

Fall 2021 – Tuesday Schedule Morning Class: 10:00 – 12:00 and Afternoon Class: 1:30 – 3:30

September 14, 2021 Invisible Costs, Damages and Burdens of Incarceration Sherrill Roland

For more than three years, Sherrill Roland was forced to relinquish control of his life to the criminal justice system due to wrongful incarceration. After spending ten months in jail for a crime for which he was exonerated, he looked to art as a vehicle for self-reflection and an outlet for emotional release. The Jumpsuit Project challenges audiences to address their prejudices about the jumpsuit, one's body, and the issues surrounding incarceration. The project reshapes the narrative of the incarcerated and provides support for those most impacted. By sharing his story and creating a space for others to share, he works to illuminate the invisible costs, damages, and burdens of incarceration. Roland's recent work incorporates the voices of the formerly incarcerated, increases the access of audiences to current resources, and provides new forms of content through performance, sculpture, drawing, and community workshops.

Sherrill Roland is an interdisciplinary artist who creates art that challenges ideas around controversial social and political constructs and generates a safe space to process, question, and share. He was born in Asheville, NC, and received an MFA in Studio Art from the University of North Carolina at Greensboro. Inspired by his prison experience for a crime he did not commit, he founded The Jumpsuit Project to raise awareness around issues related to mass incarceration. Roland's socially engaged art project has been presented at Open Engagement Chicago, Oakland City Hall, and the Michigan School of Law. Last year, he was awarded the Art Fund for Justice Grant and the South Arts Southern Grand Prize and State Fellowship. He is a 2021 Creative Capital Awardee.

September 21, 2021 Redistricting and Gerrymandering: What You Need to Know Jennifer Bremer, PhD

What reform earns rousing support from the party out of power in the legislature—whether Democrats or Republicans—but is then roundly condemned by that same party once it's in power? Gerrymandering! When Democrats controlled the Congress and state legislatures, GOP leaders, such as Ronald Reagan, Mitch McConnell, George Bush, and, here in NC, Phil Berger, Tim Moore, and David Lewis, all condemned gerrymandering and proposed reforms. Democrats ignored them. Now the roles are reversed. This bipartisan standoff is not a recipe for reform success, yet few reforms are more urgently needed. With the decennial redistricting starting in the fall of 2021, we must act now to avoid another decade of rigged maps, costly court cases, and elected officials whose seats are so safe that voters cannot hold them accountable. This engaging, informative, and strictly nonpartisan talk will explain how gerrymandering works, demonstrate how it undermines our democracy, and show how North Carolina can create a "reasonable redistricting reform" commission to end this conflict of interest once and for all.

Dr. Jennifer Bremer, an experienced speaker and activist working for redistricting reform, holds a doctorate in public policy from Harvard's Kennedy School. She led the creation of the Fair Districts NC

Coalition and served on the board of the NC League of Women Voters from 2019 to 2021. Before she retired, she directed the Washington Center of the Kenan Institute of Private Enterprise, part of UNC's Kenan-Flagler School of Business.

September 28, 2021 Singing in the Time of COVID Stephen A. Futrell, DMA

The presentation will focus on the rehearsal and recording processes that were followed to keep choristers singing together during this unprecedented time of separation. Stephen will show examples of how the group recorded and put together virtual choir recordings of selections by both Voices – The Chapel Hill Chorus and one of our choral ensembles at Elon. LIFE@Elon audience members will become a chorus as they will actually record a simple song as a live demonstration.

Dr. Stephen Futrell (DMA, University of Missouri-Kansas City, Conservatory of Music) is Director of Choral Activities and Associate Professor of Music at Elon University, where he teaches conducting, directs the auditioned Elon Camerata, teaches contemporary commercial studio vocal style and technique, and is director of élan, a select a cappella vocal jazz commercial/studio ensemble. He currently serves as Artistic Director/Conductor for Voices – The Chapel Hill Chorus.

With three decades of experience, Dr. Futrell has served as chorus master and staff conductor with the Baton Rouge Symphony, conducting the annual Messiah concerts, Christmas Pops concerts, and summer concert series and has conducted the Sinfonia Dell'Arte di Arezzo at the Teatro Petraca, Arezzo, Italy, and the National Youth Choir at Carnegie Hall. He has appeared as a guest conductor at New York's Lincoln Center and as the Associate Conductor/Chorus Master for the Aegean Verdi Festival on the island of Lesvos, Greece.

