



Drug-Free Schools and Campuses Act (DFSCA)

Annual Policy Notification in accordance with the
Federal Drug-Free Schools and Communities Act Regulations [EDGAR Part 86]

2025 - 2026



ELON UNIVERSITY

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Drug-Free Schools and Campuses Act (August 2025)

In compliance with Part 86 of the Drug Free Schools and Campuses regulations, Elon University is required to publish and disseminate the following information to all its students and employees:

- 1) Conduct standards clearly prohibiting the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.
- 2) Detailed descriptions of the sanctions imposed pursuant to local, state and/or federal law for unlawfully possessing or distributing illicit drugs and alcohol.
- 3) A description of the health risks associated with alcohol and other drug use.
- 4) A description of counseling and treatment resources available to students and employees.
- 5) A clear statement of the disciplinary sanctions students and employees may face (*consistent with Local, State, and Federal law*) for violations of standards of conduct relating to alcohol and other drugs.

This document serves as an opportunity to solicit your compliance with these policies and encourage your active participation in fostering a responsible, safe, and caring community.

Printed copies of this document are available for review at the reserve desk in Belk Library and in the Office of Human Resources. Copies are also available by request through the Office of the Dean of Students at (336) 278-7200 during normal business hours. This document may be updated periodically with changes posted to the electronic form found here:

<https://www.elon.edu/u/health-promotion/substance-education/annual-policy-notification-and-biennial-review/>.

STANDARDS OF CONDUCT

The Elon Honor System

Every member of Elon University has the right to live and learn in an atmosphere of respect and support. The Elon University Honor System presents the expectations of the university that individuals will act in a manner that is respectful of the rights and privileges of others.

Responsibility for maintaining the honor of the community rests with each individual member. Only if every member assumes responsibility for personal and group integrity and civility will the community best meet the developmental needs of its members. Each person must examine, evaluate, and regulate their own behavior to be consistent with the expectations of the Elon community.

The Elon Honor System includes the Honor Code, the Code of Conduct (composed of Academic Integrity policies, Social policies, and the Sexual Harassment Policy and Procedures), and adjudication processes. All undergraduate and graduate students are governed by the Elon University honor system, except as outlined within the Elon School of Law Student Handbook for law students and graduate program student handbooks.

Elon University reserves the right to make changes to this code as necessary and once those changes are posted online, they are in effect. Students will be notified via campus email of any changes during the academic year but are encouraged to visit the online student handbook for the updated versions of all policies and procedures: <http://elon.smartcatalogiq.com/current/Student-Handbook>.

The Elon Honor Code

Elon University recognizes and affirms the importance of character development and personal responsibility as essential elements of an Elon education. Students are expected to uphold the four values listed below for themselves and others in their decisions and day-to-day interactions. Conduct affirming these four values should be followed in all settings, including in and out of the classroom, on- and off-campus, and in all domestic and international sites during study abroad or course-related study experiences. Upon graduation, students are expected to have demonstrated their commitment to academic excellence and honor.

Every member of Elon University has the right to live and learn in an atmosphere of trust and support. Responsibility for maintaining these values in our community rests with each individual member. Values that promote this atmosphere include:

- **HONESTY:** *Be truthful in your academic work and in your relationships.*
- **INTEGRITY:** *Be trustworthy, fair, and ethical.*
- **RESPONSIBILITY:** *Be accountable for your actions and your learning.*
- **RESPECT:** *Be civil. Value the dignity of each person. Honor the physical and intellectual property of others.*

Elon's Honor Pledge

“On my honor, I will uphold the values of Elon University: honesty, integrity, responsibility, and respect.”

The honor pledge is an abbreviated form of the honor code. By accepting admission to Elon University, all students indicate their willingness to subscribe to and be governed by the Honor Code and the Student Code of Conduct, which reflects the values of the Elon community. When students join the Elon Community, they sign the honor pledge to affirm their intent to adhere to these values and to conduct themselves in accordance with these rules. Students may be asked to affirm their commitment to these values by signing the Honor Pledge on papers, tests, assignments and other documents when requested. The honor code is printed on signs in classrooms and residence halls throughout campus.

ALCOHOL AND OTHER DRUG POLICIES

Source: <http://elon.smartcatalogiq.com/current/Student-Handbook>

Elon University Position Statement on Alcohol Use (revised Spring 2016):

Elon University recognizes alcohol misuse negatively impacts the community, personal well-being, and academic achievement. Therefore, our position on alcohol is one of education and accountability. We expect students to uphold the Honor Code and make wise and healthy decisions about alcohol use, including the choice not to drink. Students whose behaviors diminish the success or safety of themselves, or others will be held accountable.

The vitality of the academic community relies on each member taking personal responsibility for his or her actions regarding alcohol use and safeguarding the well-being of others.

- The University welcomes and supports the decision of students not to drink.
- Elon emphasizes education about risks, choices, and personal responsibility regarding the use of alcohol. Students are expected to make conscious choices that do not diminish the academic or social success, or personal safety, of themselves or others.
- The University observes laws regarding alcohol use, particularly those that address underage drinking, and holds students accountable for their choices.
- Students whose drinking creates a risk of danger to the health and safety of themselves or others are subject to suspension and/or loss of other University privileges.

Alcoholic Beverages

Alcoholic beverages may be possessed and/or consumed **only by individuals 21 years of age or older** in their residence or an approved location. Students participating in study abroad experiences are responsible for knowing and abiding by all local laws regarding alcohol use. Any alcohol use that creates a risk of danger or harm to self or others and/or disrupts the living/learning experience of others will be referred for response through the Code of Conduct.

Drug Policy

Elon University is committed to the intellectual and personal development of students. Substance misuse inhibits students' development and is negatively correlated with academic success and personal safety.

Elon University observes and strictly enforces all local, state and federal laws related to possession, use, sale, manufacturing or distribution of controlled or illegal substances. Sale, manufacturing, or distribution of illegal or controlled substances or for uses other than as intended creates a significant danger for the Elon University community. Individuals who are involved in any drug-related violation are subject to criminal action, as the university may report these individuals to the legal authorities. Students convicted of any offense involving the possession or sale of a controlled substance may also be deemed ineligible to receive financial aid.

Students are accountable for upholding Elon University's drug policies even when in states or countries in which certain drugs have been decriminalized or consumption is legal. Though some impairing substances may be legal to purchase in North Carolina or other states, Elon University prohibits possession and/or use of these substances by Elon students. Students are responsible for knowing, understanding, and following the university's drug policies, state, and federal laws.

Possession

Students are responsible for items located on their person, within their property (e.g., a backpack, car, etc.), and in their residence (bedroom and any shared areas such as living rooms and bathrooms). Students will be held accountable for any alcohol, drugs, paraphernalia, or other prohibited items found to be in their possession.

Legal Sanctions

Any student or employee of Elon University who violates the standards of conduct relating to alcohol and/or other drugs is subject to both the institution's sanctions and to criminal sanctions provided by federal, state, and local law.

Innocent Bystander Policy

In order to hold responsible students accountable, while supporting those who are not violating policies, the **Innocent Bystander** policy may be enacted at the time alcohol policy violations are identified and/or other code of conduct violations are present. In order to enact the Innocent Bystander policy, information must be included in the incident report that the student was not consuming and was not in possession of alcohol. Information that a student was not consuming may include a statement by the reporting authority that the student stated they were not drinking and had no physical indication of consumption, or via a breathalyzer/alco-sensor administered by a police officer.

Medical Safety Policy

Elon embraces students helping each other and holds student safety as a primary value. The **Medical Safety Policy** may be enacted for the following situations:

1. For a student **receiving medical attention** related to consumption of alcohol and other drugs, when either 1) the student has called for medical attention for self or 2) another person actively assisting the student calls for medical attention. This policy is intended to encourage early identification and intervention for potential medical emergencies.

- A student receiving emergency medical attention/treatment related to alcohol or other drug use will not be referred for charges related to those policies through the student conduct process. Students are not exempt from charges for Fighting or Acts of Physical Aggression, Sexual Misconduct and Gender-Based Violence, and certain other egregious violations as determined in the University's discretion.
- Subsequent incidents involving medical treatment/hospitalization related to substance use will likely result in additional university actions, including charges under the Student Code of Conduct.
- When an individual receives emergency medical attention related to their consumption of alcohol or drugs, the student will be required to meet with the Assistant Dean of Students (or designee). The student will be required to immediately complete a substance use assessment within a reasonable amount of time as determined by the Office of the Dean of Students (typically 24-72 hours) and participate in any recommended treatment and participate in additional educational requirements.

2. For students who **seek medical assistance for another person** whose health or safety appears to be in jeopardy due to the consumption of alcohol or other drugs.

