

Full Position Description

Department: [Campus Recreation and Wellness \(Student Wellness Program\)](#)

Position Title: Graduate Apprentice for Health Education and Promotion

Brief Overview of the Department/Program:

Campus Recreation and Wellness (department)

Campus Recreation & Wellness contributes to the holistic well-being of students, faculty, and staff by providing access to recreational and educational experiences, fostering a sense of community, and belonging, and empowering individuals to cultivate positive wellness values and behaviors that last throughout and beyond their time at Elon. Campus Recreation & Wellness does this by providing a variety of recreational and educational facilities, programs, and services across five programmatic areas. The programmatic areas are Facilities, Student Wellness Programs, Fitness Programs, Sport Programs, and Experiential Learning & Outdoor Adventures. Nine full-time staff members and 250 student employees work to fulfill the department mission.

Student Wellness (unit)

As part of the Campus Recreation & Wellness Department, Student Wellness supports holistic student well-being through peer education, health and wellness promotion and educational programming. The focus is student-centered and views wellness-related behaviors as a direct support of academic success. Additionally, we understand and believe that the behaviors developed and cultivated during a students' time here at Elon, will last throughout their lifetime. While our primary focus is students, we promote health and wellness university-wide for students, faculty, and staff. We are housed in Koury and see ourselves as champions of student wellness for our entire community.

Position Description:

The Graduate Apprentice for Health Education and Promotion works directly with the Associate Director for Student Wellness, within the Wellness Unit, to supervise student staff, plan educational programs, and develop leadership training and education for campus wellness events.

Primary Responsibilities

- Supervise and mentor 15-20 peer health and wellness educators
- Assist with the development and facilitation of wellness initiatives, national campaigns, educational programs, and workshops on various wellness focus areas (*i.e., substance education, sexual health, and mental fitness*)
- Champion and coordinate Suicide Prevention and Awareness efforts for campus-wide initiatives

- Develop and coordinate outreach and health promotion efforts, such as *Wellness Wednesdays*, as an opportunity to promote ongoing prevention and national awareness campaigns across campus
- Complete an assessment, benchmarking, or other special project related to wellness and health promotion initiatives for at least one program or training a semester
- Conduct brief interventions using motivational interviewing to facilitate BASICS (*Brief Alcohol Screening and Intervention for College Students*) sessions for individual students
- Design and contribute to wellness-related content development and dissemination using various social media platforms
- Assist with reviewing and updating wellness modules on mental health, sexual health, substance education, and physical health
- Attend weekly professional all-staff departmental meetings, Peer Educator team meetings, and team leader meetings
- Contribute to department reports and assessment in areas related to wellness and health promotion
- Meet weekly with associate director of Campus Recreation & Wellness to receive guidance and support on work and reflect on learning
- Meet monthly with director of Campus Recreation & Wellness to discuss professional development, assessment/benchmarking project, and issues impacting collegiate recreation and higher education
- Meet with supervisor at start of year to develop a professional development plan, and each semester to review and update the plan, connecting apprenticeship to courses and career goals and complete written reflection at end of each year

Additional Responsibilities Required

- Create strong partnerships within the Division of Student Life and with university departments on campus, including faculty, the Office of the Dean of Students, Counseling Services, Student Health Services, and other administrative offices
- Multiple professional development opportunities aligned with MHE program coursework will be provided including NASPA (*Student Affairs Administrators in Higher Education*) conference/training
- Support implementation of institutional priorities, Student Life divisional priorities, and the Campus Recreation & Wellness strategic plan and priorities
- Support community partnerships for wellness fair, flu clinics, substance education, etc.
- Provide information to be included in end of semester evaluation
- Some evening and weekend hours may be required periodically throughout each semester

This includes but is not limited to: assistance with university, divisional or department events (*retreats, trainings, special events*), professional staff meetings and student staff hiring and training.

Professional Development: The Graduate Apprentice will write a professional development plan (PDP) during the first semester. With support from their supervisor, the apprentice will

revise the PDP each semester, and utilize the plan to establish connections between coursework, career goals, and professional engagement opportunities. In the first year, Campus Recreation and Wellness will provide the apprentice with access to \$750 (contingent on budget approval) to support their involvement in professional conferences, drive-ins, webinars, and/or other professional development activities. During the second year, the MHE program will provide the graduate apprentice with \$1250 in professional development funding (subject to budget approval). During both years of the program, Campus Recreation and Wellness will provide the apprentice with membership in one relevant professional association (for example, NASPA: Student Affairs Administrators in Higher Education or American College Health Association).