A recording artist and former music producer for DreamWorks Animation SKG International, Dr. Futrell has performed in live and studio settings as a vocalist, trumpeter, writer, arranger, and producer. He is the former Jazz Repertoire and Standards Chair for the American Choral Directors Association Southern Division and is currently Jazz Repertoire and Standards Chair for the North Carolina ACDA. He also serves as adjudicator for CS Music (https://csmusic.net/) which sponsors national vocal scholarship competitions and offers on-line vocal coaching.

October 5, 2021

The Horticulture Technology Program at Alamance Community College: Preparing Students to Excel in the Horticulture Industry Liz Riley, PhD

The Horticulture Science Department at ACC is a first-rate program providing instruction, hands-on learning, and inspiration to prepare students for a multitude of careers in horticulture. The program offers a variety of options, including: Degree, Associate in Applied Sciences and Horticulture Technology Associate in approximately two years; Diploma, landscape design and installation or nursery production in one year; and Certificate, horticulture-related courses in one semester.

At a young age while working in the gardens surrounding her grandmother's home, Elizabeth "Liz" Riley discovered how much she enjoyed being outside, working with plants and the landscape. As time passed, her passion for horticulture continued to grow, which inspired her pursuit of higher education in

Horticulture Science. She holds Doctorate, Master's, and Bachelor of Science degrees in Horticulture Science from North Carolina State University. In addition to her education, Liz has extensive experience in nursery and greenhouse plant production and teaching.

Dr. Riley is now the Department Head for Horticulture Technology at Alamance Community College. She is an enthusiastic instructor and a department head with the vision to continue growing the Horticulture Technology program while moving it forward in an ever-changing industry. She strives to keep the program on the cutting edge by assuring that the courses reflect current industry practices as well as emphasizing student's exposure to opportunities and the rewarding field of horticulture.

October 12, 2021

Schemes & Scams: An Overview of Financial Exploitation Trends Ken Elder

Scams to access and deplete your financial accounts are on the rise, both in terms of their variety and the depths to which the scammers will go to get your money. This session will explain the techniques fraudsters use to obtain your personal information and their efforts to use that information for illicit purposes. Join a seasoned professional of the financial services industry to learn about the current schemes, federal and state efforts to combat these issues, and steps you can take to protect yourself.

Ken Elder is the Vice President and Enterprise Anti-Money Laundering Officer at Lincoln Financial Group, where he has spent 26 years investigating fraud and other financial crimes. Ken is a Certified Public Accountant who resides in Greensboro, North Carolina. He graduated from Wake Forest University with a B.S. in Accounting and worked at Price Waterhouse LLP in Raleigh upon graduation before moving to Greensboro to join Jefferson-Pilot Corporation's internal auditing department. Ken grew up in Gastonia, North Carolina, but made many trips to his grandparents' house on Haggard Avenue in Elon. His mother and his oldest son are proud Elon alumni.

October 19, 2021 The Case for Reparations in the United States Peter Murray, PhD

The case for reparations looks at the historical roots of African Americans' demands for both acknowledgment of and compensation for slavery and discrimination throughout U.S. history. The death of George Floyd recently energized the Black Lives Matter movement, but it also reminded many people that the African American experience has been and still is enormously different from the experience of most White Americans. Inequality is poorly understood by many who know little about how systemic and continuous the denial of rights has been. The presentation examines the arguments for reparations and the forms it may take.

Dr. Peter Murray, a native of South Carolina, lives at Twin Lakes in Burlington. He recently retired after teaching U.S. history at Methodist University in Fayetteville, N.C. for thirty-two years. Before coming to Methodist University, he received his Ph.D. at Indiana University-Bloomington in 1985 and taught for three years at Indiana State University at Terre Haute. In 2004, the University of Missouri Press published his book Methodists and the Crucible of Race. Dr. Murray specialized in teaching 20th-century American history and the history of the Civil Rights Movement.

October 26, 2021

Veterans Day: Normandy, Arlington National Cemetery, and Honor Flight Dave Mozgala

Dave will discuss his experiences at Normandy and Arlington National Cemeteries and describe his role as a 'Guardian' escorting WW2 veterans on an Honor Flight to Washington, DC.