- The assisting student(s) will not be referred to the student conduct process for related university alcohol or drug use policies. Students seeking medical assistance for others are not

exempt from charges for Fighting or Acts of Physical Aggression, Title IX and Sexual Misconduct, Hazing, and certain other egregious violations as determined in the university's discretion.

- Students should call 911 or Campus Safety & Police **(336-278-5555)** for help. Students should NOT drive anyone in need of medical attention. Students with or observing a student "in danger" are expected to seek medical attention. If a student is with another student who may be in danger due to use of alcohol or other drugs and does not call for assistance, they may be referred to the student conduct process for allegations of "Behavior that Endangers the Health or Safety of Self and/or Others."
- If the consumption of alcohol or other drugs occurs at an event hosted by, sponsored by, or otherwise involving a student organization and a representative or member of the organization seeks medical attention for a student whose health or safety appears to be in jeopardy, neither the reporting student nor the student organization will be referred to the student conduct process for related university alcohol or drug policies. The student organization may be referred for other potential Code of Conduct violations. The organization members may be required to engage in educational activities to reduce future health/safety risks.

3. For students **who voluntarily disclose prohibited personal use** of alcohol or other drugs as they seek appropriate assistance or guidance related to assessment and treatment for substance misuse will not be referred to the student conduct process.

- The university will respond to such disclosures as a health condition and not a disciplinary matter. In some cases, students may be required to complete a substance use assessment and treatment or education recommendation in order to address health and safety risks. However, such disclosure will also not exonerate a student from responsibility associated with a reported incident.
- This policy does not apply for situations where medical attention is sought following the arrival of a police officer, university security authority (including student staff serving in an authority role), or any university faculty or staff.
- Failure to complete the elements of the Medical Safety Policy will limit the student's continued eligibility. If there is a subsequent hospitalization, the University will review the incident on a case-by-case basis and reserves the right to handle each situation as deemed necessary.

SOCIAL POLICIES – PROHIBITED BEHAVIORS

Source: <http://elon.smartcatalogiq.com/current/Student-Handbook>

Alcohol Policy

Alcohol-related conduct prohibited by the university Code of Conduct includes:

- **Possession and/or Consumption of Alcoholic Beverages by Students Under 21 Years of Age:** Possession and/or consumption of alcoholic beverages by any student on or off-campus or returning to campus after consuming by a student less than 21 years of age. (At this level there may not be visible signs of intoxication). Note: Possession of empty beverage containers or packaging may be considered evidence of possession.
- **Being Under the Influence of Alcoholic Beverages:** Exhibiting signs of intoxication and/or experiencing any loss of the normal use of mental and/or physical faculties. Examples include but are not limited to slurred speech, vomiting, stumbling, or needing assistance walking, loss of motor coordination, aggression, brief loss of memory, or abusive behavior.
- **Extreme Intoxication:** Exhibiting signs of significant and/or dangerous intoxication. Examples include but are not limited to blacked out, loss of consciousness or limited responsiveness, no withdrawal from painful stimuli, loss of bladder/bowel functions, excessive vomiting, or severe physical depression (slow or shallow breathing, pale or blue-tinged skin, or reduced heart rate).
- **Rapid Consumption of Alcohol or Actions that May Endanger the Well-being of Self or Others:** Any form of rapid consumption of alcohol or participation in drinking games that may create a risk of danger to self, others, or the university community. Examples include but are not limited to bongs, shots, keg stands, beer pong, flip cup, and the like.
- **Public Consumption and/or Possession of Alcohol:** Possession or consumption of alcoholic beverages on public or university property, except for events/locations formally approved. Note: Possession/consumption of alcoholic beverages is allowed by students who are 21 years of age or older only in their housing assignment (room, suite, or apartment) and other locations formally approved by the University. Alcohol is not allowed in the common areas of residential buildings, in non-residential buildings, or outdoors except for events where alcohol use has been formally approved.
- **Provision and/or Distribution of Alcohol to Students Under 21 Years of Age:** Purchasing, providing, or distributing alcohol to any individual below the age of 21 years.
- **Sponsorship of an Activity Involving the Unauthorized use of Alcoholic Beverages by Individuals or Organizations:** Sponsoring of any activity or event involving the use of alcoholic beverages without specific university approval to do so, said sponsorship being carried out by an individual or organizations. Sponsorship may include, but is not limited to, organizing, promoting, providing a location, acquiring resources, or otherwise endorsing an activity or event.
- **Possession of a Keg, Common Alcohol Beverage Container or Excessive Amounts of Alcohol on University-Owned Property or by a Student Organization on or off the Campus:** Possession of a keg or any common container of alcohol, including buckets, pony kegs and other bulk containers. This includes kegs and multi-serving containers that are empty. Students may not have more than the equivalent of 12 drinks per number of legal age residents in campus housing. (Example: one drink is a 12-ounce beer, 4-ounce glass of wine or 2 ounces

of liquor). NOTE: As with all other alcohol violations, kegs and multi-serving containers that are confiscated will not be returned to the student and all claims to deposit refunds are forfeited.

- **Alcohol-related vehicular violations:** Operating a motor vehicle during or following consumption of alcohol that creates a risk of danger to self, others, or the university community.

Drug Policy

Drug-related conduct prohibited by the university Code of Conduct includes:

- **Use or Possession of Controlled, Illegal or Prohibited Substances:** Any possession or use of controlled, prohibited, or illegal substances or use of (or intent to use) substances for purposes or in manners not as directed. Examples include but are not limited to possession or use of illegal substances; possession or use of prescription drugs without a valid/current medical prescription; use of prescribed medication not as directed (over-use, snorting prescribed medication, and the like); huffing, snorting, smoking or otherwise possessing or using legal substances not as intended. Substances such as JWH-018 (K2, “Spice”), salvia and pyrovalerone derivatives (found in substances marketed as “bath salts”) are not intended for human consumption and are prohibited for possession or use by any Elon student.
- **Manufacturing, Distribution or Sale of Prohibited, Controlled or Illegal Substances:** Any manufacturing, distribution, or sale of controlled or illegal substances or any substances prohibited by the Elon University Drug Policy (including sharing of prescription medication). This policy applies regardless of financial gain.
- **Possession of Drug Paraphernalia:** Possession and/or use of drug paraphernalia, including, but not limited to, roach clips, bong, hookahs, blow tubes, papers, scales or any material or apparatus containing drug residue.
- **Being in the Presence of Drug Use, Possession or Sale:** Being in the presence of the use, possession, or sale of prohibited, controlled or illegal substances.

Amnesty for Students Reporting Threats or Acts of Violence and/or Hazing

Students reporting incidents of threats or acts of violence and/or hazing will not face Code of Conduct charges related to alcohol or drug use or possession during the reported incident. Educational and supportive options will be explored, but no conduct proceedings or conduct record will result. (Records regarding the provision of amnesty may be maintained.)

Affiliation

Elon University has established expectations, policies, and processes for recognized student organizations. When an organization or group has had its university recognition denied, suspended or withdrawn, students and student organizations are prohibited from affiliating with this group. Examples of affiliation include, but are not limited to: joining, accepting an offer of membership, or hosting social activities with the group.

Behavior that Endangers the Health & Safety of Self and/or Others

Any behavior that creates a risk of danger to self, others, or the university community. Behaviors include but are not limited to creating a disturbance that may lead to a dangerous situation; propping doors to residence halls; not calling for medical assistance when a fellow student is at risk due to alcohol or drugs; throwing objects from windows or balconies; disclosure and/or use of residence hall or fraternity/sorority house combinations or door access cards by an individual other than a resident of the community; intentionally obstructing egress or exit of a room or building, failure to evacuate a building during a fire alarm; and being on the roof or unapproved balcony of any buildings.

FEDERAL TRAFFICKING PENALTIES

The Controlled Substances Act (CSA) places all substances under existing federal law into one of five schedules. This placement is based upon the substance's accepted medical use, potential for misuse, and safety or dependence liability. The CSA provides penalties for unlawful manufacturing, distribution, and dispensing of controlled substances. Penalties are determined by the schedule of the drug or other substance. The following chart is an overview of the penalties for trafficking or unlawful distribution of controlled substances.

