

Health Sciences LLC Syllabus & Agreement

| January Theme – Welcome Back! | | |
|--|--------------|-------------|
| What | Where | When |
| Basketball Game | Shar Center | 1/22 7 PM |

| February Theme – Heart Health | | |
|--|---|---|
| What | Where | When |
| Sunday Show | Common Room | Every Sunday at 3PM |
| Sundaes on Sunday | Global Commons | Every Sunday 7-8 PM |
| LLC Group Dinner – Make Valentines! | TBD | 2/2 6 PM (come at 5:30 to eat dinner before we start) |
| Movie Night | Common Room | Every Thursday 8:30 PM |
| International Chocolate Festival | Lakeside Dining Hall | 2/11 5:30-7:00 PM |
| Global Film Series | Glo Co Media Room 103 | Tuesday 2/16 7PM |
| Connect in the Commons | Sato Commons | 2/15 7-8 PM |
| College Coffee Table | Phi Beta Kappa Commons (rain location Alumni Gym) | TBD We will put together a table on heart health information |

| March Theme – Traumatic Brain Injury | | |
|---|---|--|
| What | Where | When |
| Sunday Show | Common Room | Every Sunday at 3PM |
| Sundaes on Sunday | Global Commons | Every Sunday 7-8 PM |
| LLC Group Dinner | Guest Speaker location TBD | 3/2 6 PM (Come at 5:30 to eat dinner before we start) |
| March Mindfulness Dinner | Sato Commons | 3/3 6:30-8 PM |
| Movie Night | Common Room | Every Thursday 8:30 PM |
| Connect in the Commons | Sato Commons | 3/15 7-8 PM |
| Global Film Series | Glo Co Media Room 103 | Tuesday 3/17 7PM |
| College Coffee Table | Phi Beta Kappa Commons (rain location Alumni Gym) | TBD We will put together a table on TBI information |

| April Theme – Stress Management | | |
|--|----------------|------------------------|
| What | Where | When |
| Sunday Show | Common Room | Every Sunday at 3PM |
| Sundaes on Sunday | Global Commons | Every Sunday 7-8 PM |
| Movie Night | Common Room | Every Thursday 8:30 PM |

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|----------------------------------|---|--|
| LLC Group Dinner | TBD | 4/6 6 PM (come at 5:30 to eat dinner before we start) |
| Global Gala – Delicious Desserts | Irazu | 4/7 5:30-7 PM (Tentative) |
| Neighborhood Dinner | Oaks 212 | Tuesday 4/7 6 PM |
| Connect in the Commons | Sato Commons | 4/19 7-8 PM |
| Global Film Series | Glo Co Media Room 103 | Tuesday 4/21 7PM |
| College Coffee Table | Phi Beta Kappa Commons (rain location Alumni Gym) | TBD We will put together a table on stress management information |
| Stress Management Strategies | TBD | TBD |

| May Theme – End of Year | | |
|-------------------------------------|----------------|------------------------|
| What | Where | When |
| Sunday Show | Common Room | Every Sunday at 3PM |
| Sundaes on Sunday | Global Commons | Every Sunday 7-8 PM |
| Neighborhood Dinner | Oaks 212 | Tuesday 5/5 6 PM |
| Movie Night | Common Room | Every Thursday 8:30 PM |
| Global Neighborhood Spring Festival | Global Quad | 5/8 4-5:30 PM |
| End of Year Celebration | TBD | 5/4 6 PM |

**Other events, dates, and times may be added.

Dr. Thomas will have on-site office hours most Mondays from 2-4 PM in the Common Room