

APA Citation Guide – 7th Edition (2020)

General Information

APA (American Psychological Association) is recommended for papers in psychology, education, and other social sciences. APA recommends using any 11 or 12 pt. font that is accessible (i.e., legible) to all readers. The essay should be double-spaced and include a Title Page, Abstract, Main Body, and References. References should always be alphabetized.

In-Text Citations

Include the author's name and publication year (**Smith, 2025**).

Include page numbers if applicable (**Smith, 2025, p. 10**).

According to **Smith (2025)**, the publication year should follow the author's last name when mentioned in a sentence. If page numbers are available, include this after the information (**10**).

Reference List

APA uses "hanging indents" in a reference list. You can create this in Word by opening the extended Paragraph Settings (bottom right arrow), and choose "Hanging" under the "Special" indentation options. Check examples below for rules regarding capitalization and italics.

Source	Model
Journal Article	Author, A. A., Author, B. B., & Author, C. C. (Year of publication). Title of article. <i>Title of Periodical</i> , volume number(issue number), pages. https://doi.org/xx.xxx/yyyy
Print Book	Author, A. A. (Year of publication). <i>Title of work: Capital letter also for subtitle</i> . Publisher Name.
Webpage	Author, A. A. (Year, Month Date last updated). <i>Title of page</i> . Site name. URL.
Video	Author, A.A. (or Username). (Year, Month Day). <i>Title of Video</i> . Platform. URL.

Footnotes

APA offers optional writers footnotes where additional, relevant information may be added to a document. Footnotes and corresponding in-text callouts should be formatted in numerical order of appearance.