Source: [Drugs of Abuse | DEA Resource Guide 2024 Edition](#)

| Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana) | | | | |
|---|--|---|---|---|
| Schedule | Substance/Quantity | Penalty | Substance/Quantity | Penalty |
| II | Cocaine 500-4999 grams mixture | First Offense: Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense: Not less than 10 yrs. and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual. | Cocaine 5 kilograms or more mixture | First Offense: Not less than 10 yrs. and not more than life. If death or serious injury, not less than 20 yrs. or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual. Second Offense: Not less than 20 years and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. 2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. |
| II | Cocaine Base 28-279 grams mixture | | Cocaine Base 280 grams or more mixture | |
| II | Fentanyl 40-399 grams mixture | | Fentanyl 400 grams or more mixture | |
| I | Fentanyl Analogue 10-99 grams mixture | | Fentanyl Analogue 100 grams or more mixture | |
| I | Heroin 100-999 grams mixture | | Heroin 1 kilogram or more mixture | |
| I | LSD 1-9 grams mixture | | LSD 10 grams or more mixture | |
| II | Methamphetamine 5-49 grams pure or 50-499 grams mixture | | Methamphetamine 50 grams or more pure or 500 grams or more mixture | |
| II | PCP 10-99 grams pure or 100-999 grams mixture | | PCP 100 grams or more pure or 1 kilogram or more mixture | |
| Substance/Quantity | | Penalty | | |
| Other Schedule I & II Drugs and any drug product containing Gamma Hydroxybutyric Acid (GHB) of any amount | | First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 yrs. or more than Life. Fine \$1 million if an individual, \$5 million if not an individual. Second Offense: Not more than 30 yrs. If death or serious injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual. | | |
| Flunitrazepam (Schedule IV) 1 Gram | | | | |
| Other Schedule III Drugs of any amount | | First Offense: Not more than 10 yrs. If death or serious bodily injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual. | | |

| | |
|--|--|
| All Other Schedule IV Drugs of any amount Flunitrazepam (Schedule IV) other than 1 gram or more | First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual. |
| All Schedule V Drugs of any amount | First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual. |
| Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil— Schedule I Substances | |
| Marijuana (Schedule I) 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants | First Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual. Second Offense: Not less than 15 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual. |
| Marijuana (Schedule I) 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants | First Offense: Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual. Second Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50 million if other than an individual. |
| Marijuana (Schedule I) More than 10 kilograms hashish; 50 to 99 kilograms marijuana mixture, More than 1 kilogram of hashish oil; 50 to 99 marijuana plants | First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual. Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual. |
| Marijuana (Schedule I) Less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants | First Offense: Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual. Second Offense: Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual. |
| Hashish (Schedule I) 10 kilograms or less | First Offense: Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual. Second Offense: Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual. |
| Hashish Oil (Schedule I) 1 kilogram or less | |

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is not less than 25 years imprisonment and a fine up to \$20 million if an individual and \$75 million if other than an individual.

NORTH CAROLINA STATE LAW REGARDING ALCOHOL

It is illegal for anyone less than 21 years of age to:

Possess beer or unfortified wine.

- Penalty – This is a class III misdemeanor punishable by a fine.

Purchase or attempt to purchase beer or unfortified wine.

- Penalty – If under 21 years of age, and if the violation occurred while the person was attempting to purchase an alcoholic beverage, the offense will be a misdemeanor resulting in court costs and/or fine and, upon conviction, the Department of Motor Vehicles (DMV) will revoke the defendant's driver's license for one year.

Aid and abet in the sale, purchase and/or possession of alcohol (including giving alcohol) by anyone less than 21 years of age.

- Penalty – Misdemeanor punishable by a fine and/or community service.

Use or attempt to use in order to obtain alcoholic beverages when not of lawful age, a fraudulent or altered driver's license, or a fraudulent or altered identification document other than a driver's license, or a driver's license issued to another person, or an identification document other than a driver's license issued to another person.

- Penalty - If convicted, this is a misdemeanor resulting in court costs and/or fine, and the DMV will revoke the defendant's driver's license for one year.

Permit the use of one's driver's license or any other identification document of any kind by any person under 21 to purchase or attempt to purchase or possess alcohol.

- Penalty - If convicted, this is a misdemeanor resulting in court costs and/or fine, and the DMV will revoke the defendant's driver's license for one year.

Consume or transport open container alcoholic beverages in any public area including city, street, sidewalks, town-maintained buildings, bus or municipal parking lots and town recreation areas.

- Penalty - If convicted, this is a misdemeanor and could result in a criminal record, court costs and restitution by performing community service.

Consumption of alcoholic beverages in public: It is unlawful for any person to consume any malt beverages or unfortified wine on any public street, alley, or sidewalk, or on public property within the corporate limits of the Town of Elon.

- Penalty - This offense is a misdemeanor, subject to fines and court costs.

Additional Regulations and Ordinances

- [North Carolina Regulation of Alcoholic Beverages \(pdf\)](#)
- [North Carolina Controlled Substances Act \(pdf\)](#)
- [Town of Elon Code of Ordinances](#)

HEALTH RISKS ASSOCIATED WITH ALCOHOL AND OTHER DRUGS

The use or misuse of alcohol and other substances increases the risk for several health-related and other medical, behavioral, and social problems. Below is a general description of the health risks associated with substance use/misuse. For a more complete list of substance-related health risks, visit the [National Institute on Drug Abuse](#) (NIDA).

| Name and Common Forms | Possible Health Effects |
|---|--|
| Alcohol <i>Spirits, wine, beer, malt beverages, hard seltzers</i> | Even small amounts of alcohol can impair judgment, coordination, and decision-making. Moderate to high doses may disrupt brain function, memory, and motor skills. Excessive consumption (alcohol poisoning) can lead to respiratory depression and death. Signs of overdose include cold or bluish skin, shallow breathing, vomiting, and unresponsiveness. Long-term alcohol use can cause alcohol use disorders and permanent damage to the brain and liver. Combining alcohol with other substances is particularly dangerous and can result in unpredictable and harmful effects. |
| Cannabis (Marijuana/Pot/Weed) <i>Greenish mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil)</i> | The primary psychoactive ingredient in marijuana is delta-9-tetrahydrocannabinol (THC). Cannabis use often results in enhanced sensory perception and euphoria, followed by drowsiness, relaxation, slowed reaction time, impaired memory and coordination, increased heart rate, appetite, and anxiety. Cannabis can alter the sense of time, reduce the ability to concentrate, impair coordination, and significantly impact driving ability. In some individuals, it may provoke paranoia, psychosis, or exacerbate symptoms of anxiety. |
| Synthetic Cannabinoids <i>K2, Spice</i> | Synthetic cannabinoids are human-made chemicals that mimic compounds found in natural marijuana and are typically sprayed on dried plant material for smoking or sold as liquids for use in e-cigarettes and other devices. These substances can be three to over 100 times more potent than natural marijuana. Their physiological effects, which may be similar or stronger, include increased heart rate, impaired short-term memory and comprehension, altered perception, reduced ability to concentrate and coordinate, and impaired driving ability. |
| Cocaine <i>Freebase, Crack, Hydrochloride</i> | Cocaine is a highly addictive stimulant that affects the central nervous system, leading to various adverse effects. Immediate effects include dilated pupils, elevated blood pressure, heart rate, respiratory rate, and body temperature. Occasional use can irritate the nasal passages, while chronic use may cause severe damage, such as nasal membrane ulceration. Long-term use primarily impacts the cardiovascular system and can result in a heart attack or respiratory failure. |
| Depressants <i>Barbiturates and Tranquilizers</i> | Depressants slow communication between the brain and body, affecting the central nervous system. Small doses induce calmness, drowsiness, and muscle relaxation, while larger amounts can cause slurred speech, unsteady movement, and altered perception. High doses may lead to respiratory depression, coma, or death. Combining depressants with alcohol significantly increases the risk of life-threatening effects. While depressants are effective in treating certain mental health conditions, prolonged use even at prescribed doses can result in physical dependence. |
| Fentanyl | Fentanyl is a powerful synthetic opioid that is 50 to 100 times more potent than morphine. It is prescribed to manage severe pain, particularly after surgery, and for chronic pain in patients who have developed a tolerance to other opioids. However, fentanyl is also illegally produced and sold, contributing to a significant rise in overdose deaths. The potency of fentanyl makes it extremely dangerous, even in small doses. It is now the most common drug involved in overdose deaths in the U.S. If you suspect someone has overdosed, always call 911 first before giving Naloxone. |
| Opiates <i>Heroin, Methadone, Fentanyl, Codeine, Morphine, Meperidine</i> | Opiates are pain-relieving substances that initially induce brief euphoria, often followed by drowsiness, nausea, and vomiting. Additional effects include shallow breathing, reduced appetite, thirst, libido, lethargy, heavy limbs, difficulty concentrating, and impaired judgment. Overdose symptoms may include respiratory depression, clammy skin, convulsions, coma, and death. Prolonged use can lead to physical and psychological dependence, with withdrawal being a challenging and painful process. For information on fentanyl click here . |

