

**Welcome!**





# Today's Agenda



1. Re-introduction and Expectations
2. Motivation
3. College Alignment

**BREAK**

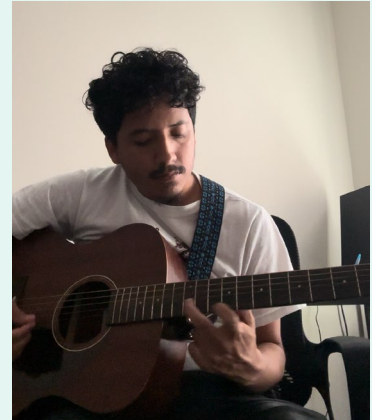
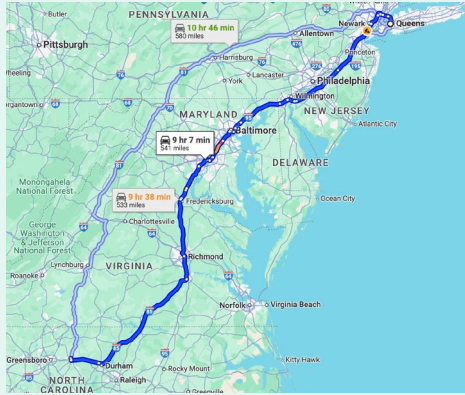
1. Scholarships
  2. Interview Prep
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# Let Me Re-introduce Myself!



- I am Manny Campos!
- Assistant Director of College Success for Elon Academy
- I support high school senior and college scholars!







# My Role

- I will be supporting you from here on out, through your transition to college, during college and beyond!
- Mentoring without being the “mentor”
- Your go-to person for questions and concerns 😊



# What's Changed?

# What's Changed?

- I am no longer Manny the mentor, I am Manny the staff member
- Building towards a more professional connection
- Changes in expectations



# Expectations

## For Saturday Programs:

- Come Ready and Prepared!

- Focus!

- Engage and Participate

## Generally:

- Respect is necessary!

- Communication is key!

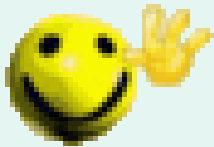


“To initiate a connection with all of you, please send me a little email about what you’re looking forward to in 2025!”

