

The image features two thick black L-shaped brackets. One is positioned in the top-left corner, and the other is in the bottom-right corner, framing the central text.

**WELCOME TO THE  
ELON ACADEMY!**

# Elon Academy

- CAT Mentors <https://www.elon.edu/u/academics/access-and-success/elon-academy/meet-our-team/meet-the-cat-mentors/>
  - Three meetings per semester are required
  - Parents are welcome to join one meeting each semester
  - Reach out to Mr. Pickett for questions/concerns
- Academic coaching
  - Scholars should email Ms. W-K (ewinterichknox@elon.edu) and let her know in the email 1) the class(es) you are requesting a coach for,
  - 2) the teacher(s) of the class, and which semester you're taking the class. Make sure your scholar checks Elon email if they request a coach, because they will reach out to you that way.
  - Coaching can take place in-person or virtually.
  - **The deadline to request a coach this Fall is October 30<sup>th</sup>.**

# Elon Academy

- Overview of Saturday programs
  - *Email addresses*
- If you cannot join us at a Saturday program, but would like information on what you missed, or handouts, please reach out to me and I'm happy to mail materials to you.
- I will also try to post workshops on our website. Because of the way Elon's website works please be sure to enter the [www.elon.edu/elonacademy](http://www.elon.edu/elonacademy), particularly if you use Google Chrome
  - *For Scholars and Families tab > Family Saturday Program*
  - <https://www.elon.edu/u/academics/access-and-success/elon-academy/resource-library/family-saturday-program/>
- Opportunities for feedback are ongoing

# Elon Academy

- Introductions
- Pick a card that symbolizes to you what you see as your role in supporting your scholar throughout the college process
- Please share your name, scholar's name, and where they go to school in the language with which you are most comfortable

# Elon Academy

- Supporting your scholar in EA: <https://www.elon.edu/u/academics/access-and-success/elon-academy/for-scholars/>
- CFNC timeline <https://www.cfnc.org/media/xz5h3xss/checklist-for-college.pdf>
- One way to offer support is sign up for a CFNC account. [www.cfnc.org](http://www.cfnc.org)
- College Board: <https://www.collegeboard.org/>
- ACT: [www.actstudent.org](http://www.actstudent.org)

# Elon Academy

- Sophomore Year EA College Planning
  - *Summer*
    - Effective Habits
      - *Time and stress management*
      - *Goal setting*
      - *Personal advocacy and accountability*
    - Academic Behaviors
      - *Strength inventory*
      - *Study skills/habits*
      - *Speaking and listening skills*
    - High School Curriculum
      - *Planning the next 2.5 years*
      - *GPA*

# Elon Academy

- Sophomore Year EA College Planning
  - *Summer*
    - High School Curriculum
      - *Planning the next 2.5 years*
      - *GPA*
      - *High School Courses/transcripts*
      - *Dual Enrollment Options*
    - College Knowledge
      - *College visits and post-visit discussions*
      - *College vocab: types of institutions and degrees*

# Elon Academy

- Sophomore Year EA College Planning
  - *Saturday Programs*
    - High School Curriculum
      - *Extracurriculars*
    - Standardized Tests
      - *SAT/ACT/PSAT*
      - *Basics of the tests and when/why to take them*
    - College Knowledge
      - *Sizes of Institutions*
      - *Ways to Pay for College*
      - *Basics of College Research*
      - *Choice, Target, Challenge Schools*
      - *College list creation/feedback*



# Elon Academy

- Let's start with a focus on your child, their interests, abilities, characteristics, etc. Turn to someone next to you and tell them 3 things your child enjoys or does well, or 3 reasons why you are proud of your child.
- Connection to college

# Elon Academy

- Finding the Right College for You
  - Different types of degrees
    - Associates
    - Bachelor's
    - Master's
    - Doctorate

# Elon Academy

- College “Fit”

- *Social*

- Setting: urban vs. rural
    - Diversity
    - Support services
    - What is the average class size and how do you feel about that?

- *Financial*

- What is the total cost (tuition, room and board, etc)?
    - How well do they meet financial need of students?
    - Do they offer institutional scholarships?

# Elon Academy

## ■ Academic Fit

- What stats might help determine academic fit?
  - GPA
  - SAT (PSAT)
  - ACT (PACT)
- College category terms for EA:
  - Choice (Safety)
    - *Scholar's stats are higher than the average incoming first year*
    - *All scholars should have at least one choice UNC system school and two overall*
  - Target (Match)
  - Challenge (Reach)

# Elon Academy

## ■ Academic Fit

### – College category terms for EA:

#### ■ Choice (Safety)

- Scholar's stats are higher than the average incoming first year
- All scholars should have at least one choice UNC system school and two overall

#### ■ Target (Match)

- Scholars stats are equal or close to equal those of an average incoming first year
- All scholars should have at least one target UNC system school and at least two overall

#### ■ Challenge (Reach)

- *Scholars stats are lower than the average incoming first year*
- *Scholars should have at least two challenge schools on their list*

# Elon Academy

- College Priorities Worksheet
- Importance of mindset throughout the college process

# Elon Academy

- What are the fears/concerns/ barriers you perceive when thinking about your child and college?