

LIFE@ELON

2013 Fall Schedule – Tuesday Classes

Morning: 10:00 a.m. – 12:00 p.m.

Afternoon: 1:30 p.m. – 3:30 p.m.

9/10/13

Second Journey: Mindfulness, Service and Community in the Second Half of Life

Bolton Anthony

When baby boomers were kids, ice cream meant chocolate, vanilla, or strawberry. Today there are a thousand flavors! What the boomers did to ice cream, they are now doing to retirement: creating a thousand new options. Second Journey is a social-change organization fostering a new vision of the rich possibilities of later life, a time of individual growth that calls for a renewed ethic of service and new models of what makes a community.

Formerly an English and creative writing teacher, a public librarian, a university administrator, and a social change activist, Bolton Anthony founded Second Journey in 1999. He is interested in public discourse and the restoration of civil society and is passionate about the emergence of a new paradigm of aging that will energize the generation approaching retirement.

9/17

Sacred Dances of Worship - Past and Very Present

Jane Wellford

Liturgical dance is dance or gesture used with worship for the glory of the divine. A presence in faith communities since the beginning of recorded worship history, sacred dance can add depth and dimension to the spoken or sung text and music. Jane Wellford provides a history of ancient sacred dance from a variety of faith practices, illuminating how sacred dance can reveal/reflect the holy and why the human body might be the most perfect visual aid for worship. The lecture/demonstration will feature contemporary sacred dances performed by students.

After earning a B.A. in theatre from St. Andrew's Presbyterian College and an M.F.A. in dance from the UNC-Greensboro, Jane Wellford danced professionally (modern and ballet) for years. The founder of Elon's dance program, Jane is now a professor of performing arts at Elon and director of Moving Liturgy Dance Ensemble, a professional liturgical dance troupe in Burlington.

9/24

The Affordable Care Act: What It Means Nationally, Locally and For All of Us Individually

Tim Rice, Chief Executive Officer, Cone Health

Nationally, what are the issues surrounding the implementation of the Affordable Care Act and its relevance to seniors and others? Tim Rice will cover some of these issues and then zoom in locally to discuss the recent merger of Cone Health with Alamance Regional Medical Center and the new Alamance Community and Health Foundation, which will help fund improvements in the local community's health and economic conditions.

Tim Rice holds a B.S. degree in pharmacy from Washington State University and a master's degree in health administration from Duke University. He is chief executive officer of Cone Health, where he is focused on Cone Health's growing healthcare affiliations, civic service, and national healthcare commitments.

10/01

Lewis & Clark: Core of Discovery (2003-2006)

Robert Cline

The story of the Lewis and Clark expedition is long, very complicated, and a fantastic part of the history of the United States. Dr. Cline will put the expedition into perspective, providing a better understanding of this remarkable journey and its meaning to us all.

Bob Cline practiced family medicine for 40 years. He is a long-time member of the Lewis & Clark Trail Heritage Foundation, Inc. and director of its Carolina Chapter. In kayaks and canoes, on horseback and hiking trails, and by camping in a car, Bob has personally traveled 85% of the Lewis & Clark Trail from Washington, D.C., to the Pacific coast.

Elon University's Fall Convocation will be Thursday, October 3, at 3:30 p.m. in Alumni Memorial Gymnasium, Koury Center. **Steve Wozniak**, co-founder of Apple Computer Inc. and currently the chief scientist at Fusion-io, will share speak about promoting creativity and innovation in a technical environment. Tickets are free to Elon Society donors. LIFE@Elon members can purchase convocation tickets for \$5.00 each; general admission price is \$12.00. Contact Kathryn Bennett at 278-7431 or kbennett9@elon.edu to purchase a ticket--only one ticket per LIFE@Elon member, please.

10/08

Elon's Global Imprint

Woody Pelton

Elon University's Global Education Center helps to bring students from other countries to Elon and offers extensive programs to give students global educational experiences in more than 30 countries and within the U.S. In this session, students who have taken advantage of such opportunities will tell their stories and demonstrate the transformative value of global study.

Woody Pelton is Dean of Global Studies at Elon. He holds an undergraduate degree in psychology, a master's in student personnel services from UNC-Chapel Hill, and a law degree from George Washington University. Woody has served in the Peace Corps in Morocco and with the U.N. High Commission for Refugees in Malaysia. Before coming to Elon, he directed The International Center at Winthrop University.

10/15

School Desegregation in the South: Lessons from the Local Experience

Jim Bissett

Like virtually every other system in the South, public schools in Alamance County in the 1960s were faced with the prospect of dismantling the institutions of segregation in favor of desegregation. Studying the process by which this occurred in Alamance County offers important insight into the larger issue of desegregation in the years following the Supreme Court's *Brown versus Board of Education* decision.

Jim Bissett, the William J. Story Professor of History at Elon University, earned his Ph.D. from Duke University in 1989. He recently completed a nine-year term as chair of the Department of History and Geography.

10/22

St. Francis of Assisi: A Saint for All People

Father Gerry Waterman

The life of the medieval saint, Francis of Assisi, is a fascinating one in which his personal hopes, dreams, and aspirations collide with the will of God. The focus of this discussion will be to show that, as with St. Francis, a simpler lifestyle is possible for each and every person—even in a chaotic and technologically complex world.

