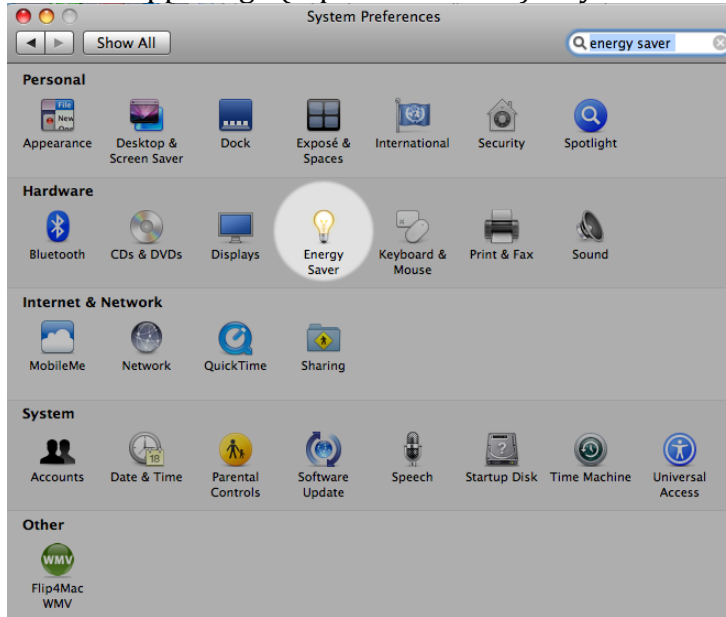


# Suggested Energy Settings for Apple Macintosh Computers

*For Laptops Only*

## 1. To change energy settings:

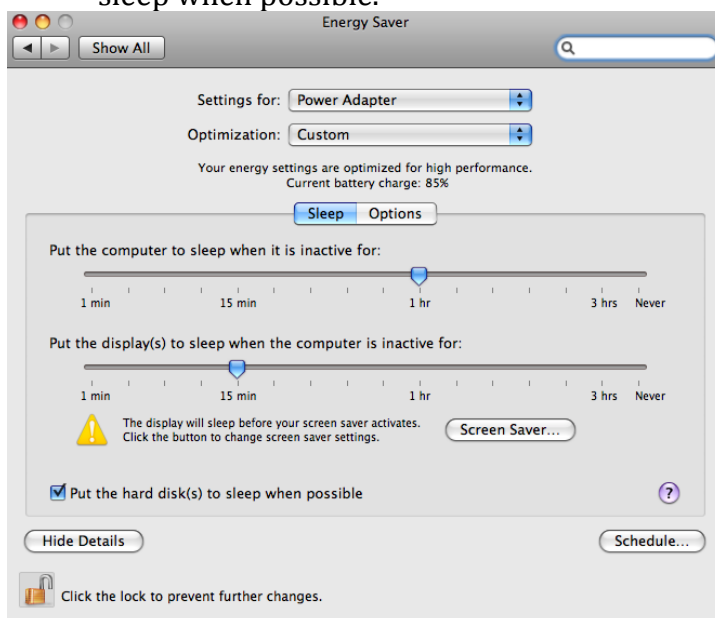
Click the Apple logo (top left of screen) > System Preferences > Energy Saver



## 2. Configuring power settings for Power Adapter

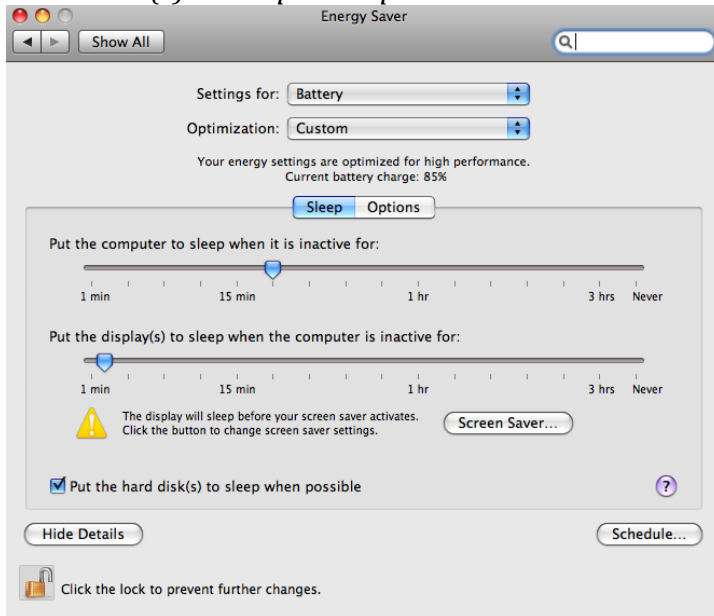
**The padlock at the bottom left of the window must be unlocked for the following steps**

- Select Power Adapter for the Settings field then select Custom for Optimization.
- Using the slider chose 1 hour for time allowed for the computer to sleep, choose 15 minutes for displays to sleep. Lastly check - Put the hard disk(s) to sleep when possible.



### 3. Configuring power settings for Battery

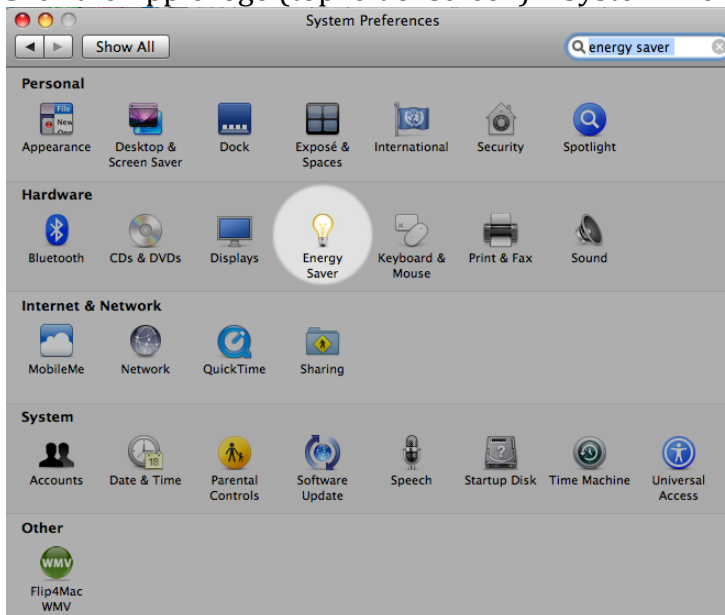
- Select Battery for the Settings field then select Custom for Optimization.
- Using the slider chose **20 minutes** for time allowed for the computer to sleep, choose **2 minutes** for displays to sleep. Lastly check - *Put the hard disk(s) to sleep when possible*.



*For Desktops only*

### 1. To change energy settings:

Click the Apple logo (top left of screen) > System Preferences > Energy Saver



## 2. Configuring Energy Saver

**The padlock at the bottom left of the window must be unlocked for the following steps**

- Using the slider chose 1 hour for time allowed for the computer to sleep, choose 15 minutes for displays to sleep. Lastly check - *Put the hard disk(s) to sleep when possible*.

