Coverage Period: 1/1/2023 - 12/31/2023

Coverage for: Individual + Family. Plan Type: PPO

The Summary of Be

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

www.bluecrossnc.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-877-275-9787 to request a copy.

Important Questions	Answers	Why this Matters:			
What is the overall deductible?	In-Network: \$700 Individual/\$2,100 Family. Out-of-Network: \$2,300 Individual/\$6,900 Family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .			
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care and most services that may require a copayment.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.			
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.			
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In-Network: \$5,500 Individual/\$9,000 Family. Out-of-Network: \$10,000 Individual/\$20,000 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.			
What is not included in the out-of-pocket limit? Premiums, balance-billing charges, health care this plan doesn't cover and penalties for failure to obtain preauthorization for services.		Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .			

Will you pay less if you use a <u>network</u> <u>provider?</u>

Yes. See www.bluecrossnc.com/FindADoctor or call 1-877-275-9787 for a list of network providers.

This <u>plan</u> uses a <u>provider network</u>. You will pay less if you use a <u>provider</u> in the <u>plan's network</u>. You will pay the most if you use an <u>out-of-network provider</u>, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing)</u>. Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Do you need a referral
to see a specialist?

No.

You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May Need	What You Will Pa	Limitations, Exceptions, &		
Medical Event	comics rouma, mass	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
	Primary care visit to treat an injury or illness	\$35 <u>copayment</u>	50% coinsurance	None	
If you visit a health	Specialist visit	\$55 copayment	50% coinsurance	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	50% <u>coinsurance</u>	-You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay forLimits may apply	
If and the second second	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	50% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	\$55/office visit;30% coinsurance outpatient	50% coinsurance	-Prior authorization may be required or services will not be covered	
If you need drugs to	Tier 1 Drugs	\$12 copayment	Not Covered	Dries authorization many ha required	
treat your illness or condition	Tier 2 Drugs	\$45 copayment	Not Covered	-Prior authorization may be required or services will not be covered -	
More information about prescription drug	Tier 3 Drugs	\$90 <u>copayment</u>	Not Covered	Copayment applies to a 30-day supply -For Infertility dosage limits apply - *See Prescription Drug section.	
coverage is available at www.bluecrossnc.com/r xinfo	Tier 4 Drugs	\$90 copayment	Not Covered		

Common	Services You May Need	What You Will P	Limitations, Exceptions, &		
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	None	
surgery	Physician/surgeon fees	30% coinsurance	50% coinsurance	None	
lf you need	Emergency room care	\$150 copayment	\$150 copayment	None	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	None	
	Urgent care	\$55 copayment	50% coinsurance	None	
If you have a hospita	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	\$250 per admission copay then 50% <u>coinsurance</u>	-Prior authorization may be required or services will not be covered	
	Physician/surgeon fees	30% coinsurance	50% coinsurance	None	
If you need mental	Outpatient services	\$35/office visit; 30% <u>coinsurance/</u> outpatient	50% coinsurance	-Prior authorization may be required or services will not be covered	
health, behavioral health, or substance abuse services	Inpatient services	30% <u>coinsurance</u>	\$250 per admission copay then 50% coinsurance	-Prior authorization may be required or services will not be covered	
Office visits		\$55 <u>copayment</u>	50% <u>coinsurance</u>	-This benefit applies in limited situations.*See Family Planning section.	

Common	Services You May Need	What You Will P	Limitations, Exceptions, &		
Medical Event	Corvides Fea may Nesa	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	None	
	Childbirth/delivery facility services	3U% COINSURANCE		-Prior authorization may be required or services will not be covered	
	Home health care	No Charge	50% coinsurance	-Prior authorization may be required or services will not be covered	
	Rehabilitation services	litation services 30% coinsurance 30% coinsurance		-*See Therapies section - Unlimited/ benefit period for Adaptive Behavior Treatment.	
If you need help recovering or have		30% coinsurance	30% coinsurance	- <u>Habilitation services</u> are combined with the <u>Rehabilitation service</u> limits listed above.	
other special health needs	Skilled nursing care	30% <u>coinsurance</u>	50% coinsurance	-Coverage is limited to 120 days Prior authorization may be required or services will not be covered	
	Durable medical equipment	30% coinsurance	50% coinsurance	-Prior authorization may be required or services will not be covered -Limits may apply	
	Hospice services	No Charge	50% coinsurance	-Prior authorization may be required or services will not be covered	

Common		Services You May Need	What You Will P	Limitations, Exceptions, &	
	Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information
		Children's eye exam	Not Covered	Not Covered	Excluded Service
	If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	Excluded Service
		Children's dental check-up	Not Covered	Not Covered	Excluded Service

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Bariatric surgery

Cosmetic surgery

Dental care (Adult)

Long-term care

Routine eye care(Adult)

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Chiropractic care

Hearing aids

Infertility treatment

- Non-emergency care when traveling outside the
 Private duty nursing U.S.

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Routine Foot Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about

your rights, this notice, or assistance, contact: Blue Cross NC at 1-877-275-9787 or www.BlueConnectNC.com. You may also receive assistance from the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, if applicable.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en español, llame al 1-877-275-9787.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-275-9787.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-877-275-9787.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-275-9787.

To see examples of how this plan might cover costs for a sample medical situation, see the next section

About these Coverage Examples:

Peg is Having a Baby



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

(9 months of in-network pre- natal care and a hospital deliver	y)	(a year of routine in-network car of a well-controlled condition)	e	(in-network emergency room visit and follow up care)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$700 \$55 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$700 \$55 30% 30%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$700 \$55 30% 30%	
This EXAMPLE event includes services Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood with Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)		
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
Inthis example, Peg would pay:		Inthis example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$700	Deductibles	\$700	Deductibles	\$700	
Copayments	\$10	Copayments	\$570	Copayments	\$330	
Coinsurance	\$3,210	Coinsurance	\$190	Coinsurance		
What isn't covered		What isn't covered		What isn't covered Limits or exclusions \$0		
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions		
The total Peg would pay is	\$3,980	The total Joe would pay is	\$1,480	The total Mia would pay is	\$1,380	

Managing Joe's Type 2 Diabetes

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

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Mia's Simple Fracture

Blue Cross and Blue Shield of North Carolina (Blue Cross NC) provides free aids to service people with disabilities as well as free language services for people whose primary language is not English. Please contact the Customer Service number on the back of your ID card for assistance.

Blue Cross and Blue Shield of North Carolina (Blue Cross NC) proporciona asistencia gratuita a /as personas con discapacidades, asi como servicios lingilisticos gratuitos para /as personas cuyo idioma principal no es el ingles. Comuniquese con el numero para servicio al cliente que aparece en el reverso de su tarjeta def seguro para obtener ayuda.

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