| | |
|---|--|
| Prescription Stimulants <i>Amphetamine, Dextroamphetamine, Methylphenidate</i> | <p>Prescription stimulants are medications commonly prescribed to treat attention-deficit hyperactivity disorder (ADHD) and narcolepsy by increasing the activity of brain chemicals dopamine and norepinephrine. These stimulants enhance alertness, attention, and energy while also raising heart and respiratory rates, elevating blood pressure, dilating pupils, and suppressing appetite. High doses can result in dangerously high body temperature, irregular heartbeat, heart failure, and seizures. Combining stimulants with alcohol can mask alcohol's depressant effects, significantly increasing the risk of alcohol overdose.</p> |
| Psychedelic and Dissociative <i>PCP, LSD, Mescaline, Peyote, Psilocybin, Ketamine</i> | <p>Psychedelic and dissociative substances alter perceptions, sensations, self-awareness, and emotions. Physical effects include dilated pupils, elevated body temperature, increased heart rate, heightened blood pressure, loss of appetite, sleeplessness, and tremors. Phencyclidine (PCP) disrupts brain functions controlling intellect and instinct, blocking pain perception and sometimes causing violent episodes or self-inflicted harm. Hallucinogens like Lysergic Acid Diethylamide (LSD), mescaline, and psilocybin can induce vivid sensory experiences that appear real but are not.</p> |
| Tobacco and Nicotine <i>Cigarettes, e-cigarettes, vaping devices, cigars, bidis, hookahs, kreteks, smokeless tobacco, snuff, spit tobacco, chew</i> | <p>Tobacco use is the leading cause of preventable death in the U.S., significantly increasing the risk of heart disease, lung cancer, and cancers of the larynx, esophagus, bladder, pancreas, and kidneys. Smokers are also 10 times more likely to develop chronic obstructive lung diseases like emphysema and chronic bronchitis. Smoking during pregnancy heightens the risks of miscarriage, premature birth, and low birth weight. Nicotine is highly addictive causing both psychological and physical dependence.</p> |
| Vaping <i>Electronic Cigarettes</i> | <p>Vaping involves inhaling and exhaling aerosol produced by heating liquid nicotine, often mixed with flavorings and other additives. Nicotine is quickly absorbed into the bloodstream through the lungs and is highly addictive, activating the brain's reward system and reinforcing reward-seeking behaviors. While e-cigarettes may help adult smokers switch from tobacco, research suggests they are not a safe alternative for youth, young adults, pregnant women, or non-smokers.</p> |

ALCOHOL AND OTHER DRUG (AOD) PROGRAMS

The **Substance Use Prevention Program Inventory** was developed based on the NIAAA (National Institute on Alcohol Abuse and Alcoholism) College AIM Matrix to help identify appropriate interventions across the spectrum of substance use prevention. Elon's prevention programs utilize a mix of effective, evidence-based programs, practices, and strategies at the individual-level and environmental-level.

Individual-level strategies (IND) aim to produce changes in attitudes or behaviors related to substance use rather than the environments in which substance use occurs. Expected outcomes may decrease an individual's alcohol use (*e.g., frequency, quantity, or blood alcohol concentration*) and/or alcohol-related risk-taking behaviors, thereby reducing harmful consequences.

Environmental-level strategies (ENV) aim to reduce behaviors at the population level by changing the environment or context (*i.e., places, settings, occasions, and circumstances*) in which substance use/misuse occurs, thereby reducing consequences.

Substance Use Prevention Program Inventory | Current Strategies

| Strategy Name | IND | ENV | NAM | Description | Effectiveness from NIAAA's CollegeAIM |
|---|-----|-----|------|---|---|
| A Parent Handbook for Talking with College Students About Alcohol® | ✓ | | U | Parent-based alcohol communication guide for parents of incoming first-year students, to assist parents with effective communication about alcohol use. | Moderate Effectiveness ★★ |
| AlcoholEdu® (Multi-component education-focused) | ✓ | | U | Evidence-based, pre-matriculation online education program for all new and first year students. Provides personalized feedback about alcohol use, designed to encourage students to make lower risk choices. | Higher Effectiveness ★★★ |
| Alcohol IMPACT Feedback Assessment | ✓ | | S, I | Web-based survey that provides students with personalized feedback about their drinking patterns and how their alcohol use might affect their health and personal goals. Used alone or in conjunction with other interventions. | Higher Effectiveness ★★★ |
| Alcohol Discussion Workshop (ADW) | ✓ | | U, S | Group intervention aimed to help students evaluate current choices and reduce alcohol-related harms to self and others. | Not Effective Alone * Low effectiveness X |
| Alcohol-free Programming | | ✓ | U | Late night/weekend campus events to provide students with social alternatives to parties w//alcohol served. | Too few studies – mixed results |
| Alcohol & Substance Free Housing for Elon Students (ASHES) | | ✓ | U | Living-learning community for students choosing to live in a substance-free environment. | Too few studies – mixed results |
| Brief Alcohol Screening and Intervention for College Students (BASICS) | ✓ | | S, I | Evidence-based, brief motivational intervention using alcohol screening and personalized feedback to reduce problem drinking. Brief motivational intervention (BMI) | Higher Effectiveness ★★★ |
| Code of Conduct Outcomes | | ✓ | U | Outcomes for conduct violations typically consist of a disciplinary status, educational/restorative activities, a university fine or fee, and may include additional aspects such as restrictions, an assessment with a licensed treatment provider, and other active/passive outcomes. | Strategy not reported In CollegeAIM |
| Elon 1010 | ✓ | | U | Peer educator-led workshop that explores values, consent, low-risk drinking, bystander strategies and campus resources. | Strategy not reported In CollegeAIM |
| New Student Orientation – What Would You Do? | ✓ | ✓ | U | Peer-led program that communicates key alcohol and safety messages to incoming first-year students during new student orientation program. | Strategy not reported In CollegeAIM |
| ONEbox™ Emergency Opioid Reversal Toolkit | ✓ | ✓ | U | Designed to promote safety by ensuring that campus members have access to lifesaving, on-demand Naloxone and training when and where needed. | Strategy not reported In CollegeAIM |
| Medical Safety Policy | | ✓ | U | Intended to encourage early identification and intervention for potential medical emergencies. Student receiving or seeking medical attention are not charged with violating university alcohol and drug policy. | Too few studies – mixed results |
| Phoenix Free Collegiate Recovery Program (CRP) | ✓ | ✓ | I | Peer-led, campus organization that provides students in recovery with peer support and social opportunities to engage in a substance-free college experience. | Strategy not reported In CollegeAIM |
| Social Event Manager (SEM) Training | ✓ | | U, S | Skills-based workshop facilitated by SPARKS peer educators teaches risk reduction/responsible hosting strategies for organizations or personal social event. | Strategy not reported In CollegeAIM |
| SPARKS Peer Education Program | | ✓ | U | Trained in active listening and motivational interviewing to deliver peer-to-peer health education and wellness programming to students, organizations, residence halls, and classrooms. | Strategy not reported In CollegeAIM |
| University Council on Alcohol and Other Drugs | | ✓ | U | Present annual recommendations to the VP of Student Life/Dean of Students on ways to reduce the role of AOD in campus culture. | Not reported in CollegeAIM |

Prevention Strategies: IND=Individual level | ENV=Environmental level | **IOM Categories:** U=Universal | S=Selective | I=Indicated

Updated August 2025

AVAILABLE COUNSELING, RECOVERY, AND TREATMENT RESOURCES

Elon Counseling Services

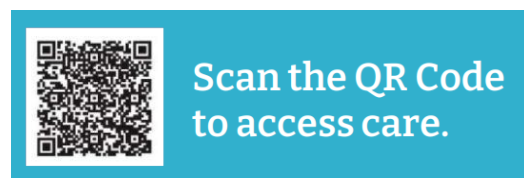
Counseling Services (CS) provides quality clinical mental health care that promotes the holistic well-being of Elon's diverse student community. CS works collaboratively across the university community to support mental health initiatives through clinical care, outreach and prevention, training, and consultative services. CS is committed to creating a safe, inclusive, and affirming environment where students feel supported and empowered to thrive at Elon and beyond.

Counseling Services offers a variety of services to all enrolled students, including individual counseling, group counseling, support groups, educational skill-based workshops, outreach, and referral support. Staff clinicians make referrals for BASICS (Brief Alcohol Screening and Intervention for College Students) and facilitate workshops and presentations to the collegiate recovery student organization.

Counseling Services utilizes a brief therapy approach to provide goal-focused therapeutic interventions to support the emotional, social, and academic goals of Elon students. Clinical services within this framework are recommended based on clinical assessment to determine the appropriate level of care. Students can address their relationship with substances through clinical intervention as a primary or secondary mental health concern. Clinicians assess for any challenges or support needs related to alcohol and other substance use as part of clinical assessment and ongoing care and make appropriate suggestions and referrals. Mild to moderate substance use disorders are within the clinical scope of care.