-Manny Campos

**27**

**Rho Scholars**



**10**

**Update Emails**



**6**

**Congrats!**



**1**

**Responded to my Prompt ☹️**

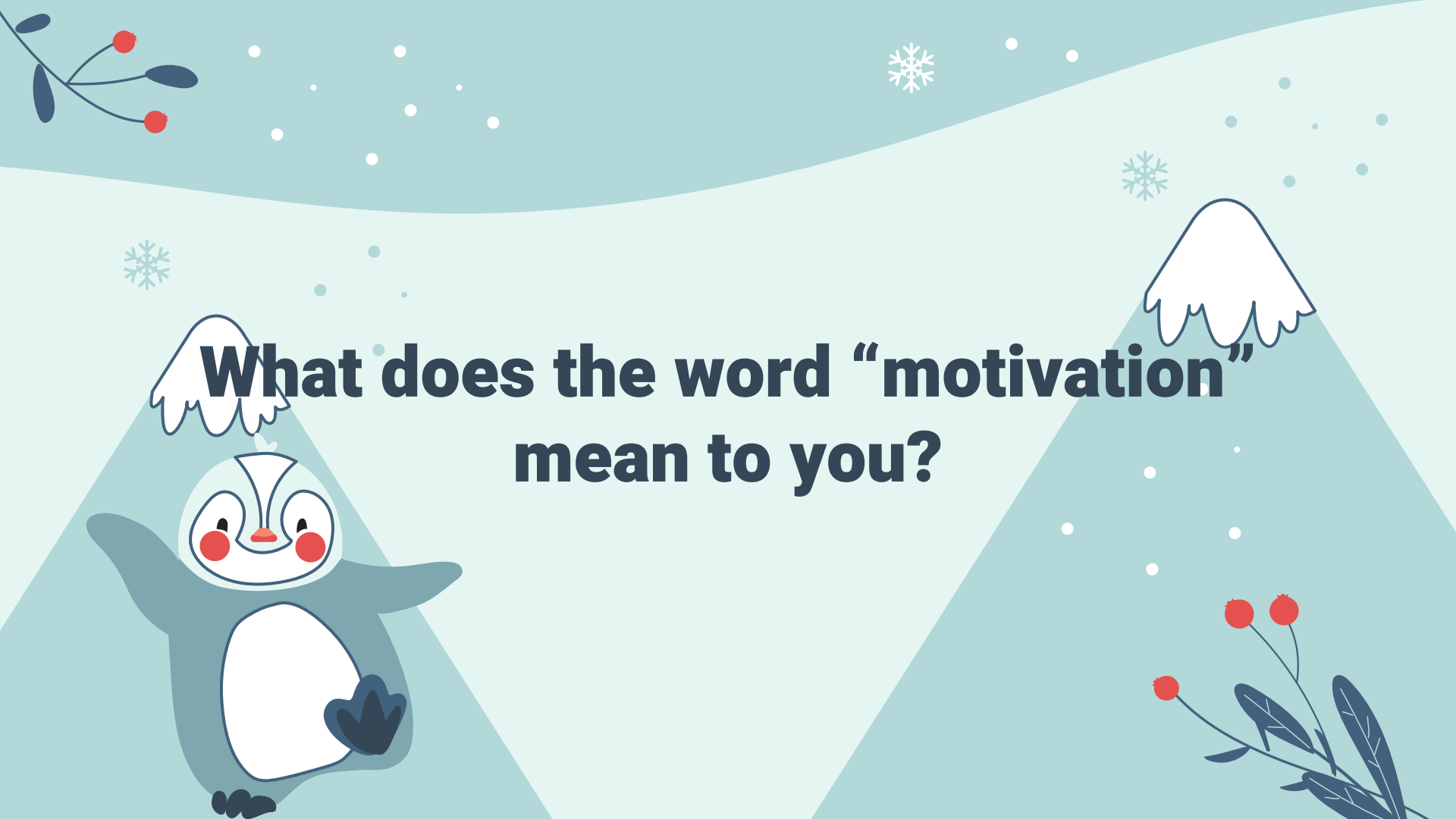


# Any Questions?

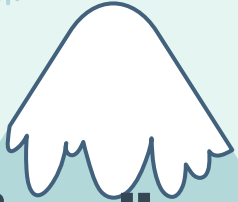
**What expectations do you have for me?**



**Please sit with your CAT mentor now!**




**What does the word “motivation”  
mean to you?**

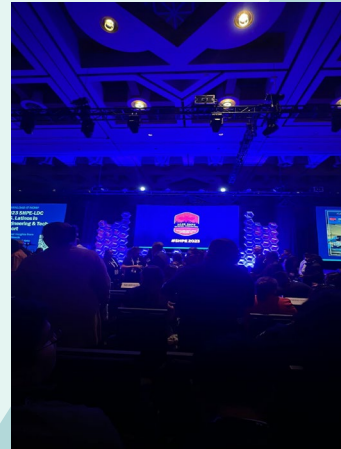
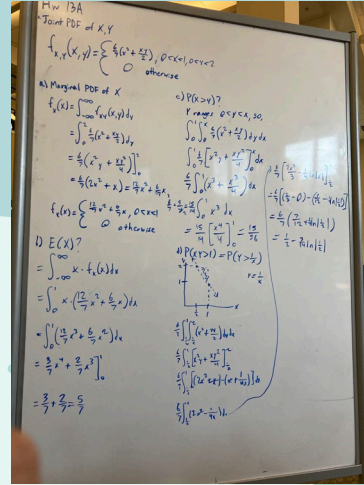


**What motivates you to pursue your goals?**





**How do you stay motivated when challenges arise?**





# College Alignment!





# Scholarships!

**Take a 15 minute break! After the break, move to Room 201, sit with your CAT mentor, log into your computer and be ready!**



# **A Crash Course on Interview Prep!**

**Move back to Room 200 and sit with your CAT mentor!**



# A Crash Course on Interviews!

# Environments

## Traditional

- In-person 1-on-1 interviews, group interviews, or panel interviews
- Can be personal, behavioral, or technical