Dave Mozgala is an Eagle Scout and continues to work with a local Boy Scout Troop. He graduated from the U.S. Merchant Marine Academy in Kings Point, NY with a degree in Marine Engineering and holds Masters Degrees in Management and Teaching. He was a merchant marine shipboard engineer, a career Naval officer (retired with the rank of Captain), a senior manager in a large corporation, and a middle school teacher and assistant headmaster at a private military school. He and his wife, Kathy, have eight children between them (3 boys and five girls). They have 20 grandchildren.

November 2, 2021

"Going Out Green": Natural Burial and Home Funerals (and what the heck is a Death Café?) Anne Weston, Sara Williams, and John Jull

The current cultural aversion to death has many negative consequences, not the least of which is failure to know your rights when it comes to caring for your own dead. Home funerals can be done safely and legally. Learn how to take back the responsibility and privilege of bathing, dressing, and mourning loved ones in the privacy of your own home.

If you think that cremation is the cost-effective environmentally sustainable way to dispose of your body when you're through with it, think again. And conventional American-style burial? Probably the worst. Find out how we got where we are and how we can do better with some planning and conversation.

Anne Weston is a happy resident of Hillsborough and a graduate of Duke University with a BA in English and a Master's degree in Liberal Studies. She is founder of Green Burial Project and a former director of Green Burial Council International. She has spent her adult life desensitizing herself to her own mortality and in the last few years just decided—What the heck! Why not embrace it?

Green Burial Project is a 501(c)3 educational nonprofit with no product to sell. Its sole aim is to educate the community about the environmental, financial, and spiritual benefits of returning our bodies to the earth in a manner consistent with our values and our heritage.

Sara Williams, M.A., of Shrouding Sisters, is a home funeral guide and funeral/memorial celebrant. She has been helping families care for their own dead since 2014, the same year she began hosting Death Café MEBANE. She is an emeritus Board member of the National Home Funeral Alliance and she hopes to get you thinking about why expensive, outgrown, and downright dysfunctional methods of caring for our dead no longer serve us.

John Jull is a woodworker and proprietor of Aldergrove Woodworks. He specializes in caskets for green burial. Over the years, John has built caskets, urns, and raised garden beds among many other things. Born in Detroit, John was raised in Hell, Michigan, and has made his home as an adult on San Juan Island, Washington, and in Hillsborough, North Carolina. He acquired a BA in Humanities on the 25-year plan shortly after pounding the final nails into the house that he built for his family. John has three adult children and three small grandchildren who have all slept in a cradle which he built.

November 9, 2021 The Past and Present at Glencoe Mill Village DeLayne Jolly

This presentation will discuss the Historic Glencoe Mill Village-Textile Heritage Museum. The Village was founded in 1880 by James and William Holt and continued for more than 70 years. It is one of the most complete surviving mill villages in the South. Although mill villages were company-owned towns and workers often struggled under exploitative conditions, the close-knit nature of the village contributed to the creation of a unique mill culture. Unable to compete with larger companies taking advantage of newly invented synthetic fabrics, Glencoe Cotton Mill closed its doors in 1954. Because of its somewhat remote position, the majority of the mill buildings and homes remained relatively undisturbed until 1999. Since then, dozens of historic mill homes have been restored for families to live in, and the former company store and office building house the Textile Heritage Museum whose mission is to collect, preserve, and interpret the history of the Southern textile industry and the cultural heritage of the Southern mill village.

DeLayne Jolly is a 2020 graduate of Elon University, where she majored in Art History and History. Her interest in museums began through her education and participation in Elon College Fellows. As a Fellow, DeLayne completed a research project on the function of nostalgia in North Carolina's county history museums. She began volunteering at the Textile Heritage Museum as a sophomore in 2018 and has since been hired by Alamance Parks as a historic interpreter. In her time at the Textile Heritage Museum, DeLayne has helped to create museum interpretation, organize community events, and publish newsletters and other museum content. She remains passionate about local history and small museums and plans to attend graduate school to earn a degree in Public History.