Students may request a first appointment for a clinical assessment using the online scheduling tool or by calling 336-278-7280. **For urgent mental health needs, crisis assistance is available 24/7 by calling (336) 278-2222 to reach the Counselor-on-Call. For life-threatening emergencies, students are advised to call 911 for immediate assistance.**

**Care coordination and referral support are also available to help students connect with off-campus providers or resources as clinically indicated based on the scope of care.*



TimelyCare Virtual Services

Elon offers virtual health and well-being services and programs for all Elon University students through **TimelyCare**. TimelyCare provides 24/7, on demand mental and medical virtual health care, including enhanced access to Scheduled Counseling, Psychiatry (by referral) and Health Coaching services. Students can access ongoing emotional health support with licensed counselors from anywhere in the United States. Services are available at no cost to students and accessible from any web-enabled device (smartphone, laptop, or desktop). To create an account students can register their name and school email address at timelycare.com/elon or download the TimelyCare app.

Online Mental Health Screening

CS offers access to a brief, anonymous mental health screening developed by the Center for Collegiate Mental Health (CCMH). This tool is designed specifically for college students and screens for common concerns such as depression, anxiety, eating issues, frustration/anger, family stress, and alcohol use. To access this free resource visit:

<https://ccmhs.psu.edu/ccapsweb/Csp/ca5ceae597bc457b90370d964cad81c4>

Additional Campus and Community Resources

Health Promotion

Alcohol Discussion Workshop (ADW)

ADW is a small group session that increases self-awareness of personal drinking behaviors and helps students establish a plan for making lower-risk choices. ADW informs students about university alcohol and other drug policies, campus resources, and encourages bystander intervention.

Brief Alcohol Screening and Intervention for College Students (BASICS)

BASICS is an evidence-based program designed to assist students in examining their drinking and/or other substance use behavior in a confidential and judgment-free setting. Virtual and in-person sessions are tailored to the goals of each individual student. For more information about the BASICS program visit:

<https://www.elon.edu/u/health-promotion/substance-education/education-risk-reduction/basics/>

Phoenix Free Collegiate Recovery Program (CRP)

Phoenix Free supports students in recovery with sustaining a substance-free lifestyle in order to fully engage in their academic, social, and personal pursuits. Undergraduate and graduate students seeking recovery support and networking opportunities are encouraged to connect with the CRP. Email **phoenixfree@elon.edu** for more information.

Office of the Dean of Students

Student Care Referral

Student Care and Outreach is part of the comprehensive wellness services offered through the Office of the Dean of Students. Students, faculty, parents, and others are **strongly** encouraged to share when they have a significant concern about a student's well-being (academic, social, financial, family, mental health, substance use). Professional staff members provide outreach and support for students with significant and complex concerns affecting their academic and personal success.

Share a Concern/Report an Incident

These forms are for non-emergency reporting only. If someone may be in immediate danger, call 911.

<https://www.elon.edu/u/administration/student-life/student-concerns/>

Faculty and Staff Resources

Employee Assistance Program

Faculty and staff may access the Employee Assistance Program through the Office of Human Resources. This confidential service offers assessment, referral, and treatment support for substance misuse to Elon employees and their dependents. For more information, call (336) 538-7481.

Nicotine Cessation

Elon University partners with Cone Health to offer QuitSmart® **smoking cessation** classes. The program is available to anyone 18 and older who currently smokes and is interested in quitting. Getting the right advice and support can help.

Students interested in quitting vaping or smoking can pick up a personal starter “quit kit” from the SPARKS Peer Health Education office located in Moseley, Rm 105-I. Quit kits contain tools and valuable resources to help support quitting nicotine. Faculty and staff may also request a quit kit by emailing **healthpromotion@elon.edu** or contacting Health Promotion at 336-278-7529.

Substance Use Assessment and Treatment Resources

A comprehensive listing of licensed outpatient treatment providers and assessment resources in the Greensboro and Triad area is available for students and employees seeking substance use treatment or higher-level counseling services.

COMMUNITY MUTUAL AID GROUPS

ALCOHOLICS ANONYMOUS



AANC, Dist.33 - Website: <https://aanc33.org/meetings/>
(Serving Alamance, Orange, Chatham, and Caswell Counties)
[Printable Meeting List \(PDF\) August 2025](#)

Guilford County, Dist. 23 - Website: <https://nc23.org/meetings/>
Hotline: 1-919-783-6144
TOLL FREE: 1-888-237-3235

En Espanol

Latinos En Sobriedad
104 New Stateside Dr., Chapel Hill, NC 27516
Martes, Jueves y Viernes 8am 10 pm

Closed Meetings are for A.A. Members only and/or for those who have with a desire to stop drinking.
Open Meetings are available to anyone interested in Alcoholics Anonymous' program. Anyone may attend open meetings.

| Day/Time | Name/Location | Format |
|---------------|--|--|
| Sun 9:30am | Back to Basics Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Sun 8:00pm | Burlington First Reformed United Church of Christ 513 West Front St. Burlington, NC 27215 | Open Speaker |
| Mon 9:00am | The Parlor Group St. Mark's Church 1230 St. Mark's Church Rd. Burlington, NC 27215 | Open Discussion |
| Mon 12:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Beginners |
| Mon 5:45pm | Rule 62 Greenway Park Baptist Church 1031 Townbranch Rd. Graham, NC 27253 | Open Discussion |
| Mon 5:45pm | Primary Purpose Group Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Newcomer Discussion |
| Mon 8:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Tue 12:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Tue 8:00pm | Burlington First Reformed United Church of Christ 513 West Front St. Burlington, NC 27215 | Closed Discussion <i>Literature</i> |
| Tue 8:00pm | Mebane Mebane Presbyterian Church 402 South 5 th St. Mebane, NC 27302 (<i>Rear Entrance</i>) | Open Discussion |
| Tue 8:00pm | No Name Group Redeemer Lutheran Church 2306 Lacy St. Burlington, NC 27215 | Closed Big Book |
| Wed 9:00am | The Parlor Group St. Mark's Church 1230 St. Mark's Church Rd. Burlington, NC 27215 | Open Discussion |
| Wed 12:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Wed 5:45pm | Rule 62 Greenway Park Baptist Church 1031 Townbranch Rd. Graham, NC 27253 | Open Discussion |
| Wed 5:45pm | Primary Purpose Group Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Beginners |
| Wed 8:00pm | Elon Group Elon College Community Church 271 North Williamson Ave. Elon, NC 27244 (<i>Rear Entrance</i>) | Closed Discussion |
| Thu 12:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Thu 6:30pm | Women of Gratitude First Reformed Church of Christ 513 W Front St. Burlington, NC 27215 | Closed Discussion <i>Women's Meeting</i> |
| Thu 6:30pm | Hawfields Group Hawfields Presbyterian Church 2115 South NC Highway 119, Mebane, NC 27302 Parking: <i>North Lot Meeting: Side room off sanctuary</i> | Open Discussion |

| | | |
|---------------|---|--|
| Thu 8:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Closed 12 & 12 |
| Thu 8:00pm | Eli Whitney Concord United Methodist Church 4462 East Greensboro Chapel Hill Rd. Graham, NC 27253 (<i>Meeting in Eli Whitney</i>) | Closed Discussion |
| Thu 8:00pm | Burlington First Reformed United Church of Christ 513 West Front St. Burlington, NC 27215 | Open Big Book |
| Fri 9:00am | The Parlor Group St. Mark's Church 1230 St. Mark's Church Rd. Burlington, NC 27215 | Open Discussion |
| Fri 12:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Big Book |
| Fri 5:45pm | Rule 62 Greenway Park Baptist Church 1031 Townbranch Rd. Graham, NC 27253 | Open Discussion |
| Fri 5:45pm | Primary Purpose Group The Scout Hut 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Fri 6:00pm | Courage to Change Emmanuel United Methodist Church 2331 Lavista Dr. Burlington, NC 27215 | Open Discussion |
| Fri 8:00pm | Graham Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Discussion |
| Sat 9:00am | Primary Purpose Group The Scout Hut 100 North Maple Street. Graham, NC 27253 | Open Discussion Spiritual Breakfast |
| Sat 10:00am | Rule 62 Greenway Park Baptist Church 1031 Townbranch Rd. Graham, NC 27253 | Open Discussion |
| Sat 7:00pm | Mebane Group Mebane Presbyterian Church 402 South 5 th St. Mebane, NC 27302 (<i>Rear Entrance</i>) | Open Discussion |
| Sat 8:00pm | Back to Basics Group Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Speaker |

NARCOTICS ANONYMOUS - GREENSBORO AREA



The Greensboro Area of NA exists to serve NA home groups and the public in the cities of Greensboro, High Point, Burlington, Elon, Graham, Kernersville and Reidsville, NC.