## Virtual

- Interviews on video platforms (Zoom, Google Meet, Microsoft Teams, etc.)
- Can be personal, behavioral, or technical

# Types of Interviews

## Personal

Focuses on getting to know who you are, the what and the why

## Behavioral

Focuses on your past experiences and how you "behaved" in certain situations

## Technical

Focuses on your actual skills in the industry you're going in, case-study questions

# Interview Checklist

## **Before the interview:**

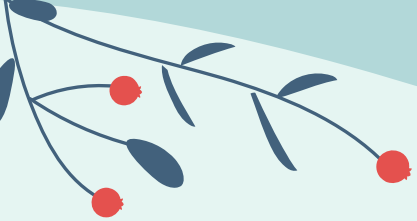
- Update Your Resume and Your LinkedIn (if you have one)
- Know Your Resume and Experiences
- Research the Opportunity and Understand Why You Want to Receive This Opportunity
- Prepare Answers to Common Questions
  - Tell me about yourself.
  - What are your strengths? What are your weaknesses?
  - STAR Method
- Prepare Questions You Want to Ask for the Interviewer(s)
- PRACTICE PRACTICE PRACTICE:
  - Mock Interviews with Peers and Mentors
  - Record Yourself and Rewatch Videos



When asked, "Tell me about a time...",

# Use the STAR Method!

- Situation
  - What was going on? Give context on what was going on in your experience
- Task
  - What problem did you encounter? Establish what your role looked like in this situation
- Action
  - What did you do in this experience? Discuss your steps and why did you do what you did
- Result
  - What came out of your actions? Share your **POSITIVE** outcome and impact! 😊



# Interview Attire

## Do this!

To Go Above and Beyond!

- Business Suits (navy, black, dark gray), slacks, khakis
- Dress Shirt or Blouse (white or light colors)
- Nice sweater or cardigan
- Simple dresses below the knee (no strapless dress!)
- Closed-toed dress shoes (loafers, flats, lace-up shoes)
- Safe colors
- Make sure clothes are free of wrinkles and stains!

## Don't Do This!

Don't take this route...

- Flashy or distracting jewelry
- Strong fragrances (cologne or perfume)
- Casual footwear (sneakers, sandals, crocs, Uggs, etc.) and high heels
- Short skirts
- Baggy clothing
- Casual wear (t-shirts, jeans, leggings, shorts, etc.)
- Over-the-top patterns
- Wrinkles

## Business Formal

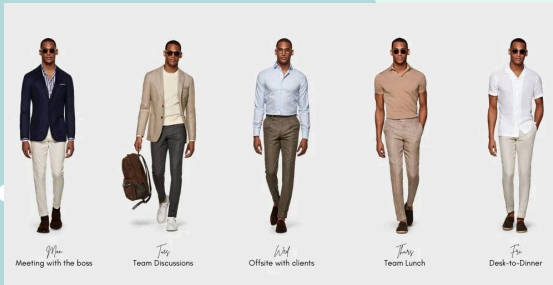


## Business Casual





## Business Formal



## Business Casual



## Traditional Interviews

### Make a Good First Impression!

- Arrive around 10–15 minutes early
- Treat everyone that you meet in a kind and courteous manner
- Smile, confidently shake the interviewer's hand, show that you're excited to be there

### During the interview...

- Maintain good posture and positive body language
- Maintain eye contact w/ interviewer(s)
- Active listening
- Show confidence and interest
- Answer your questions fully and to the best of your ability, but pause when you need to
- Have a small notebook to write notes or for your own prepped notes!

## Virtual Interviews

### Prepare Yourself Before Going In!

- Test your device and internet connection
- If possible, use headphones to minimize outside noises
- Make sure you light up your face properly/avoid backlight
- Charge your device
- You have a screen... USE IT!
- Wear professional attire

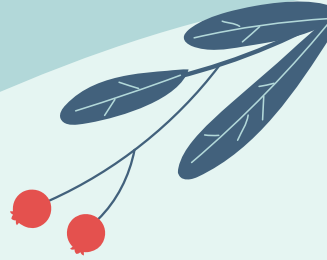
### During the interview...

