



# your guide to TRANS VO CAB

Here is a quick rundown of important terms to know when navigating gender and transness!



MTF- Male to female  
FTM- Female to male  
AFAB- assigned female at birth  
AMAB- assigned male at birth

What's the difference?

Mtf/ftm implies that someone is either a trans man or a trans woman, while afab/amab can be used more broadly for people outside the gender binary



Transgender- One who identifies with a gender other than what they were assigned at birth

Cisgender- One who identifies with the gender they were assigned at birth

gender expression

gender identity



Both gender expression and identity are a spectrum.



Gender & how it interacts with our society is very complex, and cannot possibly be summed up in one info graphic. Here are some wonderful resources to turn to when wanting to learn more:

## Trans Media!

- Paris is Burning (movie) Directed by Jennie Livingston
- QueerSplaining (podcast)
- gender reveal (podcast)
- Happy Anniversary (song) by Mothé
- Some Say (song) by Adam Ulanicki
- Transgender Dysphoria Blues (album) by punk rock band Against Me!



# BLACK

&

# TRANS



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**Marsha "Pay it No Mind" Johnson (1945-1992) was a Black trans woman who was a force behind the Stonewall Riots and surrounding activism that sparked a new phase of the LGBTQ+ movement in 1969.**



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**Miss Major Griffin-Gracy, often referred to as Miss Major, is a trans woman activist and community leader for transgender rights, with a particular focus on women of color.**

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**Gladys Alberta Bentley was an American blues singer, pianist, and entertainer during the Harlem Renaissance. Her career skyrocketed when she appeared at Harry Hansberry's Clam House in New York in the 1920s, as a black, lesbian, cross-dressing performer**

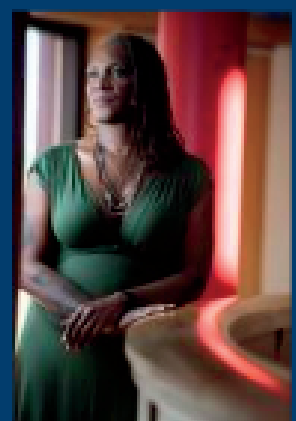


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**Lucy Hicks Anderson was an American socialite and chef. As a trans woman, she was adamant from an early age that she was a girl. Her parents, based on advice from doctors, supported her decision to live as one.**

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**Andrea Jenkins made history in 2017 as the first African American openly trans woman to be elected to office in the United States.**



# IN LIFE & DEATH

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I'm breaking the 'forth wall' to tell you this: trans joy is beautiful and should be celebrated, but trans anguish is also an every day reality. In 2023 alone (a month and a half) four trans women have been killed. Trans people, for being .5 percent of the American population, get killed a disproportionate amount, especially those that are trans women and non-white.

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This is Brianna Ghey, a 16 year old girl who was murdered for being trans on February 11th 2023. I saw a video on tik tok reporting her death, and almost right after that video, I saw one of her own tik toks pop up with the comments wishing her peaceful rest. She is not the first, nor will she be the last. Brianna will be deadnamed and misgendered on her death certificate.

While the number of trans people in older generations stays stagnant, the number in younger generations grows. Even so, bills all over the country are being proposed (and in Utah, passed) to prevent trans youth from getting the care and help they need.

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All this to say, trans people need help. I urge you to do whatever you can- protest, sign petitions, stay updated on whats going on, research and continue to learn more, or do something as simple as showing the trans people around you or online support.

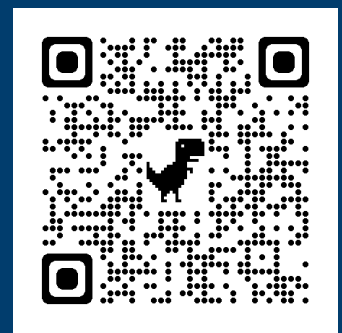
And to anyone trans reading this: you are not alone, and if distancing yourself from trans trauma is what it takes to keep you mentally healthy, don't feel guilty. You have a community of support behind you.

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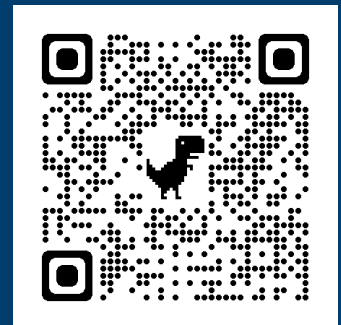
# RECOURCES

Elon's very own GLC  
(Gender and LGBTQIA Center)



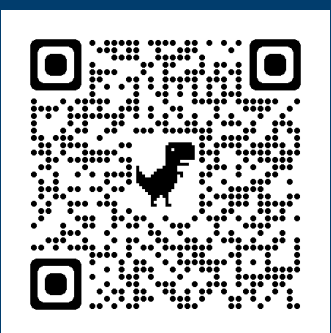
Human Rights Campaign

LGBTQ nation (news outlet)



National Center for  
Transgender Equality

Trans lifeline (helpline)



TransActual

Transgender recourses-  
American bar association

