

# Living and Learning Community Syllabus 2024 - 2025

# **Alcohol and Substance Free Housing for Elon Students**

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## **ASHES Living Learning Community Description:**

ASHES (Alcohol and Substance-free Housing for Elon Students) seeks to create a residential experience that promotes and respects a healthy lifestyle choice free of alcohol, tobacco, or other substance use. Our mission is to create a community that reinforces a students' decision to engage in a substance-free college experience.

ASHES supports each student in their decision to live substance-free, providing resources and programs focused on holistic wellness. Students are expected to follow Elon University's alcohol and substance use policies. Non-compliance may lead to intervention or administrative removal to maintain the community's integrity.

For the 2024-2025 academic year a community living agreement will be signed by all residents.

# **Overall Living Learning Communities Student Learning Outcomes:**

Living-Learning Communities (LLCs) provide students with a sense of belonging in a community of their peers united by a common interest. By engaging in this LLC, students will:

- 1. Participate in intellectual, personal, and social growth activities within a collaborative and integrative (academic, social, and residential) environment.
- 2. Apply academic, professional, social, cultural, and/or wellness skills/knowledge through experiences, reflection, and synthesis outside of the classroom.
- 3. Participate in mentoring relationships with faculty, staff, and/or peers outside of the classroom.

#### **ASHES LLC-Specific Student Learning Outcomes:**

- By participating in the ASHES Living Learning Community, students will engage in wellness-related activities and experiences that promote personal reflection and exploration of *holistic wellness*.
- Through adventure-based educational programs, students will develop essential skills such as team-building, communication, and problem-solving, contributing to a supportive and connected ASHES community.

Students will establish partnerships with Health Education and Promotion and SPARKS
peer health educators, working together to increase campus-wide awareness of
substance-free and wellness-related initiatives, fostering a culture of informed choices and
support.

### **ASHES LLC Requirements and Expectations:**

- 1. Students are encouraged to create a written <u>self-care plan</u> that supports their daily wellness goals, guided by Elon's HealthEU framework and the six dimensions of wellness.
- 2. Students will participate in <u>HealthEU</u> wellness events and/or other teambuilding activity once during the fall and spring semester. Examples include the Elon Challenge (Experiential Learning and Outdoor Adventures).
- 3. Students will attend the following monthly floor meetings/check-ins with the LLC Advisor to discuss program logistics, upcoming events, and address any community concerns.
  - August 28, 2024 6:00 PM (McEwen Dining Hall)
  - September 18, 2024 6:00 PM (McEwen Dining Hall)
  - October 16, 2024 6:00 PM (McEwen Dining Hall)
  - November 13, 2024 6:00 PM (McEwen Dining Hall)

#### 2024 Fall Events

- Koury Kick-Off August 24, 2024
- LLC Kick-Off August 26, 2024
- #WearPurpleWednesday KickOff w/Pelicans September 4, 2024
- HealthEU Day October 22, 2024
- Elon Challenge Experience Low Ropes Course October 26, 2024
- NCAAW (National Collegiate Alcohol Awareness Week) October 21-25
- Great American Smokeout (3<sup>rd</sup> Thursday in November)
- Cookies & Cocoa Social (TBD)

#### 2025 Spring Events

- Elon Challenge Experience High Ropes Course (TBD)
- Love Your Body Month February
- DIY Aromatherapy Workshop
- National Recovery Month/Collegiate Recovery Day April 15, 2025
- National Alcohol Screening Day



#### SUBSTANCE-FREE COMMUNITY LIVING AGREEMENT

#### 2024 - 2025

The ASHES Substance Free Community is designed to provide students with a living environment that promotes a healthy lifestyle and is free of substance use, including the nonmedical use of prescription medication. This agreement, an addendum to the Student Housing contract, outlines expectations for ASHES residents. Non-compliance may result in relocation to another residence hall.

As conditions of my residency in the ASHES substance-free community, I understand and agree to the following:

- Abstain from possessing or using alcohol, tobacco, cannabis, and illegal substance use
  within the ASHES community, even if I am over 21 or authorized for medical use
  elsewhere.
- Ensure that any substance use off-campus does not disrupt the ASHES environment or negatively impact the community upon my return.
- Ensure that my guests follow ASHES policies and take responsibility if they violate community standards.
- Support community standards by addressing concerns to fellow residents, ASHES Ambassadors, RAs, or the ASHES Advisor about residents who may be violating the substance-free community standards.

If I fail to uphold this agreement or Student Housing policies, I understand I may be reassigned to another residence hall. This agreement remains in effect as long as I reside in the ASHES LLC.

My signature indicates that I understand and agree to these standards.

Name	Student I.D. #	
Signature	Date	