- Maintain eye contact with the camera
- Speak clearly
- Active listening
- Show confidence
- Smile and warm tones
- Answer your questions fully and to the best of your ability



**YOU'RE NOT  
DONE THERE!**

# At the end of your interview...

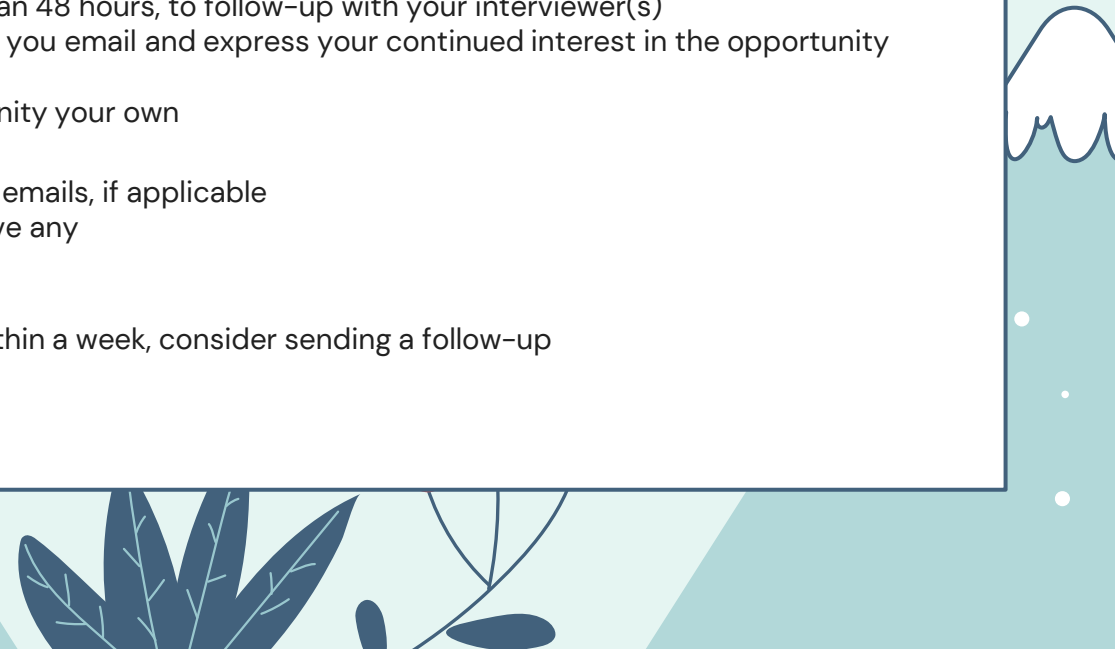


- **ASK QUESTIONS**
  - Have a few questions already prepared for your interviewer(s)
  - Aim for at least three questions
  - Shows interest in the opportunity
- **ALWAYS ASK FOR CONTACT INFO OF EVERYONE YOU INTERVIEW WITH**
  - Allows you to follow-up with your interviewer(s)
  - Shows that you want to connect with them
  - Ask for email or a business card
- **ASK FOR NEXT STEPS AND THANK THE INTERVIEWER(S) FOR THEIR TIME**
  - Gives you a clear idea of what's coming next
  - Shows interest in the opportunity
  - Eye contact and a good, firm handshake



# After the interview...



- Follow-Up
    - Wait at least 24 hours, but no more than 48 hours, to follow-up with your interviewer(s)
    - For your initial follow-up, send a thank you email and express your continued interest in the opportunity
    - Make it personal
    - Shows you want to make this opportunity your own
  - Keep Communication
    - Respond to any of your interviewer(s) emails, if applicable
    - Ask any follow-up questions if you have any
    - DO NOT GHOST
  - Follow-up if No Response
    - If your interviewer doesn't respond within a week, consider sending a follow-up
    - Shows interest in the opportunity
- 

**Keep Calm** ❄️  
**and DON'T**  
**GIVE UP!**





# Mock Panel Interviews!

**Set Up a 1-on-1 With Me!**