Father Gerry Waterman has been a Conventual Franciscan (follower of Francis of Assisi) since 1975. He has had many and diverse ministerial experiences as a Franciscan, from high school and seminary professor and mission procurator (involving travel to missions in Ghana, Honduras, and Costa Rica) to wine maker! Father Gerry currently serves as Campus Minister to the Catholic students at Elon University.

10/29

The Love of Wisdom: Plato and Aristotle—Insights for Our Times

John Sullivan

This presentation will explore two of the towering thinkers from ancient Greece: Plato and Aristotle. Plato, like a flame ever-moving upward, is the mystic. Aristotle, a biologist, remains anchored to the wonders of the natural world. Revisiting them will allow us to see anew how they speak to us today.

John G. Sullivan is a native of Newport, R.I. He holds two earned doctoral degrees, one from the Lateran University in Rome, Italy and a second from the University of North Carolina at Chapel Hill. John, Powell Professor of Philosophy Emeritus and Elon's first Distinguished University Professor, taught philosophy at Elon for 36 years, retiring in 2006. John is the author of four books: To Come to Life More Fully, Living Large, The Spiral of the Seasons, and The Fourfold Path to Wholeness.

11/05

Elon's Kernodle Center for Service Learning and Community Engagement

Mary Morrison

Are you a volunteer, or have you observed needs in our community that are not being adequately met? This session will describe how the Kernodle Center for Service Learning and Community Engagement at Elon University—which celebrates its 25th anniversary this year—can be of service to help meet those needs. Student leaders will share their stories, illustrating the impact of service-learning on the university and its community partner organizations.

Mary Morrison is the Associate Dean of Students and Director of the Kernodle Center for Service Learning at Elon University. Mary was the inaugural director of the APPLS Service-Learning Program at the University of North Carolina at Chapel Hill. Her previous professional experience includes working with the Cooperative Extension Service, the Friday Center for Continuing Education, and GEAR UP NC. She started her career in Alamance County working for the Commission for Women, which eventually became the Women's Resource Center. Mary earned a B.A. in sociology from Southern Illinois University and an M.S. in adult education from North Carolina State University.

11/12

Storytelling: Sharing Stories, Sharing Lives

Charlotte Hamlin

This program will engage participants in exploring the many ways in which live storytelling connects people through shared imagination, cultural exploration, emotional resonance, and recognition of important life lessons. Charlotte will perform a range of stories based on her personal experiences and international folk tales and legends. Participants will be invited to develop short fables to share using dramatic techniques that capture the attention of listeners and reinforce the message of the story. Whether an experienced speaker/storyteller, a story listener, or an aspiring story writer and teller, this program will deepen your appreciation of the ancient oral art of storytelling, inspiring you to write stories to share with family and friends and claim your title as "Storyteller."

Formerly an elementary teacher, organizational consultant, and intercultural trainer, Charlotte F. Hamlin, Ph.D., became a professional storyteller after retiring from teaching and administrative leadership at Guilford College. She presents storytelling programs and workshops for audiences of all ages. A former N.C. Storytelling Guild board member, Charlotte is president of Triad Story Exchange, which brings storytellers and story lovers together each month to develop and share stories and lives.

11/19

Early American Decoration of Furniture and Trays

Jeanne Williams

Early American Décor includes the techniques and styles of ornamentation found in the homes of our ancestors from the 18th and 19th centuries. These techniques include gold leafing, gold powder stenciling, freehand bronzing, country painting applied on pieces of tinware, furniture, and wood, and wall stenciling and floor coverage. Class members who have small pieces in their homes that fit the above descriptions may want to bring those items for display.

Jeanne Williams is a retired member of the Historical Society of Early American Decoration, which was organized to preserve traditional decorative styles and techniques. For many years Jeanne was a highly respected statistics professor at Elon.

12/03

Celebration Music for the December Holiday Season

Marilyn Fox

The presentation will explore and present music of the December holidays—specifically Hanukkah, Kwanzaa, and Christmas—with reference to history, social customs, use of recordings, and audience participation.

After earning a bachelor of music degree and an M.A. in music education from Appalachian State University, Marilyn Fox taught music in the Alamance-Burlington School System for more than 34 years, primarily at Elon Elementary. She and her husband are charter members of the Alamance Jazz Band, and she has served as the music director and/or piano accompanist for numerous area musical theater productions. Marilyn has been the pianist at Shallow Ford Christian Church for the past 17 years.

Special Performance: Sunday, 12/08, 3:00 – 4:00 p.m.

An American Road Trip (No Luggage Needed, We Travel Light!)

Elon University Music Ambassadors

The Elon Music Ambassadors (EMA) will perform in Yeager Auditorium in the Center for the Performing Arts at Elon University. The EMA, founded and directed by Virginia Novine Whittaker, is a select group of music majors individually chosen by Music Department faculty for their on exceptional musicianship and leadership abilities. The goal of the EMA is to showcase the Elon Music Department and Elon University as a whole by performing for high school audiences. In its third year, this ensemble, which is supported almost entirely by grants and outside funding, has performed for over 25 different schools in North and South Carolina, Florida, and Virginia. The response from high school students and teachers has been overwhelming, often inspiring students to add Elon University to their list of preferred college choices. A reception to meet the student musicians will be held in Isabella Cannon Room from 4:00 to 5:00 p.m.