Greensboro Area NA Groups meets virtually and in-person

Greensboro Area 24 Hour Phone line: 1-866-375-1272

| Day/Time | Greensboro Area NA Group Name/Location | Format |
|---------------|--|--|
| Sun 7:30 am | Rising Sun Greensboro, NC https://us04web.zoom.us/j/506864823 Zoom ID: 506 864 823 NO PASSWORD | Open Meets Virtual |
| Sun 3:00pm | Principles Before Personalities Centenary Methodist Church 2300 W. Friendly Avenue Greensboro, NC 27405 | Open Discussion Participation |
| Mon 6:30pm | Second Chances First Baptist Church of Mebane 301 S Third St. Mebane, NC 27302 *Children Welcome* | Open Discussion Participation Topic Literature Study |
| Mon 7:00pm | Courage to Change Emmanuel United Methodist Church 2331 Lavista Dr. Burlington, NC 27215 | Open |
| Mon 7:00pm | Road to Freedom Union Grove Methodist Church 6407 Union Grove Church Rd. Hillsborough, NC 27278 *Children Welcome* | Open Candlelight Just for Today Study |
| Tue 6:00pm | Possible Dreams Freedom Fellowship Church 522 Trollinger St. Burlington, NC 27215 | Open Literature Study |
| Tue 7:00pm | Bearing No Names Hillsborough United Church of Christ 200 Davis Rd. Hillsborough, NC 27278 | Closed Literature Study |
| Tue 8:00pm | Freedom to Live Presbyterian Hut (Scout Hut) 100 North Maple Street. Graham, NC 27253 | Open Literature Study |
| Wed 6:30pm | Cross Roads Macedonia Lutheran Church 421 West Front St. Burlington, NC 27215 | Format Varies |
| Wed 8:00pm | Courage to Change Church of the Holy Comforter 320 East Davis St. Burlington, NC 27215 | Closed |

| | | |
|----------------------|---|---|
| Thu 12:00pm | Possible Dreams Freedom Fellowship Church 522 Trollinger St. Burlington, NC 27215 | Open Literature Study |
| Thu 7:00pm | Second Chances First Baptist Church of Mebane 301 S Third St. Mebane, NC 27302 *Children Welcome* | Open Beginner Newcomer |
| Thu 7:00pm | Courage to Change Church of the Holy Comforter 320 East Davis St. Burlington, NC 27215 | Open |
| Thu 7:00pm | First Community Baptist Church 509 Eno St. Hillsborough, NC 27278 | Open Candlelight Participation |
| Thu 8:00pm | Church of Christ 1414 South English St. Greensboro, NC 27401 | Open Discussion Participation  |
| Fri 6:30pm | Crossroads Macedonia Lutheran Church 421 W. Front St. Burlington, NC 27244 | Format Varies |
| Fri 7:30pm | Friday Night Live Powerline Church at the Nazarene 701 Manning Ave Elon, NC 27278 | Open |
| Fri 10:00pm | Phoenix St. John's Methodist Church 6309 West Friendly Ave. Greensboro, NC 27410 | Open Discussion Participation  |
| Sat 7:30am | Rising Sun https://us04web.zoom.us/j/506864823 Zoom ID: 506 864 823 NO PASSWORD | Open Meets Virtual |
| Sat 3:00pm | Possible Dreams Freedom Fellowship Church 522 Trollinger St. Burlington, NC 27215 | Open |

AL-ANON/ALATEEN FAMILY GROUP OF ALAMANCE COUNTY

Local Contact: (919) 713-1516

National Hotline: 1-800-344-2666

Website: <http://www.alanonalateen6nc.org/>

| Day/Time | Name/Location |
|----------------------|--|
| Sun 6:30pm | Burlington AFG First Reformed United Church of Christ 513 W. Front St. Burlington, NC 27215 (Meet in Parlor Rm on 2 nd floor) |
| Mon 8:00pm | *New Life Discussion AFG Historic Providence Christian Church 819 North Main St. Graham, NC 27253 |
| Tue 8:00pm | Burlington AFG First Reformed United Church of Christ 513 W. Front St. Burlington, NC 27215 (Meet in Parlor Rm on 2 nd floor) |
| Wed 3:00pm | Hope in The Afternoon AFG Twin Lakes Retirement Community Boland Community Center 3701 Wade Coble Dr. Burlington, NC 27215 |
| Thu 7:00pm | *Learning to Live AFG Historic Providence Christian Church 819 North Main St. Graham, NC 27253 |
| Fri 1:00pm | Friday TGIF AFG Binkley Baptist Church (Meeting in Lounge) 1712 Willow Dr. Chapel Hill, NC 27514 |
| Sat 10:00am | Saturday Morning Live Beginners Binkley Baptist Church 1712 Willow Dr. Chapel Hill, NC 27514 |

*= Entrance to church parking lot is by Cemetery - the gate will be closed in the evenings. Use the doorway under breezeway to enter white building. Last Thursday of month is a Speaker Meeting.

Additional Peer Support Groups and Resources

When in-person meetings are not an option or unavailable, virtual meetings can help bridge the gap and provide meaningful support for individuals navigating challenges related to alcohol and other substance use. The following online recovery resources may help.

AA Virtual Meetings

Online AA meetings operate similarly to face-to-face meetings. All meetings are open meetings. To attend a meeting, sign up for a free Skype account. AA meetings are held daily and represented by a wide variety of members. <https://www.aaonlinemeeting.net/>

Association of Recovery in Higher Education (ARHE)

ARHE recognizes the unique challenges students in recovery face and serves as the accrediting body for collegiate recovery, supporting their growth, accessibility, and community while providing professional development for program leadership. <https://collegiaterecovery.org/>

Bigvision Community

BIGVISION is an online community that offers peer support to young adults between the ages of 18 and 35 who are in recovery from alcohol and/or substance use disorders. <https://www.bigvision.nyc/>

Marijuana Anonymous (MA)

MA is a free, non-religious peer-support program focused on addressing the shared problem of marijuana or cannabis addiction. <https://marijuana-anonymous.org/>

Narcotics Anonymous (NA)

Virtual NA is a globally based collaborative service resource whose primary purpose is to provide a meeting search for both online and phone line meetings of Narcotics Anonymous hosted from different countries around the world. <https://virtual-na.org/>

RecoverMe - SAMHSA Recovery Support

The RecoverMe campaign connects those in recovery with empowering, practical, and encouraging resources to support their individual journey with substance use and mental health challenges. <https://www.samhsa.gov/substance-use/recovery/recoverme>

Recovery Communities of NC

Recovery Communities of North Carolina's (RCNC) mission is to promote addiction recovery, wellness and citizenship through advocacy, education and support. <https://www.rcnc.org/>

SMART Recovery Meeting

An online community where participants interact and support each other in recovery from addictive behaviors. Features include daily online meetings, message board, and 24/7 live chat.

<https://smartrecovery.org/meeting>

SOCIAL POLICIES – SANCTIONS

Source: <http://elon.smartcatalogiq.com/current/Student-Handbook>

When a student is found responsible for a violation, the hearing officer or Honor Board panel will assign a sanction. These sanctions are intended to facilitate growth and learning, to uphold Elon's expectations for accountability based on our honor code values, to begin to repair harms that may have resulted from the behavior, and to support the health and safety of all members of our community.

The hearing officer/board will consider the following factors for developing sanctions:

- Typical sanctions for each violation as part of the current incident; multiple violations in one incident may result in a more serious sanction than would be imposed for the violations individually
- The choices, risks, harms, mitigating, and aggravating factors in the current incident
- Previous disciplinary history: including any prior violations, dates of violations, and any patterns of behaviors
- Any current warning/probation status level

Case sanctions are not an evaluation of character, but of choices and behaviors during a specific incident. Character statements, GPA, and other similar factors are not considered as part of the process for developing sanctions.

Sanctions typically consist of a disciplinary status, educational/restorative activities, a university fine or fee, and may include additional aspects such as restrictions, an assessment with a licensed healthcare provider, and other active/passive sanctions.

Disciplinary Status and Other Sanctions

Any one or more of the following sanctions may be assigned for any student found responsible for any single violation. Cases involving more than one violation, as well as cases involving respondents with prior conduct violations, may result in more serious sanctions.

A. Disciplinary Standing

Students and student organizations with sanctions of disciplinary probation, disciplinary suspension, or permanent separation and those not in compliance with sanction requirements (e.g. overdue sanctions or failure to complete as assigned) are not considered to be in "good standing." Students who are on disciplinary probation may be unable to participate in some programs, experiences, or leadership positions; students should consult directly with the university officials coordinating those opportunities for information on those restrictions, how probationary status is considered in those decisions, and any related process to appeal that restriction.

Students who withdraw from the university or graduate with outstanding charges or incomplete sanctions may be considered "not in good standing" with the University and restricted from returning to campus or enjoying other University privileges until the required conditions are met.