November 16, 2021 Creating Space for Real Connection Heather Dugan

How have technology, virtual communication, and over-efficiency impacted our relationships? What is the real cost of digital reliance to our ability to understand and connect? Learn the true genesis of loneliness, the impact of even normal life transitions on social structure, and how isolation affects our perceptions and responses. What does a remote hiking trail in Utah have to do with connection? How can additional friendships strengthen our primary relationships, and in what ways can we use context and alternate possibilities to increase our openness to others?

Changes in the ways we communicate and engage with the world around us have taken an exacting toll on our relationships and overall connectedness, launching what has been rightly called an epidemic of loneliness. The self-perpetuating nature and pervasive toll of this condition demands our better understanding and a more cohesive community response.

Heather is the principal of Heather Dugan Creative. Heather is an award-winning author of <u>The Friendship Upgrade</u>: <u>Trade Clickable Connections for Friendships that Matter</u> and <u>Date Like a Grownup</u>: <u>Anecdotes, Admissions of Guilt & Advice Between Friends</u>, and the founder of Cabernet Coaches®, a social access group for women that fosters self-betterment through face-to-face friendships and social connection. Her talks, keynotes, and workshops are structured around building better business, community, and personal relationships. She addresses loneliness on both the personal and community levels and creates larger conversations on creating space for connection and stronger communities. She's also a fan

of the total disconnect, and often disappears with her adult children to hike mountain trails; cell phones turned off and connection switched on.

NOTE: There is no class the week of Thanksgiving. Please enjoy the holiday safely!

November 30, 2021

Barbecue and Other Comfort Foods: Exploration of North Carolina's Traditional Foodways Bob Garner

For many Tar Heels Bob Garner's name and face are synonymous with North Carolina barbecue. Garner is a beloved public television personality, restaurant reviewer, writer, barbecue guidebook author, and all-around ambassador for our state's food culture. Whether writing or cozying up to a TV camera, Garner's kind and authentic southern gentleman's personality shines through. His ability to connect with his audience and his legions of fans make him our state's version of fellow Carolinian Charles Kuralt. Bob will share his journey across our state as he explores the foods for which North Carolina is most noted.

Bob Garner's career in broadcast journalism, film/video production, food writing, and television producing/hosting spanned 50 years. He is the author of four books on traditional North Carolina foods:

North Carolina Barbecue: Flavored by Time; Bob Garner's Guide to North Carolina Barbecue; Bob Garner's Book of Barbecue; and Foods That Make You Say Mmm-mmm. He has been a regular contributor to Our State and other magazines and has been a guest on various national cable TV food shows, including appearances with Paula Deen and Bobby Flay.

For over 30 years, Garner was a familiar face on PBS North Carolina's "North Carolina Now" and "North Carolina Weekend" as he reviewed eateries across the Tar Heel state, ranging from BBQ joints to fine-dining restaurants. He has spoken to audiences large and small from one end of North Carolina to the other.

December 7, 2021

Outside Looking In: Unexpected Encounters of Dramatic Time and Place Frank Bradley

The program covers a twenty-two-year period (1999-2021) during which Frank Bradley taught and directed plays at the American University in Cairo, holding the titles of Director of Theatre and Chair of the Department of Performing and Visual Arts. As the major English language theatre in Egypt, AUC Theatre is an ongoing experiment in intercultural drama and performance, featuring a mix of plays from the Western and Arabic traditions, whose graduates have gone on to major professional careers in Egypt, the US, and the UK. This talk will cover topics, such as promoting the US ideal of freedom of expression in a country with official censorship and shaping Western texts, both classical and contemporary, to engage with contemporary Egyptian and Middle Eastern realities.

Frank Bradley has recently retired after twenty-two years as Associate Professor of Theatre at the American University in Cairo, where he served as Director of Theatre and Chair of the Department of Performing and Visual Arts. Originally from Mt. Airy, NC, and currently a resident of Carrboro, he has produced more than one hundred and directed more than fifty plays in Egypt and the US and taught courses in directing, theatre history, and dramatic literature. He has been a member of the Arabic

Working Group of the International Federation for Theatre Research and is on the International Advisory Board of the Marvin Carlson Theatre Center at Shanghai Theatre Academy.
Presenters and topics for the weekly classes are subject to change. Classes cancelled for any reason will not be made up and no refund will be given.