware, and then passed to the guest. You will get a new container if you return for a second serving.
- **Online ordering:** For retail restaurants across campus where physical distancing is impossible, students can place orders online through the Transact Mobile Ordering app (available for download on the Apple Store and Google Play). These locations include Qdoba, Einstein Bros. Bagels, Boar's Head Deli, Biscuitville, Freshii, Flat-Out and Acorn Coffee Shop.
- **More grab-and-go options:** Enjoy in-house made charcuterie boards, fruit trays, overnight oats, granola bowls and more between classes. A new marketplace, Market Under the Oaks, has been added to McEwen Dining Hall. It will offer great dorm room staples, snacks and drinks to the Historic Neighborhood.
- **Continuous service:** Dining halls on campus will now remain open between meals, giving guests more flexibility to grab a mid-morning breakfast or a late lunch.
- **Extended hours:** More locations will remain open past 8 p.m. than in prior years, including: Clohan Hall (open until 10 p.m. Sunday through Thursday) and Lakeside Dining Hall (open until 9 p.m. Monday through Wednesday and until 3 a.m. Thursday through Saturday).

For additional information, please visit the Elon Dining website at [www.elon.edu/dining](http://www.elon.edu/dining).



## ONGOING COVID-19 TESTING

All students, faculty and staff are required to complete a PCR COVID-19 test prior to the start of classes. As part of our continued commitment to monitor the ongoing health of the campus community, we will conduct ongoing and random weekly testing throughout the semester, using the simple, nasal swab test designed by LabCorp.

### Who will be selected for ongoing/random testing?

Elon will test students, faculty and staff weekly during the semester per three methods:

1. Random selection of students, faculty and staff who are potential contacts of someone who has presented with symptoms and warranted isolation.
2. Random selection of students, faculty and staff who have not been exposed to a sick individual but who may participate in higher risk groups or in classes, organizations or residential areas where cases have occurred.
3. Random selection of students, faculty and staff from across the main and Greensboro campus (based on a stratified simple random sampling model with proportional allocations from campus buildings as well as student or employee status).

### When and how will the ongoing/random testing occur?

A safe, physically distanced testing clinic will occur weekly on campus. Faculty and staff will have the option to use mail-in testing instead of the in-person clinic. Random/ongoing testing for students, faculty and staff will be paid for by the university. Testing data will be used as part of ongoing analysis of alert levels in our operational decision-making matrix.

More specific details about the weekly clinic will be posted on the testing page of the Ready and Resilient website at [www.elon.edu/rr/testing](http://www.elon.edu/rr/testing).

## WHAT SHOULD I DO IF I FEEL SICK?

All students, faculty and staff who report COVID-19 symptoms or who are exposed to the virus must follow testing, contact tracing and quarantine protocols.



According to the CDC, symptoms may appear 2-14 days after exposure to the virus and can include:



- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

### If you experience COVID-19 symptoms and begin to feel ill:

Students should contact Health Services for a virtual screening; *do not* come to the office. Faculty and staff should contact their healthcare provider or the Faculty/Staff Health Wellness Clinic if they do not have another health care provider.

### If testing and tracing are warranted

- The student will be directed to a local testing site. Arrangements will be made for those without a car.
- The student will be directed to quarantine, pending the results of the test.
- The provider will ask the student for close contacts who may need to be quarantined and/or tested, which may begin immediately.
- Pending the test results, Student Care and Outreach staff will reach out to the student to offer support and assist with logistical arrangements as they move to quarantine/isolation.
- If test results are positive, the Alamance County Health Department will also reach out to the student to begin contact tracing and will update the university regarding the ill student and any close contacts.

## ISOLATION & QUARANTINE PLAN

Elon is committed to providing ongoing support for students in quarantine. Here are some of the support processes designed to assist any student who may be asked to remain in a quarantine space while seeking treatment or testing. Information about other resources available to students can be found on the Student Care and Outreach website, [www.elon.edu/shareyoucare](http://www.elon.edu/shareyoucare).

Students who begin to feel ill with COVID-19 symptoms should follow directions as posted on the Student Health Services website ([www.elon.edu/healthservices](http://www.elon.edu/healthservices)) to have a virtual screening process with a health provider. If the provider feels testing is warranted, the student will be directed to a local testing site and asked to quarantine, pending the results of the test.

### Students who need to be isolated or quarantined will:

- Be isolated in a single bedroom with a bathroom that is not shared with another person.
  - > Students living in a single residence hall or apartment room with a bathroom that is not shared with another person will be directed to quarantine in their current living situation.
  - > Students living in a shared residence hall or apartment room or with a shared bathroom will be moved to one of our quarantine/isolation spaces on campus or a local hotel room off-campus.
- A student who desires to go home to isolate/quarantine (and the Health Department approves) can leave their belongings in their residence hall room or Elon apartment and go home.
- Students who live off campus will be directed to quarantine in their off-campus location.

**Meals:** Student life staff will work with quarantined students on campus to have meals delivered to their residence hall room or on-campus apartment. Meals will also be delivered to our partner hotels where some students might be quarantined. If students require items beyond the dining services delivery options or are off campus, they will be able to use a variety of grocery and restaurant delivery services.

**Daily check-ins:** Students in isolation should *not* have direct contact with others, except in a medical emergency. Throughout their quarantine period, students will receive a daily “check-in” call from a staff member to provide non-medical assistance. Students can also set up virtual check-ins with health services staff. It will also be important for family members and friends to keep in phone/video contact with quarantined/isolated students to keep their spirits up and provide support.

**Classes:** Student Life staff will advise quarantined students’ faculty members that the student should plan to participate in classes and academic assignments remotely during the required isolation period. Students should also contact faculty to ask about how to connect and continue coursework during quarantine.



# IMPORTANT CONTACTS

## **Ready & Resilient Information Line** (M–F, 8 a.m.–5 p.m.)

(336) 278-2020 / [Ready2020@elon.edu](mailto:Ready2020@elon.edu)

## **R.N. Ellington Center for Health & Wellness**

301 S. O’Kelly Avenue

### **Student health services:**

(336) 278-7230 / [www.elon.edu/healthservices](http://www.elon.edu/healthservices)

### **Faculty and staff health and wellness clinic:**

(336) 278-5569 / [www.elon.edu/wellness](http://www.elon.edu/wellness)

## **Counseling Services**

301 S. O’Kelly Avenue, Suite 104

(336) 278-7280 / [www.elon.edu/counseling](http://www.elon.edu/counseling)

## **Student Care & Outreach**

Janice Ratliff Building 105

(336) 278-7200 / [www.elon.edu/shareyoucare](http://www.elon.edu/shareyoucare)

## **Office of Human Resources**

Business Services 103

(336) 278-5560 / [www.elon.edu/hr](http://www.elon.edu/hr)



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UNIVERSITY