Academic standing (including academic probation) is separate from disciplinary standing.

B. Disciplinary Status Levels

When a student is found responsible for violating the Code of Conduct, one of the following disciplinary status levels will be assigned:

Official Warning: Official warning is the lowest disciplinary status level for social policy violations of the Code of Conduct. The official warning is notification to the student(s) that they have been found responsible for a Code of Conduct violation and that any other violations may result in more serious sanctions.

Disciplinary Probation: A probationary status imposed for a specific time period during which the student is expected to show a positive change in behavior. Disciplinary Probation serves as the official notice that future violations of the Code of Conduct may result in more severe sanctions, including the possibility of suspension or permanent separation.

During the probationary period, the student can remain on campus, attend classes, and participate in certain programs and activities, but their probationary status may affect the student's ability to participate in some programs, experiences, or leadership positions. Students should consult directly with the university officials coordinating those opportunities for additional information on those restrictions, how probationary status is considered in those decisions, and any related process to appeal that restriction.

Disciplinary Suspension: The removal of a student from the university for a specific period of time. The student is eligible to re-enroll after that period of time, but the request to return will not be approved unless all other requirements and deadlines have been met.

While a student is suspended, they cannot return to the campus or participate in any programs or activities of the university without written permission from the dean of students (or designee) or assistant provost for academic excellence and integrity. If the student returns to the campus without written permission during the suspension period, their eligibility to return to Elon in the future may be jeopardized and the student may be issued a legal trespass order.

A violation of the Code of Conduct deemed to be sufficiently egregious or a repeat violation may result in a disciplinary suspension. Students suspended for social policy violations may request to take courses elsewhere for transfer credit according to the academic catalogue.

In rare situations, when warranted by mitigating or extenuating circumstances as determined by the dean of students or the assistant provost for academic excellence and integrity, a hearing officer/board or appeal officer/board may hold a suspension in abeyance to take effect only upon further violations of the Code of Conduct or failure to fulfill assigned sanctions. A suspension held in abeyance may be activated pending the outcome of a conduct process for subsequent violations.

Suspended students will only be refunded board and tuition using the refund schedule outlined in the academic catalog. All other fees and charges are forfeited.

Upon reenrollment following a period of disciplinary suspension, a student will be placed on disciplinary probation for one term from date of return. This probationary period is designed to assist with a smooth transition back into the university community. Students on post-suspension disciplinary probation are required to abide and complete all terms and conditions of their return. Any misconduct or non-compliance will be reviewed and may result in disciplinary suspension or permanent separation from the university.

Permanent Separation: Permanent removal from the university. Students separated from the university will be refunded board and tuition only, using the refund schedule outlined in the Academic Catalog. All other fees and charges are forfeited.

If a student is permanently separated from the university, a notation will be made on the official transcript.

Students who are permanently separated from the university for violations of the Code of Conduct may not return to the campus or participate in any programs or activities of the university without written permission from the dean of students (or designee), or the assistant provost for academic excellence and integrity. If the student returns to the campus without written permission, they may face criminal charges for trespassing.

C. Additional Sanctions/Restrictions

Alcohol Education Class/Program: Students found in violation of an alcohol-related policy may be assigned to complete an alcohol education class or a program such as e-chug, Under the Influence, or BASICS. The fee, if any, for these programs is the student's responsibility and must be paid before the program begins.

Cease Contact Directive: As a result of one or more significantly negative interactions, the cease contact directive is put in place for all involved parties. Each person is instructed to have no further contact with the other(s) including but not limited to speaking to them in person, through friends/acquaintances, via telephone or text message, via e-mail or any other form of social media, or in writing. Additional parameters may be stipulated in the directive. If any party violates this request to refrain from contact, it will result in a referral to the Office of Student Conduct for a violation of the Code of Conduct policy of "Failure to Comply with the Directive of a University Official" in addition to any other applicable university policies. (A cease contact directive can also be administratively assigned as an interim administrative action without assumption of responsibility for any violation.)

Confiscation of Prohibited Property: Items whose presence is in violation of university policy will be confiscated and will become the property of the University. Prohibited items may be returned to the owner at the discretion of the director of Student Conduct and/or Campus Safety and Police.

Mental Health Assessment: Students may be required to complete a psychological or psychiatric assessment by a licensed mental health provider. Students must follow any treatment, additional assessment or referral recommendation resulting from the assessment and provide documentation of compliance. Students are responsible for any cost or fees associated with the assessment and treatment.

Drug Education Class/Program: Students found in violation of a drug-related policy may be assigned to complete a drug education class or a program. The fee, if any, for these programs is the student's responsibility and must be paid before the program begins.

Drug Testing: Students are required to complete random drug tests during the period indicated in the hearing decision. Students will be notified via university email and given directions for completing the drug test within one business day. They are responsible for checking their email daily during this time period. (Notifications will not be sent on holidays, weekends or during times when classes are not in session.) Testing is available at Student Health Services, Urgent Care, or a site pre-approved by your hearing officer. Off-campus tests must include a formal chain of custody, five-panel screening (or higher), and validity testing. All costs associated with drug testing are the responsibility of the student. Results must be mailed, faxed or emailed from the testing site to the Office of Student Conduct.

Educational Project/Plan: This may include an educational project, task, or participation in a program/activity individually tailored to the specific violation and intended learning outcomes. Some examples include papers, book reports, online academic integrity seminars, interviews, or program development and implementation. Assignments must be presented to and approved by the hearing officer or designee in order for the requirement to be considered complete. Students may be required to complete a follow-up meeting for this requirement to be considered complete.

Fines: Fines support honor code awareness initiatives, substance education, and substance-free programming. Fines not paid by due date will be added to the student's bill/account with a \$50

additional fee. Students with high demonstrated financial need as documented by the Office of Financial Planning may petition the hearing officer to consider alternative sanctions in lieu of a fine. The student must make the request at the time of the initial hearing.

Loss of Organization Recognition: The student organization loses its official recognition for a given or indefinite period of time. If re-registration is allowed, the organization must comply with all other requirements prior to being recognized again. While an organization is suspended, it may not use University resources unless otherwise stated in the hearing decision. (When a student organization fails to complete sanctions of a conduct violation, this sanction may be assigned as a consequence of that compliance failure.)

Relocation of University Owned or Operated Housing: A student or group may be required to move to another room, residence hall, apartment, or residence area because of their lack of willingness to live within the rules of their present residential community or uphold university policies. For individuals, this sanction will be assigned in situations where the student would benefit from a change of environment in order to conform to acceptable group living standards or to restrict the student from being in the same neighborhood as a reporting party. This includes university-leased/operated housing as well.

Removal from University Housing: A student may be removed from residing in university-owned or leased housing as part of an imposed sanction. Room rent for the remainder of the student's housing contract period may not be refunded.

Residence Life /Housing Probation: Official notice that, should there be further violations of the Code of Conduct, Residence Life or Fraternity and Sorority Life policies, or other University policies occur during a specified probationary period, the student may immediately be removed from University housing.

Restitution: Reimbursement for damage caused to the University or any person's property. This is not a fine but, rather, a repayment for labor costs and/or the value of property destroyed, damaged, consumed, or stolen.

Restorative Actions/Projects: Student(s) are required to engage in actions that attempt to make amends for the negative impact of a violation and repair the harm that resulted from the misconduct. These actions may include activities such as letters of apology, drafting and implementing a plan of resolution, providing restitution services, engaging in restorative justice conferences, or developing plans for reintegration.

Restriction of Visitation Privileges: May be imposed on a resident or non-resident student. The parameters of the restriction will be specified.

Substance Use Assessment: Students found responsible for alcohol- or drug-related violations may be required to complete an assessment by a certified substance abuse counselor/provider. Students may meet with a member of the Student Health Services or Counseling Services staff for assistance in a referral to a certified provider. Students must follow any treatment or referral recommendations that result from the assessment and forward appropriate additional documentation to the Office of Student Conduct. Students are responsible for any cost associated with the assessment and treatment.

Suspension or Restriction of Privileges: An individual student, residence hall floor, suite, apartment, or student organization may lose specified privileges for a designated period of time. The student or organization is barred from or limited in engaging in, participating in, hosting, or sponsoring social events (formal or informal) or other non-academic activities. The purpose of this sanction is to allow students/organizations the opportunity to create socially responsible habits/environments that are sustainable and demonstrate the ability to abide by community standards and expectations. The exact parameters may vary based on the specifics of the incident and will be specified in writing.

Adaptive Sanctions: Additional or alternate sanctions may be created and designed as deemed appropriate to the violation with the approval of the director of Student Conduct, dean of students, assistant provost for academic excellence and integrity, or designee.

