

Victoria Smith

Boston, MA | 123.456.6789 | vsmith@elon.edu

EDUCATION

Elon University, Elon, NC

Bachelor of Science: Exercise Science; Minors: Public Health Studies and Psychology

Study Abroad: Ghana, Africa

May 2025

GPA: 3.51

January 2023

CERTIFICATIONS

- AFAA Certified Personal Trainer
- Red Cross Certified in CPR and First Aid for past 8 years

CLINICAL EXPERIENCE

Stewart Physical Therapy, Burlington, NC

Spring 2023-Present

- Assist with daily activities including preparation of modalities for patients, stretching patients, guiding patients through daily treatments, and documenting progress for patients

Alamance Chiropractic, Burlington, NC

Summer 2022

- Observed the daily workings of a privately owned clinic
- Received firsthand experience with chiropractic clinic, massage therapy and acupuncture

Alamance Regional Medical Center Pediatric Physical Therapy, Burlington, NC

Summer 2021

- Facilitated motor development in children who suffer from illnesses including cerebral palsy, spina bifida, or torticollis through treatments such as balance training, functional skills training, or gait training

Alamance Regional Medical Center Cardiac Rehabilitation Clinic, Burlington, NC

Spring 2021

- Monitored patients during daily workout routine by taking pulse and recording vital signs
- Developed and walked patients through a core exercise routine and cool down

RESEARCH EXPERIENCE

Examining the myPlaybook Initiative: A Correlational Epidemiological Case Study on Collegiate Substance Abuse and NCAA Athletes

Spring 2023-present

- Conduct original research initiative evaluating the myPlaybook substance education initiative and its impact on factors that influence high-risk alcohol use in NCAA athletes at Elon

LEADERSHIP & CAMPUS INVOLVEMENT

African Diaspora of Elon, Elon University – *Community Outreach*

Fall 2022-Present

- Facilitate meetings with officers members and constituents in absence of the president
- Plan programming activities for membership
- Delegate responsibilities and engaged in conflict management to achieve organizational goals

Exercise Science Society, Elon University - *Secretary*

Spring 2022-Present

Koenigsberger Learning Center, Elon University - *Anatomy Tutor*

Spring 2023

- Tutor and advise students in Human Anatomy
- Explain and provide support to students for PRIMAL 3D anatomy software

Campus Recreation, Elon University

Spring 2022-Spring 2023

Team Leader of Fitness, Personal Trainer

- Hire, train, supervise and evaluate 20+ student employees focusing on creating a diverse staff; supervise fitness area and enforce gym policies
- Assist participants in proper technique or spotting
- Act as a personal trainer and work with clients to help them achieve fitness goals