D. Recognized Student Organization Sanctions

The following sanctions may be imposed upon groups or organizations found to have engaged in prohibited conduct to create a developmental action plan:

- A disciplinary status level;
- One or more of the additional requirements or restrictions listed previously; and/or
- Loss of recognition or loss of privileges (including status as a recognized student organization) for a specified period of time, until sanctions are complete, or indefinitely.
- An organization fine or education program fee, and/or
- An alternate sanction as identified to align with the violation(s)

E. Failure to Complete Sanctions or to Comply with Required Actions/Restrictions

All students, as members of the University community, are expected to comply with required actions/restrictions within the time frame specified in the hearing decision. Students or organizations who do not complete required actions by the assigned due date, whether by refusal, neglect or any other reason, may have a registration hold placed on their student record or may have enrollment for the upcoming term dropped (if registration has already occurred) until the required action is complete. In some cases, a student or organization may be referred to the student conduct process for a potential policy violation of “Failure to Comply with the Directive of a University Official,” and may receive additional or more serious sanctions (including suspension for a student or loss of recognition for a student organization). To re-enroll or regain recognition as an organization, a student/group must have satisfactorily completed all (including any additionally assigned) required actions. This determination will be made by the Office of Student Involvement, in consultation with Dean of Students or designee.

Students who have pending cases with alleged policy violations may remain in a “graduate pending” status and may not be considered in “good standing” until a resolution is identified and applicable sanctions are fulfilled. Additionally, students who graduate with incomplete sanctions may be considered “not in good standing” with the university and restricted from returning to campus until the required conditions are met.

F. Sanctioning Framework – Alcohol and Other Drug Violations

The sanctioning framework for alcohol and other drug violations is set forth below. This framework provides guidelines for sanctioning alcohol and drug violations but should not be interpreted as prescriptive. The guidelines are intended to be flexible to address the particular circumstances of a specific case, and hearing officers/boards may modify sanctions as deemed appropriate. If a single incident involves multiple distinctive violations, sanctions typically will be cumulative. In addition to sanctions under this Code of Conduct, individuals who unlawfully possess, use, or distribute illicit drugs or alcohol may be subject to criminal penalties under local, state, or federal law.

SANCTIONING FRAMEWORK – Alcohol and Other Drug Violations

| Sanctions for Individuals | | | |
|--|---|--|--|
| Policy | First Violation | Second Violation | Third Violation |
| <ul style="list-style-type: none"> Possession and/or Consumption of Alcoholic Beverages by Students Under 21 Years of Age Public Consumption and/or Possession of Alcohol | <ul style="list-style-type: none"> Official Warning Educational Program \$50 educational program fee | <ul style="list-style-type: none"> Disciplinary Probation (if within one year of first violation) Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee | <ul style="list-style-type: none"> Disciplinary Suspension (if within one year of previous violation) Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee |
| <ul style="list-style-type: none"> Being Under the Influence of Alcoholic Beverages Extreme Intoxication Rapid Consumption of Alcohol or Actions that May Endanger the Wellbeing of Self or Others Possession of a Keg, Common Alcohol Beverage Container, or Excessive Amounts of Alcohol on University Property Possession of Drug Paraphernalia Being in the Presence of Drug Use, Possession, or Sale Use or Possession of Controlled, Illegal, or Prohibited Substances (Schedule VI and unscheduled substances) | <ul style="list-style-type: none"> Official Warning Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee <p><i>Possible university housing probation / relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p> | <ul style="list-style-type: none"> Disciplinary Probation (if within one year of first violation) Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee <p><i>Possible university housing probation / relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p> | <ul style="list-style-type: none"> Disciplinary Suspension (if within one year of previous violation) Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee <p><i>Possible university housing probation/relocation/ or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p> |
| <ul style="list-style-type: none"> Provision and/or Distribution of Alcohol to Students Under 21 Years of Age Sponsorship of an Activity Involving the Unauthorized use of Alcoholic Beverages Alcohol-or Drug-related Vehicular Violations | <ul style="list-style-type: none"> Disciplinary Probation Educational Program Substance Use Assessment (compliance with recommendations) \$50 educational program fee <p><i>Possible university housing probation / relocation or loss of housing if behaviors were disruptive, harmful, or dangerous to living community</i></p> | <ul style="list-style-type: none"> Disciplinary Suspension Educational Program Substance Use Assessment (compliance with recommendations) | |
| <ul style="list-style-type: none"> Use or Possession of Controlled, Illegal, or Prohibited Substances (Schedule I-III) Manufacturing, Distribution, or Sale of Prohibited, Controlled, or Illegal Substances | <ul style="list-style-type: none"> Disciplinary Suspension Educational Program Substance Use Assessment (compliance with recommendations) | <ul style="list-style-type: none"> Permanent Separation | |

| Sanctions for Organizations | | | |
|---|---|---|--|
| Policy | First Violation | Second Violation | Third Violation |
| <ul style="list-style-type: none"> All alcohol and other drug violations | <ul style="list-style-type: none"> Official Warning or Disciplinary Probation Educational program for members Leadership training/enhancement plan Loss of specific social privileges Fine | <ul style="list-style-type: none"> Disciplinary Probation or Loss of University Recognition (if within one year of first incident) Restriction of privileges Educational program Fine | <ul style="list-style-type: none"> Permanent Loss of University Recognition (if within three years of first incident) Loss of university housing |

UNIVERSITY FACULTY AND STAFF POLICIES

Source: <https://www.elon.edu/u/fa/hr/guides-policies-procedures/staff-manual/>

Statement of Standards

Each individual employee contributes to the total success of the University. As an employee of Elon University, each staff member should accept and promote the aims and objectives of the University and show an overall concern for its welfare.

All employees are expected to uphold and comply with the university's alcohol and substance use policies. The unauthorized use of alcohol or being intoxicated or under the influence of controlled substances while at work or on University business is prohibited.

For a complete listing of employee standards, see **Statement of Standards**. Additional standards of conduct relevant to substance use can also be found under **Standards of Conduct and Corrective Action**.

Drug-Free Workplace Statement (updated 10/20)

This information is presented in compliance with Part 86 of the Drug Free Schools and Campuses Act regulations and is presented to provide Elon University students and employees with the following: **(1)** standards of conduct, **(2)** applicable federal, state, and legal sanctions, **(3)** a description of the health risks associated with the use of alcohol and other drugs, **(4)** a description of campus resources available to students including prevention and treatment resources, and **(5)** University disciplinary sanctions as outlined in the Student Handbook. In addition, this document serves as an opportunity to solicit your compliance with these policies and encourage your active participation in fostering a responsible, safe, and caring community.

Substance Use

The University recognizes that alcohol and substance use in the workplace is a major concern. It is believed that, by reducing drug and alcohol use, the University will improve the safety, health, and productivity of employees. The object of the University's alcohol and drug policy is to provide a safe and healthy workplace for all employees, to comply with federal and state health and safety regulations, and to prevent accidents.

The use, possession, sale, transfer, purchase, being under the influence of intoxicating liquor, illegal drugs, or other intoxicants by employees at any time on University premises or while on University business is prohibited.* The illegal use of any drug, narcotic or controlled substance is prohibited. Employees must not report for duty or be on University property while under the influence of, or have in their possession while on University property, any intoxicating liquor, marijuana or illegally obtained

drug, narcotic, or other illegal substance. Possible sanctions for violations of this policy will include termination of employment with the University.

**Alcohol may occasionally be served at University-sponsored events. Employees who attend these events are expected to exercise sound judgment and use discretion in consumption.*

Smoking Policy

Elon University is a **smoke free campus** with respect to all facilities, except outdoor facilities. Smoking is not permitted within 30 feet of University Buildings or in Rhodes Stadium.

For purposes of this policy, smoking is defined as the act of lighting, smoking, or carrying a lighted or smoldering cigar, cigarette, or pipe of any kind, including vapes and electronic cigarettes. This policy applies to:

- Students
- Faculty and Staff
- Persons using vehicles owned or leased by the University
- Campus visitors including contractors, consultants, and temporary employees. Contractors are expected to designate smoking areas on their work sites, to be approved by the University
- Employees of companies contracted to work at University such as dining services, the bookstore, etc.

It is expected that individuals who smoke will show concern for the neatness of the area and put smoking-related waste in proper receptacles provided for that purpose. Personal safety measures should be followed at all times.

The success of this policy depends upon the consideration, and cooperation of both smokers and non-smokers. All members of the Elon University community share the responsibility of adhering to and enforcing this policy.

There is no safe level of exposure from secondhand smoke, and all forms of tobacco use carry health risks. For more information about these risks visit the **Centers for Disease Control and Prevention (CDC)** website.



For more information, contact:

**Office of the Dean of Students
Janice Ratliff Building 105
2045 Campus Box Elon, NC 27244
(336) 278-7200**